

FREE VIRTUAL
PARENTING WORKSHOPS

POSITIVE DISCIPLINE

FOR FAMILIES WITH
CHILDREN AGED 5-12

Wednesdays: 4:30pm-6pm

3/31, 4/7, 4/14, 4/21, 4/28

ON ZOOM

Help your child develop self-
discipline, responsibility, cooperation
and problem solving skills!



TAKE A POSITIVE APPROACH

The positive discipline program focuses on using kindness, firmness, dignity and respect. After this workshop you will be empowered with skills to reduce problematic behaviors while strengthening your child's life skills.



BENEFITS

- ▶ Bridge communication gaps
- ▶ Defuse power struggles
- ▶ Enforce your message of love
- ▶ Build on strengths, not weaknesses
- ▶ Win cooperation at home and at school

Register at:

<https://forms.gle/EamHy2n6DUkzsV8q6>



THE UNIVERSITY OF ARIZONA

Cooperative Extension

Questions? Contact: cgore@arizona.edu