Healthy Cooking Demo

NALWOODI DENZHONE LIFE CENTER

MARCH 15, 2022

• **Who:** Parents/guardians with young children (ages 0-5) and early childhood educators that work with preschool-aged children.

• **Date & Time:** Tuesday, March 15, 2022 from 6:00 pm to 8:00 pm.

• **Address:** Dripping Spring Sale Ring Rd., San Carlos, AZ, 85550

Learn the basics of working in your kitchen and how to cook healthy meals for your family and friends.

Contact Melody Thomas at 928-978-2620 or mgthomas@arizona.edu.

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