

FREE
PARENTING WORKSHOPS

POSITIVE DISCIPLINE

FOR FAMILIES WITH
Neurodivergent Children

Tuesdays: 9am-10:30am

1/18; 1/25; 2/1; 2/8, 2/15 & 2/22

ON ZOOM

This grand funded class will connect you with other parents of neurodivergent children where you will learn tools to better connect with & understand your children.



TAKE A POSITIVE APPROACH

The positive discipline program focuses on using kindness, firmness, dignity and respect. After this workshop you will be empowered with skills to reduce problematic behaviors while strengthening your child's life skills.



BENEFITS

- ▶ Bridge communication gaps
- ▶ Defuse power struggles
- ▶ Enforce your message of love
- ▶ Build on strengths, not weaknesses
- ▶ Win cooperation at home and at school

Register at:

<https://forms.gle/VFv58yw18izVzCCX7>

Questions? Contact laurenopie@arizona.edu or
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Cooperative Extension