



Getting Your Child Ready for Hearing and Vision Screenings

Regular hearing and vision screenings are an important part of helping your child reach their full potential. By following a few easy steps, you can make screenings a fun time for you and your child.



Hearing Screening for Children Ages 0-2

The Screening Process

- Your child will be screened using an OAE machine.
- A soft rubber tip will be put into your child's ears.
- Your child will hear a soft sound and the OAE machine will record results.
- Both you and your child will need to be still and quiet for a few minutes during the test.
- Screening can be done when your child is asleep.



Getting Your Child Ready

1. Show your child a picture of the OAE machine.
2. Place a soft-tipped headphone in your ear and show your child how to be quiet and still during a screening.
3. Practice putting a soft-tipped headphone gently into your child's ears, leaving it in for 2 minutes.
4. Pack a favorite toy that will help keep your child calm.

Hearing Screening for Children Ages 3-5

The Screening Process

- Your child will be screened using the Pure Tone method or OAE machine if necessary.
- For Pure Tone, your child will wear headphones and have sounds played through the headphones.
- Each time your child hears a sound, they will raise their hand or pick a toy.
- If your child does not hear all the sounds, they may need a full hearing exam from a specialist.



Getting Your Child Ready

1. Put headphones on your child for short periods of time so they are comfortable wearing them.
2. Show your child how to raise their hand or pick a toy when a sound is played.
3. Let them practice raising their hand or picking a toy when you play a sound or music.
4. Tell your child that they need to be quiet when playing the game.

Vision Screening for Children Ages 1-2

The Screening Process

- Your child will be screened using a SPOT Vision Screener.
- This device takes a picture of your child's eyes from three feet away.
- Results can show if your child has a vision challenge and needs a full eye exam from a specialist.
- Your child will need to stay still and look directly at the SPOT machine for at least 30 seconds.



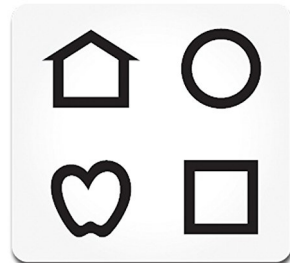
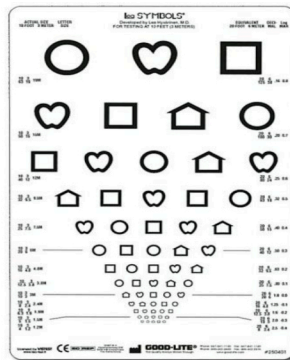
Getting Your Child Ready

1. Show your child a picture of the SPOT Vision Screener. Tell them it looks at their eyes and takes a picture.
2. Practice having your child stay still and look directly at a camera for 30 seconds to 1 minute at a time.
3. Pack a favorite toy that will help keep your child calm.

Vision Screening for Children Ages 3-5

The Screening Process

- Staff will use the LEA Symbols Chart or SPOT Vision Screener.
- An adult will point to symbols on each line of the chart. Your child will say the name of each symbol they can see.
- Your child will then put on glasses that cover one eye and be asked to say symbol names again.
- Your child will repeat the process with their other eye covered.
- If your child has trouble completing the chart, they will be screened using the SPOT Vision Screener.



Getting Your Child Ready

1. Show your child the four shapes on the LEA Symbols Chart and tell them the shape names (square, house, circle and heart/apple).
2. Turn learning the shapes into a game! Have your child draw each shape on a piece of paper.
3. Hang the pieces of paper on the wall and have your child say the different shape names as you point to them.
4. Have your child close each eye and ask them to say the shapes again.

How to Schedule a Screening

The University of Arizona Cooperative Extension provides **FREE** hearing, vision and developmental milestone screening for children ages 0-5. Contact staff in your area and schedule an appointment today!

Thuy Talgo-Bishop - San Carlos

- **Email** tbishop@arizona.edu
- **Mobile** (520) 907-0724
- **Office** (928) 475-2350

Chrisann Dawson - Gila County

- **Email** dawson1@arizona.edu
- **Mobile** (928) 595-0655
- **Office** (928) 474-5289

Learn more about your child's development by visiting at www.extension.arizona.edu/gila-sc-dss-program or by following Cooperative Extension on Facebook at www.facebook.com/GilaExtension.