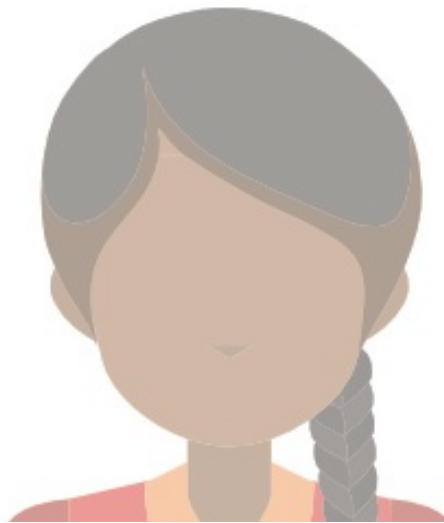


Draw Your Emotions

Can you help each child express how they feel? Draw a mouth and eyes on each face that matches each child's emotions. What makes you feel each of these emotions?



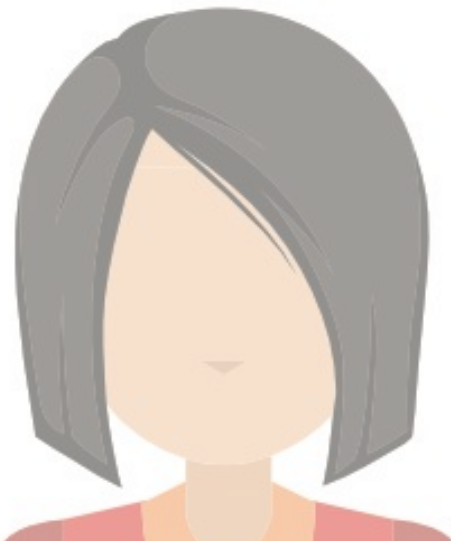
happy | gohzóó



sad | doo gozhóó da



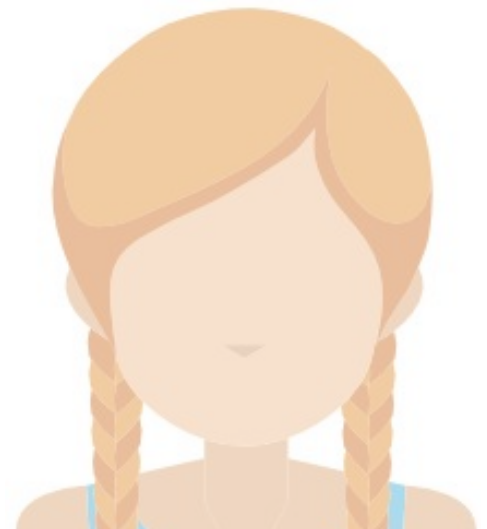
confused | ch'a'ó t̄izh



angry | hashkee



sleepy | bił n̄z̄í



sick | nezgai

This fun activity helps your child :

- Identify their own emotions
- Express their emotions to you
- Find ways to calm themselves down

The University of Arizona Cooperative Extension offers **FREE** developmental screenings.

To schedule your free appointment, visit (<https://tinyurl.com/GilaDSS>) and contact staff in your area.



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