



Arizona Community Training was developed by the University of Arizona Cooperative Extension Family and Consumer Health Sciences Agents in various counties throughout Arizona. This curriculum addresses three levels of leadership: Personal Leadership, Grassroots and Civic Engagement.

Personal Leadership provides information to support an individual's capacity to become a leader by examining the individual's ability to utilize their principles and values to guide the leadership direction. Personal leadership provides the individual to take charge of their life and to lead others, influencing and guiding followers to reach a goal.

Personal Leadership topics include:

- Knowing Yourself
- Your Personal Best
- Values and You
- Develop the Leader in You
- Are You Listening: Communicating Clearly
- Getting to the Goal
- Decisions, Decisions, Decisions
- Advocating for Yourself and Your Family

Grassroots leadership is essential in addressing and impacting community issues. Positive community change comes about through the involvement and commitment of people who live in their community. The Grassroots Leadership curriculum is designed to develop the skills and leadership of community people so they can mobilize and take action for the community common good. A modular format is used to present information and offer experiences that enhance individual, as well as team knowledge of community leadership and action.

Grassroots Leadership topics include:

- Leadership
- Your Personal Leadership Style
- Community Values
- Ethical Leadership
- Working as a Team
- Effective Meetings
- Public Speaking
- Conflict Resolution
- Problem Solving
- Sharing the Work
- Community Diversity
- Community Action Planning

Civic Leadership Training provides advanced leadership training to support communities working together to take action in a community or other action regarding public support or concern. This module provides advanced leadership training to improve personal communication

skills, understand the political system and how to navigate it and it provides skills and tools to allow a leader to think critically about current systems.

Civic Leadership Training topics include:

- Servant Leadership
- Ethical Governance
- Open & Public Meetings
- Parliamentary Procedures
- Public Testimony & the Media
- Ways to Address Specific Issues
- Advocacy
- Civic Action/Involvement
- Key Factors to Successful Community Groups
- Building Community Collaborations
- Strategic Planning

Arizona Community Training Curriculum was completed in 2008 by the following authors and is currently undergoing revisions:

Juanita O'Campo Waits, Marta Eva Stuart, Dr. Patricia Merk, Evelyn Whitmer, Darcy Dixon, Marilyn Johnson.

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