

Five Ways That Children Learn

1



TALKING

Talking with children is important. It helps them learn:

- New words and sounds.
- About the world around them.
- How to have conversation with adults and other children.
- About their history and culture.
- About new ideas and how to make connections between ideas.

2



READING

Reading to children is important:

- It enhances children's listening skills and language development.
- It provides opportunities to learn new vocabulary words and concepts.
- It helps children learn to love books and encourages them to become life-long learners.

3



WRITING

Writing with children is important:

- Writing and reading support each other.
- Children learn the connection between letters, sounds, and words by hearing them, seeing them and writing them.

4



SINGING

Singing with children is important:

- Singing sends endorphins flowing to the brain. This causes the body to feel good and increases the brain's activity.
- It helps children:
 - Concentrate on a task.
 - Learn sounds and words.
 - Remember words and concepts.
 - Develop their imaginations and creativity.

5



PLAYING

Playing with children is important:

- Play helps children understand how the world works.
- Children gain literacy skills through play; especially when they play with books, letter blocks, and writing materials.
- Imaginary and dramatic play help children learn about themselves and the world around them.
- Children incorporate the skills and knowledge gained during play into their everyday lives.

Gowa: Teachable Moments for Apache Children

This program provides free early literacy materials, activities, and events to San Carlos Apache families with children ages 0 – 6.

Learn more: <https://extension.arizona.edu/gowa> or email GowaTeachableMoments@arizona.edu



Cooperative Extension

San Carlos Apache Tribe