

4-H Story

Your 4-H Story is a very important part of your record book. The 4-H Story is where others will learn about you, what you are like and what type of young person you are. It should reflect your personal feelings about your experiences in the 4-H program during the past year. You may be creative in the way you write about your 4-H year. Personalize your 4-H Story and make your 4-H Story interesting to read.

Juniors: one page maximum.

Seniors: three page maximum.

You may be creative in writing your 4-H Story. Listed below are sample perspectives to follow in writing your 4-H Story. You may use one perspective or a combination of perspectives or choose a different perspective in writing your 4-H Story.

Samples:

Tell about your 4-H projects. Explain why you chose those projects; describe some of the activities you participated in and what the impact was. What challenges and successes did you encounter and how did you deal with those experiences?

Write your 4-H Story from the point of view of your project. Put yourself in the place of your project. Tell about your 4-H experiences from your project's perspective. What unique insights did you discover about yourself and your project(s)?

What has your 4-H experience taught you? How has 4-H made you a better leader? How has 4-H helped you develop financial management and business skills? How has 4-H encouraged you to make contributions to your community? What influence has 4-H had on your career and personal goals?

Write to the four essentials elements of 4-H – Belonging, Independence, Generosity and Mastery. Share specific insights learned in any or all of these areas. Give examples where you learned about the essential element. Describe the impact of what you learned.

Select one specific moment or event from the year. Describe the scene in detail. Paint a detailed picture using words. Then describe what you learned from that experience and your feelings. Explain why you chose that specific experience.

4-H Photographs (optional)

You may include up to three pages of photographs, attached to one side of the paper, illustrating different aspects of your 4-H experiences this year. Your photographs should be action oriented and should illustrate learning by doing, contributing and leading. Include labels that tell who, what, when and where. Photographs may not overlap. Note: Photographs are limited to 3 pages. Select the photos that are most representative of your 4-H year.



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