Tellington TTouch® Training Workshop

With Ava Eskin, practitioner

WHEN: Saturday Nov 10th 10 am to 1:30pm (9:30am registration) 30 min break for lunch
Lunch, drinks & snacks will be provided by our 4-H club for a nominal charge.

WHERE: McCroskey Barn, 3021 N Chestnut Cir, Mesa AZ 85213

Register: 4-H Participants must pre-register by contacting Michelle McCroskey 602-509-1246

BRING: Your own chair and money for lunch & snacks.

This will be a "hands on" workshop for up to 9 (nine) 4-H members at no cost. Non 4-H members are welcome to listen and observe for a $5 donation to our club.

Tellington TTouch® was developed by Linda Tellington Jones over 40 years ago and is widely practiced in the US and many other countries. At this workshop you'll learn how this approach encourages optimal performance and health and presents solutions to common behavioral and physical problems. Horses demonstrate marked improvement in athletic skills and increased willingness and ability to perform. Not only does the horse benefit, but also a deeper rapport grows between horse and rider because of increased understanding and more effective communication. The Magic of TTouch® can help you and your horse overcome a variety of challenges while enhancing communication and building trust without force or fear.

Some of the topics covered will include:

- How to improve performance - Ground exercises to help improve balance, self-control and focus
- How to apply TTEAM first aid techniques while waiting for the veterinarian
- Ways to speed healing and recovery from injury or illness
- Why issues such as nervousness, laziness, trailering problems, attitude difficulties and stiffness occur and how to solve them in a safe and positive way

Questions??? Contact Michelle McCroskey 602-509-1246

Click here for additional information on Tellington TTouch for Horses
http://www.tttouch.com/whyTTEAM.shtml