Healthy Cooking Demo

NALWOODI DENZHONE LIFE CENTER

May 17, 2022

• **Who:** Parents/guardians with young children (ages 0-5) and early childhood educators that work with preschool-aged children.

• **Date & Time:** Tuesday, May 17, 2022 from 6:00 pm to 8:00 pm.

• **Address:** Dripping Spring Sale Ring Rd., San Carlos, AZ, 85550

Learn the basics of working in your kitchen and how to cook healthy meals for your family and friends.

Contact Melody Thomas at 928-978-2620 or mgthomas@arizona.edu.

Visit us online at www.extension.arizona.edu/san-carlos-nopa

The University of Arizona is an equal opportunity provider. Learn more: extension.arizona.edu/legal-disclaimer.