NUTRITION EDUCATION MATERIALS

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WEB SITES

- University of Arizona Nutrition Network - http://www.uanutritionnetwork.org/
- MyPlate - http://www.choosemyplate.gov/
- USDA Food Composition Database - https://ndb.nal.usda.gov/
NEWSLETTERS

• University of Arizona UA Life & Work Connections Wellbeing - https://lifework.arizona.edu/wellbeing

• Food Insight - http://www.foodinsight.org/newsletters

• Oregon State Food Hero - https://www.foodhero.org/monthly-magazine

• Tufts University Health & Nutrition Letter - http://www.nutritionletter.tufts.edu/
FACEBOOK SITES

- Arkansas EFNEP at UAEX - https://www.facebook.com/AREFNEP/?fref=ts
- NC EFNEP - Onslow County - https://www.facebook.com/NC-EFNEP-Onslow-County-175316112628137/?fref=ts
- UGA EFNEP - https://www.facebook.com/efnepuga/?fref=ts
TRAININGS

- Wisconsin Nutrition Education Program - http://www.uwex.edu/ces/wnep/train/index.cfm
  - (need to request a password at wnep@ces.uwex.edu).

- Purdue EFNEP - https://www2.ag.purdue.edu/programs/hhs/efnep/Pages/Resource-Training.aspx
SUGGESTIONS?

• Do you have sites you go to?
• Other types of specific information you want me to look for?

THANK YOU!