Melissa is hosting an information session and discussion about the program.

WHEN:
Thursday July 2, 2020
4:00 pm

WHERE:
Virtual- via Zoom
Register @
h6ps://uits-arizona.zoom.us/mee%ng/register/tJAkd-GsrD8oGtQeI3PCGcQdS1vk_gzjizxo

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See if the program is right for you!

THE UNIVERSITY OF ARIZONA
Cooperative Extension

Diabetes Prevention Program

The program is designed for those who are at high risk of developing type two diabetes or who have been diagnosed with prediabetes.

- Proven lifestyle change program
- Cut your risk of developing diabetes in half!
- Learn how to develop healthy behaviors to prevent diabetes
- Must be over 18, and have diagnosis of pre-diabetes or be eligible by a simple questionnaire.
- For more info, visit *www.preventdiabetesaz.org*

UNIVERSITY OF ARIZONA COOPERATIVE EXTENSION
NATIONAL DIABETES PREVENTION PROGRAM