

Thinking back on your year in this 4-H project...

At the end of your 4-H year, use this form to see what you might learned along the way. For example, as a result of your work in this project this year, did you learn how to use your time better? If so, you would indicate this in answer to question #3 below.

Follow the instructions below to complete this section.

Think back on your past year in this 4-H project. Below are listed some skills that you may have developed as a result of your 4-H involvement. Over in the columns to the right, rate yourself on these skills at the beginning of the 4-H year, and then now at the end of the year.

Back . . . at the beginning of the 4-H year when I first enrolled in this 4-H project

Now . . . after I have participated in this 4-H project for the year

CIRCLE ONE NUMBER FOR EACH STATEMENT

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No Sometimes Usually Yes

No Sometimes Usually Yes

1. Think about what might happen because of my choices.	1	2	3	4	1	2	3	4
2. Plan how to use my financial resources.	1	2	3	4	1	2	3	4
3. Use my time wisely.	1	2	3	4	1	2	3	4
4. Treat people who are different from me with respect.	1	2	3	4	1	2	3	4
5. Organize a group to meet its goal.	1	2	3	4	1	2	3	4
6. Contribute as a member of a team.	1	2	3	4	1	2	3	4
7. Accept responsibility for doing a job.	1	2	3	4	1	2	3	4
8. Choose activities that promote physical health.	1	2	3	4	1	2	3	4
9. Avoid risky behaviors.	1	2	3	4	1	2	3	4
10. Understand it is important to follow through on commitments I have made.	1	2	3	4	1	2	3	4



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