Melissa is hosting an information session and discussion about the program.

WHEN:
Friday July 10, 2020
12:00 pm

WHERE:
Virtual- via Zoom
Register @
h6ps://uits-arizona.zoom.us/meeting/register/tJckc-
iuqjwtHtFcTNg0tA4WwLSIWBBNR-

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Diabetes Prevention Program

The program is designed for those who are at high risk of developing type two diabetes or who have been diagnosed with prediabetes.

- Proven lifestyle change program
- Cut your risk of developing diabetes in half!
- Learn how to develop healthy behaviors to prevent diabetes
- Must be over 18, and have diagnosis of pre-diabetes or be eligible by a simple questionnaire.
- For more info, visit www.preventdiabetesaz.org