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## The Informed Arizona Equestrian HORSE HEALTH SERIES

# **Ionophore Toxicity in Horses**

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Scenario: Your grandpa decides to give you a treat by purchasing horse feed for your two show horses. But, when he gets to the feed store, he finds out that your brand of feed is very expensive. He used a similar type mix for his cattle at about half the price, so he picks that up instead. He empties it into the large feed bin and heads home. The next morning, one horse is dead and the other is showing severe colic signs.

Ionophores are a class of antibiotics labeled for use in cattle, small ruminant, and poultry feed to slow the growth of intestinal coccidia and improve feed efficiency. While antibiotics fed to animals that are considered important for human health are now regulated under the Veterinary Feed Directive (VFD), and require the equivalent of a prescription from a veterinarian; ionophores are not used in humans and therefore, are not included under this rule. They may be purchased "over the counter" from any feed supplier. Commonly used products (and some brand names) include monensin (Coban, Rumensin), lasalocid (Bovatec), and salinomycin (Biocox, Saccox). Ionophores are absorbed in the digestive tract and when toxic amounts are ingested, the heart, skeletal muscle, and also the kidney and liver can be negatively affected. Horses are very susceptible to ionophore toxicity; the lethal dose is less than 1/10th of the amount that can be safely fed to cattle. For monensin, 2-3 mg/kg, or about 1 gram, is enough to poison a 1,000 lb. horse. For salinomycin, that amount decreases to 0.6mg/kg. Even a very small amount of an ionophore is enough to kill your horse.

#### Is my horse at risk?

Horses are usually exposed to ionophores by gaining access to medicated feed intended for cattle or poultry. This could be by unknowingly purchasing a product containing ionophores which is not intended for horses, or allowing ranch horses to eat with the cattle. Be sure to read all feed labels carefully. If ionophores are being fed to other animals on the property, take precautions to ensure horses cannot gain access to the feed or are not accidentally fed the medicated feed. Even exposure to poultry waste containing ionophores can cause issues with horses.

#### Signs of lonophore Toxicity

Severity and speed of onset of clinical signs depends on how much they ingest. Horses with a common feed source can be affected simultaneously.

- Sudden death
- Exercise intolerance
- Feed refusal
- Colic
- Increased heart/respiratory distress
- Hypotensive shock.

Note: If the horse survives, it will likely have some level of permanent damage to heart muscle, possibly leading to poor performance and congestive heart failure.

On occasion, mistakes in mixing or cleaning protocols at feed mills have happened, resulting in distribution of horse feed tainted with ionophores. These occurrences are rare, and reputable feed mills have protocols in place, which may even include separate equipment or facilities, to ensure this does not happen. The U.S. Food and Drug Administration introduced specific rules in 2011 to establish CGMP's (Current Good Manufacturing Practices) and preventative controls for animal feed manufacturers. These animal feed regulations should decrease potential of feed mill errors.

## Treatment

There is not a specific drug to reverse ionophore poisoning, but supportive care may help, depending on severity. This includes emptying the gastrointestinal tract by treating with mineral oil and activated charcoal, and using IV fluids to support heart output. Serious cases may require extensive nursing care including heart monitoring and antiarrhythmic drugs.

## Prevention

Ionophore toxicity is a result of ingestion of the compound. Therefore, do not allow your horse to have any access to feed prepared for use in cattle, small ruminants, or poultry. Read feed bag labels carefully, if any ionophores have been added, the product and amount will be on the label. Do not buy or use "damaged" bagged feeds that don't have a label. These feeds may be discounted, but the cost may end up being your horse's life. If the toxicity is the result of errors from the feed manufacturer, there may be extensive legal implications for that company. You should always maintain good records of feed provided to your horse, including labels and lot numbers. This will be valuable information in the case of a recall or suspected poisoning. Simply tearing off the entire label (including the lot number), marking it with the date you opened the bag, and placing it in your filing cabinet is one easy way to keep track of this information.

#### **Cattle Feed Label Examples**

Note that the drug **monensin** has been clearly marked on the labels below. These labels also include a "Caution" statement against feeding this feed to horses, however not all ionophore feed labels carry this warning. These example feed labels are courtesy of the University of Arizona Feedlot and Brice Tabor.

