FREE PARENTING WORKSHOPS

POSITIVE DISCIPLINE
For Families with Neurodiverse Children

Thursdays: 7:30 - 8:30pm
Classes will begin January 13
And meet every Thursday for the following 6 weeks.

This grant funded class will connect you with other parents of neurodiverse children, connect with local resources, and learn some tools to help better connect with, and understand your children.

We will meet in person at the University of Arizona Extension office.
2200 W 28th St #102

TAKE A POSITIVE APPROACH
The positive discipline program focuses on using kindness, firmness, dignity and respect. After this workshop you will be empowered with skills to reduce problematic behaviors while strengthening your child’s life skills.

- Bridge communication gaps
- Defuse power struggles
- Enforce your message of love
- Build on strengths, not weaknesses
- Win cooperation at home and at school

Register at:
https://forms.gle/jRd5jfFuswnyMyTG7

Questions? Contact: laurenopie@arizona.edu

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