FREE PARENTING WORKSHOPS FOR FAMILIES WITH TEENS

POSITIVE DISCIPLINE

WEDNESDAYS 5:30PM-7:00PM

October 30

November 6, 13, 20

December 4

Participants must attend all 5 sessions to receive a certificate

Campus Agricultural Center

4101 N. Campbell Ave, Tucson, AZ

Help your children develop selfdiscipline, responsibility, cooperation and problem solving-skills!



TAKE A POSITIVE APPROACH

The positive discipline program focuses on using kindness, firmness, dignity and respect. After this workshop you will be empowered with skills to reduce problematic behaviors while strengthening your child's life skills.



- ▶ Bridge communication gaps
- Defuse power struggles
- Enforce your message of love
 - Build on strengths, not weaknesses
 - ▶ Win cooperation at home and at school

For more information or to RSVP contact:

Diane Manzini at dianem1@email.arizona.edu or 520-621-0921

