



Melissa is looking forward to see you at our informational session

WHEN:

Wednesday, January 20, 2021
4:00 to 5:00pm.



ELIGIBILITY:

Must be over 18, and have diagnosis of pre-diabetes or be eligible by a simple questionnaire.



WHERE:

Virtual- via secured Zoom
Register @ <https://uits-arizona.zoom.us/meeting/register/tZ0ofu2tpzIrHNHlnJe4AqYbehz1kDdRXcHE>



CONTACT:

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University of Arizona Diabetes Prevention Program

The University of Arizona Cooperative Extension offers the National Diabetes Prevention Program (NDPP) across the state. The program is designed for those who are at high risk of developing type two diabetes or who have been diagnosed with prediabetes.

- Proven lifestyle change program
- Cut your risk of developing diabetes in half!
- Learn how to develop healthy behaviors to prevent diabetes
- For more info, visit www.preventdiabetesaz.org



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