Arizona 4-H FCS Skill-a-thon Rules
(This contest is a Qualifier for the 4-H FCS National Championship)

FCS Skill-a-thon is a written test where contestants will answer questions about Sewing/Clothing, Interior Design/Housing, and Food/Cooking.

**Age Divisions:**
- Junior – 9-10 Years Old
- Intermediate – 11-13 Years Old
- Senior – 14-18 Years Old

Age Divisions will be determined by age as of 12/31/2023.

Only Seniors may qualify for the 4-H FCS National Championship

**Stations to be Completed:**

- Sewing/Clothing related ID: Identify from a provided list of fabrics, fasteners, seams, design/cut, and other items related to apparel, fashion design, and/or sewing.

- Interior Design/Housing related ID: Identify from a provided list of decorating techniques, colors, patterns, design elements and/or layouts.

- Food/Cooking related ID: Identify from a provided list of appliances, utensils, spices, herbs and/or other food related items.

- 25 question test that will include identification and definitions on all study materials.
  - Senior Contestants will have 15 minutes at each station.
  - Intermediate Contestants will have 15 minutes at each station but will have fewer and less complicated questions.
  - Junior Contestants will have unlimited time at each station and will have fewer and less complicated questions.

**References:**
4-H FCS National Championship Skill-a-thon ID Packets

**Scoring:**
- Each item correctly identified will receive 1 point. Scores from all 4 stations will be added together to create the final score.

- Ties will be broken by the judge(s).

**Awards:**
- Each Contestant will be awarded based on the Danish System. Blue Awards will be given to those who exceed expectations. Red Awards will be given to those who meet expectations. White Awards will be given to those who do not meet expectations.

- Each age division may have one champion.