

COVID Mitigation Phase 0

With the current state of the Coronavirus Pandemic, Arizona 4-H under direction from the Cooperative Extension of the University of Arizona, which has direct oversight of 4-H programming, we are currently at Phase 0 for all Extension programming throughout the county.

Phase 0 means that all 4-H programming must be conducted remotely. This does not mean that programming must stop. This is an opportunity for us

to come together, try new ideas, and discover ways to help make the best better! If you would like to talk about options for how to make this happen for your project, don't hesitate to reach out to Peter at hooperp@arizona.edu or 520-302-4667

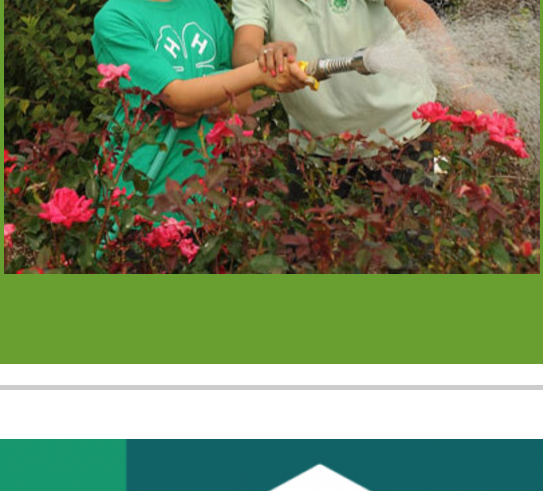


Black History Month

To commemorate Black History Month, and with support from Nationwide, National 4-H Council President & CEO Jennifer Sirangelo will be sharing stories from African American 4-H alumni who are creating opportunities for all kids and communities through innovation and leadership. [Click here](#) to read more.

Volunteers Needed!

Do you enjoy helping youth learn, grow, and succeed? Do you have a few extra hours each month that you could devote to making this happen? We are looking for volunteers across the county who are willing to rise to the challenge as a 4-H Volunteer. We are looking for help running community clubs and projects. If you have an interest in a particular project, please reach out to Peter at hooperp@arizona.edu.



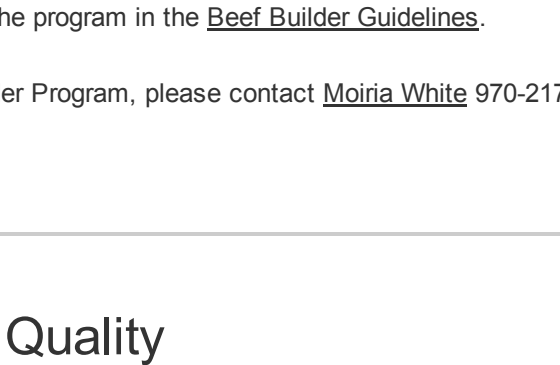
Arizona 4-H Foundation Scholarship

The Arizona 4-H Foundation Scholarship Application is now available! It can be found at: <https://extension.arizona.edu/4hfoundation/scholarships-grants>. Although the due date for the foundation is Friday, April 16th, we are asking that all submissions be in no later than 11:59PM on Sunday April 11th to allow time for our office to review and approve the applications. Once your application has been reviewed by our office, you will receive an email notifying you of acceptance or a deadline to submit any revisions or additional information. This process is completely online. For more information, please see the website listed above.



Beef Builder Program

Riverview, LLP is excited to announce they will be offering the BeefBuilder™ Program once again this year through Cochise County 4-H. The BeefBuilder™ project is an excellent opportunity for 4-H members to learn about raising a beef animal. There is a limited number of calves in the program, so this year, we will be continuing the application process to determine eligibility.



Please email the completed [2021 Beef Builder Application](#) to [Moiria White](#). It is due by Thursday, April 1st. You can read more about the program in the [Beef Builder Guidelines](#).

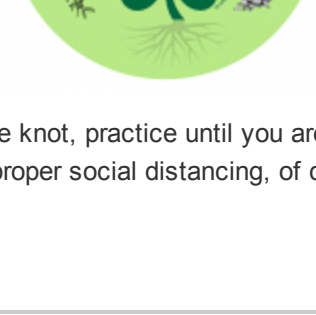
If you have any questions about the Beef Builder Program, please contact [Moiria White](#) 970-217-6116.

