

# Developmental Screening Parent Guide

From birth to age 5, a child's brain develops faster than at any other time in life. Yearly developmental screenings help make sure your child is developing on schedule and can show your child's strengths and areas where they may need help.



## What is an Ages & Stages Questionnaire?

The Ages & Stages Questionnaire, 3rd Edition (ASQ®-3) are a parent-completed screening tool. Each ASQ®-3 asks age-specific questions in 5 important areas of a child's development:

- **Communication** asks about language—what a child understands and says.
- **Gross motor** asks about the large muscles of a child's body, arms and legs.
- **Fine motor** asks about the small muscles of a child's hands and fingers.
- **Problem solving** asks how a child thinks, solves problems and plays with toys.
- **Personal-social** asks about self-help skills (feeding, dressing, etc.) and interactions with others.

### Before You Get Started

- ✓ Make sure your child is rested, fed and ready to play!
- ✓ You can practice skills with your child before completing the ASQ®-3.
- ✓ It's expected for children have some but not all of the skills mastered.

## How do I complete an ASQ-3 with my child?

- 1 Request an ASQ®-3 screening packet from Pam Trobaugh at 928-978-3405 or [ptrobaugh@arizona.edu](mailto:ptrobaugh@arizona.edu).
- 2 Observe or try each item with your child and then mark a response:
  - **YES** means your child can do this skill.
  - **SOMETIMES** means your child is learning this skill but has not mastered it yet.
  - **NOT YET** means your child is unable to do this skill yet.
- 3 It is okay to skip questions if you don't have the right materials or don't understand the questions. You can also skip questions that don't align with your family's values or beliefs.
- 4 Complete the Overall Section of the ASQ®-3 by answering **YES** or **NO** to each question.

## What are the next steps after completing an ASQ-3?

Call or email Pam Trobaugh to talk about results and discuss any questions or concerns you may have. You can connect with Pam at 928-978-3405 or [ptrobaugh@arizona.edu](mailto:ptrobaugh@arizona.edu). Check out all of Cooperative Extension's child development resources by scanning the QR code or visiting [www.extension.arizona.edu/developmental-sensory-screening](http://www.extension.arizona.edu/developmental-sensory-screening).

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