



# HELP YOUR CHILDREN GET READY TO READ WITH LETTERS!



**TRY THIS AT HOME**

- Knowing the letters and their sounds will help your children get ready to read and write.
- Help your children learn that letters have sounds and these sounds make words.

### Tell your children how to say the letters.

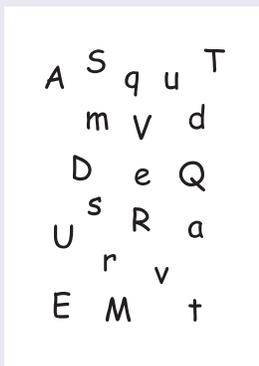
- Point out letters when you see them: "That sign says Apples. That is an A."
- Help your children learn the alphabet. Make it fun by singing the Alphabet Song!

### Tell your children the sounds.

- Tell your children each letter has its own sound and some have two sounds. Demonstrate the sounds.
- Start with your child's name! Write down their name and then tell them the sound that each letter makes. Ask them to repeat the sound after you say it.

### Play a game!

- Write ten letters as upper and lowercase letters on a piece of paper. Spread out the letters so they cover the whole page and the upper and lowercase letters are not near each other. Point to an uppercase letter and ask your child to find the same letter as a lowercase letter. Help them if they have trouble finding it. Tell them the name of the letter, the sound it makes and help them trace the letter with their finger.



### Gowa: Teachable Moments for Apache Children

This program provides free early literacy materials, activities, and events to San Carlos Apache families with children ages 0 – 6.

Learn more: <https://extension.arizona.edu/gowa> or email [GowaTeachableMoments@arizona.edu](mailto:GowaTeachableMoments@arizona.edu)

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