How to Fix Zoom Audio Quality

One of the worst things to deal with in Zoom meetings is when you can't communicate because people tell you that your voice is breaking up, or that they can't understand you. This often happens because of weak or unreliable internet connectivity. The short video below will show you how to use your phone for audio while using your computer for video when in Zoom meetings!



Statewide Virtual Events!



AZ4-H AG at Home

AZ 4-H AG at Home provides some fun ways to share knowledge and give you an opportunity to learn about and then try out some of the skills and projects demonstrated in the videos. Many of the videos show skills or Do-It-Yourself projects related to animals or plants. For example, learn a new way to tie a quick-release knot, practice until you are the expert, and then teach your mother, brother, or friends (with proper social distancing, of course!). [Click here](#) to learn more.



Engaged Citizens Event

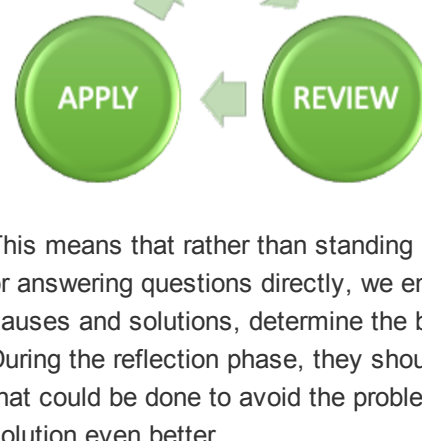
On Wednesday, January 27th 4-H youth from across the state attended the Arizona Engaged Citizens Event. The Engaged Citizens Event was an opportunity for delegates to learn from the Arizona government, meet with legislators, and hear from unique voices in government relations.



Zingbooks!

This year we have a new 4-H Management System called Zingbooks. All youth and volunteers must be registered in Zingbooks to participate in 4-H. This system allows for online payment. Remember that the 4-H year is October 1 through September 30. Zingbooks has areas for project registration, sharing documents online, a web-based record book, club, county, and state calendars, announcements, and more! Also, make sure that email addresses and other contact information are up to date to ensure effective communication.

- [Enrollment Guide](#)
- [Zingbooks Overview](#)
- [Go To Zingbooks](#)



From Your Agent

The Experiential Learning Cycle

We spend a lot of time focusing on 4-H's role as a positive youth development organization. We all know the 4-H motto "to make the best better" and we do that by providing young people with opportunities whereby they can "learn by doing" but there's a little bit more to it.

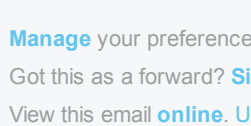
In 4-H, we employ the "Experiential Learning Cycle". This means that rather than standing in front of members directing them how to complete tasks or answering questions directly, we can ask questions like "why do you think this is happening?" "what have you tried to help your animal gain weight?" "what do you think are some things that you could try?" "what might happen if you try this and it doesn't work?" When first presented with this way of approaching problems, youth may have a hard time considering all of the options. However, as we continue to practice it, you'll find that they'll develop greater resilience and self-reliance.

One might worry about safety as our young people's projects so often include animals or possibly dangerous equipment and that it is more important that their problems are solved by adult subject matter experts. Yes, safety is absolutely important. This is why all 4-H engagements are overseen by qualified, certified, caring adults who guide our young people while providing a safe environment. The 4-H Volunteer plays a crucial role in this cycle as they help The young person work through the decision-making process.

When a young person comes to a leader with a problem or a question on how to do something, instead of answering the question, we should instead respond with a question. Personally, I like to respond with "That's a great question, what do you think?" This will cause them to do a little thinking, and walk you through their thought process. If they don't have the background knowledge necessary to solve the problem, you can direct them to some research opportunities and perhaps offer specific topics that they could find out more information on. This helps develop both critical thinking and research skills. If the solution that they come up with is dangerous or otherwise unsafe, at this point you will want to explain how and why and perhaps offer guidance on how to improve the safety or guide them in a different direction to a solution.

An example of the experiential learning process might be a youth approaches you with the problem that their animal is not gaining weight. Rather than simply telling them what they can do to remedy the problem, we can ask questions like "why do you think this is happening?" "what have you tried to help your animal gain weight?" "what do you think are some things that you could try?" "what might happen if you try this and it doesn't work?" When first presented with this way of approaching problems, youth may have a hard time considering all of the options. However, as we continue to practice it, you'll find that they'll develop greater resilience and self-reliance.

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