



Cooperative Extension

Liza Quinones



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Liza Quinones is a Senior Program Coordinator with the Building Healthy Communities Project at University of Arizona Cooperative Extension. She works mostly with the citizen-led Healthy Communities Committees in Western Cochise County, partnering with them to provide technical assistance and resources to ensure that they can achieve their committee health goals.

Liza is originally from Fajardo, Puerto Rico, but has lived in New Haven, CT, New York City, and Santo Domingo, Dominican Republic. In New Haven she graduated from High School and completed her undergraduate studies from Southern Connecticut State University and worked in the Psychiatry Department at Yale University as a research assistant/outreach specialist. In New York City, she worked for the School of Public Health at Columbia University as an Outreach Coordinator, and then moved to The Dominican Republic where she worked and lived for a little bit over 20 years. There she completed her master's degree on School Administration and held various administrative/academic positions in different bilingual private schools. Her last position was High School Principal at New Horizons Bilingual School. She is bilingual English/Spanish and shares common cultural traditions with different Latino cultures specially in the Caribbean.

She moved to Arizona in June 2019 where she started working at Child and Family Resources as a Community Engagement Specialist for Child Care Resource and Referral. During that time she worked with the Cochise County communities and fell in love with the county and has met great people doing incredible work for the best of their communities. She values her position at U of A, because it gives her the opportunity to sit at the table with different community stakeholders and find ways to connect and help each other for the best of those that are in need.

In her spare, she loves to spend time with her husband and children. She enjoys going to church and helping in any way possible in the different church ministries. Her hobbies are reading, traveling and watching the Food Channel.