BULK OR BAGGED NET WT. 50 # (22.68 kg.)	
U OF A	
17.1/09 W/RUMENSIN / TYLAN	
CODE # UA-1219RT	BEEF STARTER W/RUM 25G/T
MEDICATED	
For reduction of incidence of liver abscesses caused by	For Beef Cattle In A readict
Fusobacterium pacrophonum and Comvnebacterium. Auto	
increased rate Count and improved iccu and increased	MEDICATED
DRUG INGREDIENT	For the prevention and control of coccidiosis due to Eimeria bovis and Eimeria
Monensin ( as Monensin Sodium)	zuernii in calves (excluding veal calves).
Nonensin ( as Monensin Sources in	
1221 591 Gm/ton - 640.79 Mg/lb Monensin.	ACTIVE DRUG INGREDIENT
Tylosin	Monensin (as Monensin sodium) 25 g/ton
377.6 Gm/ton - 188.8 Mg/lb Tylosin	Guaranteed Analysis
GUARANTEED ANALYSIS	Crude Protein (Min) 12.0 %
Crude Protein min. 10.00%	Crude Fat (Min) 1.5 %
Crude Protein min.	Crude Fiber (Max) 20.0 %
(This includes not more than 10% equivalent crude protein	Calcium (Min) 0.6 % Calcium (Max) 1.1 %
from non-protein nitrogen) 10.00%	
Crude Fiber max	Phosphorus (Min) 0.6 % Salt (Min) 0.2 %
Calcium min. 15.00%	Salt (Min) 0.2 % Salt (Max) 0.7 %
Colour may	Potassium (Min) 1.1 %
Salt min	Vitamin A (Min) 4,000 iu/lb
Salt max	
Vitamin, A min	
Vitamin, E min	INGREDIENTS
INGREDIENTS	Processed Grain By-Products, Roughage Products, Grain Products, Molasses Products, Rice Mil
Calcium Carbonate, Processed Grain, Sodium Chloride,	Feed, Caldum Carbonate, Salt, Polassium Chloride, Propionic Add, Sulfuric Add, Sorbic Add, Benzoic Add, Ammonium Hydroxide, Caldum Propionate, Caldum Bentonite, Vermiculite,
	Vitamin A Supplement, Sodium Saccharin, Dextrose, Natural and Artificial Flavors, Silicon
Ammonium Suitate, Polasiani Chick, Dirak, Bagnesium Oxide, Molasses, Magnesium Oxide, Zin Sulfate, Magnesium Oxide, Ferrous Carbonate, Molasses, Copper Sulfate, Manganese Sulfate,	Dioxide, Basic Cooper Chloride, Magnesium Oxide, Manganese Suifate, Zinc Suifate, Cobait
Ferrous Sulfate, Sodium Selenite, Potassium Iodide, Cobalt	Sulfate, Ethylene diamine Dihydriodide, Ferrous Carbonate, Sodium Selenite, Vitamin E
Carbonate, Vitamin A Acetate, and Vitamin E Supplement.	Supplement.
CAUTION	FEEDING DIRECTIONS
CAUTION: USE AS DIRECTED, FOR RUMINANTS	Feed this product to provide monomin at 0.14-0.12mg/lb. of bodyweight per day
ONLY CONTAINS COPPER DO NOT FEED TO	depending on the severity of the challenge up to a maximum of 360mg/head/day
SHEEP OR RELATED SPECIES.	CAUTION: Do not allow horses or other equines access to formulation containing Monosin.
SHEEP OR RELATED SPECIES.	Ingestion of Monensin by equines has been fatal. Monensin medicated cattle and goat fends are
FEEDING DIRECTIONS	safe for use of cattle and goats only. Consumption by unapproved species may result in toolc
Feed according to formulating Nutritionists instructions. Do not feed undiluted, feed at the rate of 0.43 lb per head per day into a	reactions. To not exceed the levels of Monensin recommended in the feeding directions, as
	reactors, so not exceed the reversion workers in recommended in the reeding directors, as reduced a Harge daily gains may result. <u>CALITION</u> THIS FEED CONTAINS ADDED COPPER. DO NOT FEED TO SHEEP OR RELATED SPECIES.
	RELATED SPECIES.
and \$1.184 mg day of Tytosh. Quanty roughage should be available at all time, with an unlimited source of clean water.	Provide fresh clean water at all times. Keep feed fresh in cool, dry storage. DO NOT use feed that is old, molded or insect contaminated.
available at an unit, in CAUTION	WARNING: A WITHORAWL TIME HAS NOT BEEN ESTRABLISHED FOR PRE-FOMINATING
Harris on other Favines seems & fast-	CALVES, DO NOT USE INCALVES TO BE PROCESSED FOR VEAL
Do pr. allow Horses of other Equines access to teens cor aining Monensin. Ingestion of Monensin by equines, as	Provide fresh, clean water at a sines. Keep feed fresh in cool, dov storage. DO NOT use feed that is old, molded or insect contaminated.
cor aining Monensin. Ingestion of Monensin by equines, as b en fatal. Monensin medicated feed is safe for use in cath.	that is old, molded or insect contaminated.
b en fatal. Monensin medicated leed is saie for use in cath, aly. Consumption by unapproved species may result in toxic aly. Consumption feed undiluted or mixing errors resultion in	Manufactured Div
aly. Consumption by anapproved species may result in toxic eactions. Do not feed undiluted or mixing errors resulting in	Manufactured By:
eactions. Do not rect andmitted or mixing errors resulting in igh concentrations of Monensin has been fatal to cattle. If	BLUE BIRD FEEDS
igh concentrations of Montensin are fed to other groups of ted refusals containing monensin are fed to other groups of	123 OLD MILL ROAD
t ed refusals containing monensin are led to other groups of t ed refusals concentration of monensin in the refusals and ca tle, the concentration of monensin into consideration	Anytown, AZ 12345
ca tle, the concentration of monensin in the refusals and ca tle, the refusals fed should be taken into consideration of amount of refusals fed should be taken into consideration of	50 lbs (22.6 Kg)
ame or of refusais ted should be taken into consideration of ame on monensin overdosing. Must be thoroughly mir a in prevent monensin overdosing and the has not been er dished	
preven monensin overlossing. Must be thoroughly mix a in preven monensin overlossing. Aust be thoroughly mix a in feeds below use. A withdrawal time has not been er olished	
feeds beto use. A windrawa time has not been er olished for pre-ruming calves. Do not use in calver the processed	
MARCINCI CRED BI	
MAID RITE FEEDS.	
WILLCOX, AZ. 85643	
10/30/14 PHONE # 520-384-4688	

## **References and Further Reading**

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