



# HELP YOUR CHILDREN GET READY TO READ BY EXPLORING BOOKS



**TRY THIS  
AT HOME**

- Show your children the different parts of a book: the cover, author, illustrator, title, pages, words, and pictures.
- Showing your children the different parts of a book will help them understand how to use books and that books contain words and words have meaning.

## Let Children of All Ages Explore Books.

**Infants**  
(children who are about  
0-12 months old)

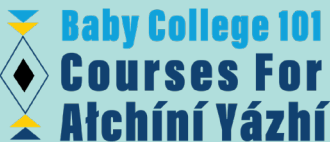
- Let infants hold and explore books.
- Help them figure out how the pages work.
- It's okay if they put them in their mouths.
- Try using a sturdy board book with thick pages that are hard to tear.

**Toddlers**  
(children who are about  
1-3 years old)

- Show toddlers the different parts of the book including the cover, title, pages, words and pictures.
- Tell them that the author writes the book and the illustrator draws the pictures.
- Show them where to find the names of the author and illustrator on the front cover.

**Preschoolers**  
(children who are about  
1-3 years old)

- Show preschoolers that we read from left to right and that words are separated by spaces.
- As you read, point to the words you are reading.
- Ask your preschooler to point out the different parts of the book. Ask them: Where is the cover? Where is the author's name?



### Baby College 101: Courses for Ałchíní Yázhí

This program provides free early literacy materials, activities, and events to Navajo families with children ages 0 – 6.  
Learn more: <https://extension.arizona.edu/NavajoBabyCollege> or email [DineBabyCollege@arizona.edu](mailto:DineBabyCollege@arizona.edu)

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