

Arizona 4-H FCS Presentation Contest Rules

(This contest is a Qualifier for the 4-H FCS National Championship)

An FCS Presentation can be done on any topic pertaining to family and consumer sciences or home economics. The presentation can be an illustrated talk or a demonstration, but must use visual aids.

Age Divisions:

Junior – 8-10 Years Old
Intermediate – 11-13 Years Old
Senior – 14-18 Years Old

Age Divisions will be determined by age as of 12/31/2023.

Only Seniors may qualify for the 4-H FCS National Championship

Rules:

- Contestants may participate in this contest as an individual or team of two. Team and individual presentations will be judged on the same criteria and will be competing against one another (there are not separate team and individual categories).
- Contestants shall be in Official 4-H dress or Business Casual.
- The subject matter must pertain to the home economics or family and consumer sciences subject matter. Presentations not appropriately related to home economics or family and consumer sciences can be disqualified at the discretion of the judge(s).
- The presentation may be a demonstration or illustrated talk. All references to the term “presentation” in these rules include either demonstration or illustrated talk. A demonstration is defined as a presentation of a step by step procedure with an end product or result. An illustrated talk is defined as a presentation of an idea or topic that uses visual aids to convey the message. Both presentation forms are acceptable and will be evaluated equally, although the delivery methods are different as defined above. Both should utilize visual aids to help convey the major points of the presentation and more than one type of visual aid is preferable. Visual aids may include, but are not limited to: handouts, poster, props, videos, slides, and computer generated media.
- Creative audio visual aids may be used, but the contestant must be involved in the making or designing them.
- Contestants are responsible for bringing equipment (including all necessary computer cords), supplies and visual aids. Special arrangements for equipment must be made with the Superintendents prior to the contest.
- Contestants may use notes. However, excessive use of notes may be counted against the contestant. This will be at the discretion of the judges.
- A public address system will not be used, but an easel, podium and table will be provided.
- During the competition the contestants may introduce themselves by name, club and presentation topic.

- Contestants should cite their major reference materials as part of their presentation. This will be counted as part of their time.
- Only the judge(s) may ask questions of the contestant. Question time will not be counted in the allotted time.
- Contestant order will be determined by a random drawing the morning of the contest.
- Ties will be broken by the judges.
- Only videography or pictures of your contestant is allowed. All participant speeches may be filmed or photographed by contest officials with individual consent.
- Once an individual or team has started their demonstration (in this case it is after they have been introduced by the superintendent), they may not receive assistance from any coach, parent, audience member, or other person, which includes, but is not limited to, the stroking of any key on a computer, other audio visual device, holding posters, demo props, etc. Violating this rule is disqualification. However, the Superintendent may assist Junior members if a problem occurs with audio visual equipment or visual aids.

Time Limits:

- Seniors - Presentations must be at least 10 minutes in length, but no longer than 15 minutes.
- Intermediates - Presentations must be at least 5 minutes in length, but no longer than 10 minutes.
- Juniors - Presentations must be at least 3 minutes in length, but no longer than 8 minutes.
- Participants will be given a 30 second reminder before the minimum time is met and a 30 second warning before the end of time period.
- Time for answering questions is not counted in the presentation length.
- One point will be deducted for each minute or fraction of a minute under or over the time limits.

Awards:

- Each Contestant will be awarded based on the Danish System. Blue Awards will be given to those who exceed expectations. Red Awards will be given to those who meet expectations. White Awards will be given to those who do not meet expectations.
- Each age division may have one champion.