



# HELP YOUR CHILDREN GET READY TO READ BY LISTENING TO PODCASTS



**TRY THIS  
AT HOME**

- Podcasts are like radio shows that you listen to by streaming or downloading episodes to a phone, tablet or computer.
- Try listening to a podcast with your children instead of watching TV or a movie.

## Find a podcast player!

- Most phones and tablets come with podcast players already installed. You can also download one from the App Store (for Apple devices) or Google Play (for Androids). If you don't want to download a player, search for the podcast's website and look for a place to stream it.

## Choose a podcast!

- Follow your children's interests when looking for podcasts. Ask family, friends, teachers or your local librarians for recommendations. Or check out Common Sense Media's list of 25 podcasts for children:  
<https://tinyurl.com/kidspodcasts>

## Share the listening experience!

- Listening with your children is a great way to learn and have fun as a family. While listening: talk about what is happening, ask questions, answer your child's questions, and repeat and explain new words that you hear. Your children will learn more when you listen together.



## Gowa: Teachable Moments for Apache Children

This program provides free early literacy materials, activities, and events to San Carlos Apache families with children ages 0 – 6.

Learn more: <https://extension.arizona.edu/gowa> or email [GowaTeachableMoments@arizona.edu](mailto:GowaTeachableMoments@arizona.edu)

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