

FREE VIRTUAL
PARENTING WORKSHOP SERIES

POSITIVE DISCIPLINE

FOR FAMILIES WITH
TEENS



MONDAYS

5:30PM-7:00PM

11/2, 11/9, 11/16, 11/23, 11/30

(Please attend all 5 sessions in the series)

ON ZOOM

Help your children develop self-discipline, responsibility, cooperation and problem solving-skills!

TAKE A POSITIVE APPROACH

The positive discipline program focuses on using kindness, firmness, dignity and respect. After this workshop you will be empowered with skills to reduce problematic behaviors while strengthening your child's life skills.



BENEFITS

- ▶ Bridge communication gaps
- ▶ Defuse power struggles
- ▶ Enforce your message of love
- ▶ Build on strengths, not weaknesses
- ▶ Win cooperation at home and at school

Register at:

<https://tinyurl.com/PD110220>

Questions? Contact cassieb@arizona.edu



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