## FREE VIRTUAL PARENTING WORKSHOP SERIES **POSITIVE DISCIPLINE** FOR FAMILIES WITH CHILDREN AGED 3-7

TUESDAYS 2:00PM-3:30PM 11/3, 11/10, 11/17, 11/24, 12/1 (Please attend all 5 sessions in the series)

## **ON ZOOM**

Help your children develop selfdiscipline, responsibility, cooperation and problem solving-skills!



## **TAKE A POSITIVE APPROACH**

The positive discipline program focuses on using kindness, firmness, dignity and respect. After this workshop you will be empowered with skills to reduce problematic behaviors while strengthening your child's life skills.

the Education

THE UNIVERSITY OF ARIZONA Cooperative Extension

- Bridge communication gaps
- Defuse power struggles
- Enforce your message of love
- Build on strengths, not weaknesses
- **Win cooperation at home and at school**

## Register at: https://tinyurl.com/PD110320 Questions? Contact cassieb@arizona.edu

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