

Arizona 4-H FCS Skill-a-thon Rules

(This contest is a Qualifier for Western National Roundup)

FCS Skill-a-thon is a written test where contestants will answer questions about Sewing/Clothing, Interior Design/Housing, Food/Cooking, and Basic Life Skills.

Age Divisions:

Junior – 8-10 Years Old

Intermediate – 11-13 Years Old

Senior – 14-19 Years Old

Age Divisions will be determined by age as of 12/31/2019.

Only Seniors may qualify for Western National Roundup

Stations to be Completed:

- Sewing/Clothing related ID: Identify from a provided list of fabrics, fasteners, seams, design/cut, and other items related to apparel, fashion design, and/or sewing.
- Interior Design/Housing related ID: Identify from a provided list of decorating techniques, colors, patterns, design elements and/or layouts.
- Food/Cooking related ID: Identify from a provided list appliances, utensils, spices, herbs and/or other food related items.
- Food Nutrition Judging Classes: Participants will judge two food nutrition judging classes with four items in each class, based on a scenario provided from one of these classes: Fast Foods, Trail Foods, Cereals, Healthy Snacks, or Yogurt.
- Life Skills Assessment: Each participant will complete a written response to one brief scenario. Scenarios will deal with basic life skills such as: Resume Writing and Cover Letters; Job Interviews and Dress; Garage Sales; Disaster Preparedness; Managing Your Money and Time Management.
 - Senior Contestants will have 15 minutes at each station
 - Intermediate Contestants will have 15 minutes at each station, but will have fewer and less complicated questions.
 - Junior Contestants will have unlimited time to answer the same questions as intermediate contestants.

References:

- Food and Cooking ID -
- Housing and Interior Design -
- Sewing and Clothing-
- Disaster Preparedness -
- Garage Sales -
- Interview Dress -
- Managing Money -

- Professional Dress -
- Resume Cover Letter -
- Job Interview -
- Time Management -
- Cereals -
- Fast Food -
- Yogurt -
- Trail Mix -
- Healthy Snacks -

Scoring:

- Seniors will have a maximum of 25 points for each of three identification classes, two judging classes and one life skills assessment, for a total of 150 points possible.
- Intermediates and Juniors will have a maximum of 20 points for each of three identification classes, two judging classes and one life skills assessment, for a total of 120 points.
- Ties will be broken by the judge(s).

Awards:

- Each Contestant will be awarded based on the Danish System. Blue Awards will be given to those who exceed expectations. Red Awards will be given to those who meet expectations. White Awards will be given to those who do not meet expectations.
- Each age division will have one champion.