New free 8-week series coming soon!

Group Teen Triple P Takes the guesswork out of parenting preteens and teens!

Virtually on Tuesdays

March 15th - May 3rd

10:00am-11:00am



- Improve coping skills
- Reduce conflict and power struggles
- Strengthen family relationships
- Manage challenging and risky behavior

Register here: https://forms.gle/Zw6j3hzFqpSTAx717



