

DEPARTMENT 502 – PROJECT SHOWMANSHIP

PROJECT SHOWMANSHIP: 5:00 PM, Tuesday, September 12, 2023. Only ONE ENTRY per Exhibitor will be allowed. Projects shown are from the Family & Consumer Science or General Project areas.

PROJECT SHOWMANSHIP: When an Exhibit is Interview Judged, the 4-H member is present. The Member will present the Exhibit to the Judge along with their exhibit card. The advantage of Interview Judging is that the Member is given the opportunity to demonstrate their knowledge of the Exhibit and is also able to get direct feedback from the Judge. All Exhibitors will present themselves in appropriate and professional dress (see Rule 10).

CLASS 1 INTERVIEW JUDGING

- Lot 1 Junior Showmanship
- Lot 2 Intermediate Showmanship
- Lot 3 Senior Showmanship

Unless otherwise stated, work must be from the current project year.

FAMILY & CONSUMER SCIENCE

RECIPE CARDS MUST be attached to all food entries.

The following Classes will be divided into three age groups:

- Junior: Age 8-10
- Intermediate Age 11-13
- Senior: Age 14-18

NO names on the front of entries, Entry will be disqualified

Each Exhibitor must bring their own exhibit to Judging Class/Auction, except in unusual circumstances, such as sickness, or family emergency. CLOVER BUDS excluded.

Clubs not cleaning up after themselves or covering their scheduled time(s) in the 4-H/FFA Exhibit Building will be fined \$25.00.

DEPARTMENT 503 – NUTRITIONAL SCIENCES

Classes are open only to Members enrolled in corresponding project.

CLASS 1 COOKING 101 – Plates will be provided

- Lot 1 Cookies (5)
- Lot 2 Granola, recipe page 35 (cooking 101 book) (3 bars)
- Lot 3 Granola, any recipe (3 bars)
- Lot 4 Brownies, recipe on page 67 (cooking 101 book) (5)
- Lot 5 Brownies, any recipe (5)
- Lot 6 Muffins, recipe on page 54 (cooking 101 book) (5)
- Lot 7 Muffins, your own recipe (5)
- Lot 8 Other item not listed (5)

CLASS 2 COOKING 201 – Plates will be provided

- Lot 1 Biscuits, rolled recipe on page 50 (cooking 201 book) (5)
- Lot 2 Biscuits, your own recipe (5)
- Lot 3 Scones, recipe page 51 (cooking 201 book) (5)
- Lot 4 Scones, any recipe (5)
- Lot 5 Funny Cake, page 87 (cooking 201 book) (no frosting), 8 inches
- Lot 6 Any Scratch Cake, your own recipe (no box) (no frosting), 8 inches
- Lot 7 Basic Nut Bread, page 48 (cooking 201 book) (no variation)
- Lot 8 Any Nut Bread recipe
- Lot 9 Other item not listed (5)

CLASS 3 COOKING 301 – Plates will be provided

- Lot 1 Cinnamon Rolls, page 43 (cooking 301 book) (5)
- Lot 2 Cinnamon Rolls, any recipe (5)
- Lot 3 Indian Fry Bread
- Lot 4 Any other bread your own recipe (1 loaf)
- Lot 5 Tea Ring, recipe page 45 (cooking 301 book)
- Lot 6 Tea Ring, any recipe
- Lot 7 Confetti Bean Salsa, page 74 (cooking 301 book) (4, ½ pint min)
- Lot 8 Salsa, your own recipe (4, ½ pint min)

CLASS 4 COOKING 401 – Plates will be provided

- Lot 1 Pita Bread Page 20(cooking 401 book) (5)
- Lot 2 Pita Bread own recipe (5)
- Lot 3 White Chili page 65(cooking 401 book) (4 jars)
- Lot 4 White Chili your own recipe (4 jars)
- Lot 5 Classic Chocolate Fudge Page 89(cooking 401 book) (5)
- Lot 6 Any Classic Chocolate Fudge own recipe (5)

CLASS 5 FOOD PRESERVATION PROJECT – Plates will be provided. Member must be enrolled in project. Attach recipe card to exhibit. Attach card with source of food and method of preserving. Bring 4 Jars if also entering State Fair.

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| Lot 1 Canning (3) | Lot 9 Fruits (3) |
| Lot 2 Freezing (3) | Lot 10 Jams (3) |
| Lot 3 Jellies (3) | Lot 11 Marmalade (3) |
| Lot 4 Preserves (3) | Lot 12 Salsa (3) |
| Lot 5 Pickles (3) | Lot 13 Syrups, Oils, Vinegar (3) |
| Lot 6 Relishes (3) | Lot 14 Vegetable (3) |
| Lot 7 Drying (3) | Lot 15 Other Preserved Foods (3) |
| Lot 8 Conserves (3) | |

CLASS 6 YEAST BREADS PROJECT – Plates will be provided.

Member must be enrolled in project. Attach recipe card to entry.

- Lot 1 White yeast bread (1 loaf)
- Lot 2 Wheat yeast bread (1 loaf)
- Lot 3 Yeast bread other than whole wheat or white (1 loaf)
- Lot 4 Batter bread (1 loaf)
- Lot 5 Batter Rolls or Muffins (5)
- Lot 6 Shaped white yeast rolls (5)
- Lot 7 Shaped whole wheat rolls (5)
- Lot 8 Breads of many lands (limit of 3)
- Lot 9 Sweet dough (limit of 3 different products)
- Lot 10 Pita bread
- Lot 11 Other