

FREE VIRTUAL  
PARENTING WORKSHOP SERIES

# POSITIVE DISCIPLINE

FOR FAMILIES WITH  
CHILDREN AGED 3-7

**TUESDAYS**

**2:00PM-3:30PM**

**11/3, 11/10, 11/17, 11/24, 12/1**

(Please attend all 5 sessions in the series)

**ON ZOOM**

Help your children develop self-  
discipline, responsibility, cooperation  
and problem solving-skills!



## TAKE A POSITIVE APPROACH

The positive discipline program focuses on using kindness, firmness, dignity and respect. After this workshop you will be empowered with skills to reduce problematic behaviors while strengthening your child's life skills.



- BENEFITS**
- ▶ Bridge communication gaps
  - ▶ Defuse power struggles
  - ▶ Enforce your message of love
  - ▶ Build on strengths, not weaknesses
  - ▶ Win cooperation at home and at school

**Register at:**

**<https://tinyurl.com/PD110320>**

**Questions? Contact [cassieb@arizona.edu](mailto:cassieb@arizona.edu)**



THE UNIVERSITY OF ARIZONA

Cooperative Extension