PRESERVE YOUR PRODUCE

Come learn how to safely freeze and ferment fruits and veggies! Recipes and tasty samples will be provided.

Saturday Feb. 15
10am after the P.O.W.W.O.W. pickup

UNITED METHODIST CHURCH
3225 ST ANDREWS DR,
SIERRA VISTA, AZ 85635

Free nutrition courses offered by UA Expanded Food and Nutrition Education Program

For more info email hdahl@email.arizona.edu

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