



Cooperative Extension

## *Cheyenne MacMasters*



Cheyenne MacMasters  
University of Arizona Cooperative Extension  
Building Healthy Communities  
Garden & Food Pantry Instructional Specialist  
Cochise County  
cmacmasters@email.arizona.edu  
520-227-7181

Cheyenne MacMasters is the Garden and Food Pantry Instructional Specialist Coordinator with the Building Healthy Communities Project at the University of Arizona Cooperative Extension. She partners with schools and communities throughout Cochise County to start and support gardens and food pantries. Her office is currently in the Old Bisbee High School next to the Cochise County Superintendent's office at 100 Clawson Avenue, soon to be at Melody Lane.

The desire to create and ensure healthy communities was Cheyenne's motivation to become President and Co-founder of the Bisbee Wellness Initiative, a non-profit alternative therapies clinic now in its 15<sup>th</sup> year, which provides free monthly clinics so that people can experience Reiki, Massage, Sound Therapy, Reflexology, and other complementary therapies. Cheyenne is a Reiki Master who was contracted by the AZ-FTA during the Rodeo-Chediski Fire to provide Reiki at the White Mountain Zoned Expanded Dispatch center and the Incident Base Camp to firefighters and command staff. She also created the Alternative Therapies department of St. Andrew's Children's Clinic in Nogales, Arizona, a free clinic serving children who cross the border from Mexico for medical treatment once a month.

Cheyenne served as the Executive Director of the Bisbee Coalition for the Homeless and worked with the Community Food Bank to provision the shelter's food pantry. She expanded their program to include the sheltering of women as well as men. To accomplish this, Cheyenne became a successful grant writer in order to fund the renovation of the shelter and build an annex which is now used as family housing.