

# Physical Activity Cube

## Assemble the cube:

1. Use crayons or markers to color all the activities.
2. Cut out the cube. Cut only on the **solid** lines.
3. Fold the cutout into a cube. Fold only on the **dotted** lines.
4. Glue or tape the cube together. Make sure the "GLUE HERE" tabs are underneath the sides of the cube.

## How to play:

1. Take turns throwing the cube.
2. Do the action listed on the top of the cube after rolling.
3. Throw the cube again. You can try making funny noises when doing the actions too!

## This fun activity helps your child

- Practice their gross motor skills (moving arms and legs)
- Develop coordination skills
- Learn to share and take turns

The University of Arizona Cooperative Extension offers **FREE** developmental screenings.. Contact **Thuy Bishop** at (502) 907-0724 or (tbishop@arizona.edu) to schedule an appointment for your child today.

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<https://tinyurl.com/SanCarlosDSS>

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