



# My Kid is in 4-H: Now What?



A PARENT RESOURCE FOR NEW 4-H MEMBERS IN YAVAPAI COUNTY

> Shirley Vasovski 4-H Program Coordinator



This tool for parents is to help you guide your child through their years in 4-H. It offers information and suggestions on how you can be of assistance to your child and your child's 4-H leader. You can always call your child's 4-H club leader, check the Yavapai County 4-H website:

<u>https://extension.arizona.edu/4h/yavapai/</u>, the University of Arizona Cooperative Extension 4-H Youth Development website: <u>http://extension.arizona.edu/4h/</u>, or call the Extension office with questions.

#### We are here to help. Call when you have questions and concerns.

University of Arizona Cooperative Extension Yavapai County 840 Rodeo Dr. Bldg. #C Prescott, AZ 86301 Phone 928-445-6590 x229 Fax 928-445-6593

4-H Extension Staff: Shirley Vasovski: vasovski@email.arizona.edu Stacy DeVeau: sdeveau@cals.arizona.edu



Website: https://extension.arizona.edu/4h/yavapai/ Facebook: https://www.facebook.com/YavapaiCo4H

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Adapted from 4-H materials from The Ohio StateUniversity Extension, Purdue Extension: Sullivan, LaPorte, Porter and Elkhart Counties.

### WHAT IS 4-H?

• 4-H is an extracurricular, volunteer-led, family-oriented program.

- Regular 4-H offers membership for boys and girls ages 9-19, prior to January 1st. In Yavapai County, **Cloverbuds** is a county program that offers youth, ages 5-8, the opportunity to participate.
- 4-H is for urban as well as rural youth.
- 4-H helps young people develop life skills. A life skill is an ability that one can use in everyday life. The basic life skills are:
  - Building self-confidence.
  - Developing an inquiring mind and making decisions.
  - Setting and meeting goals.
  - Relating to other people.
  - Developing a concern for the community.
  - Developing leadership skills.

### ΜΟΤΤΟ

"To make the best better."

### **EMBLEM**

The 4-H emblem is the four-leaf clover with the letter "H" on each leaf. The H's stand for head, heart, hands, and health. The 4-H emblem is protected and must be used correctly.

### COLORS

The 4-H colors are green and white. Green symbolizes nature's most common color and represents life, springtime, and youth. White symbolizes purity.

### THE 4-H PLEDGE

Most 4-H meetings and events begin with the pledge.

I pledge

My **head** to clearer thinking. My **heart** to greater loyalty. My **hands** to larger service, and My **health** to better living. For my club, my community, my country, and my world.



... To Make the Best Better.

#### **MEMBERSHIP**

4-H membership is open to all boys and girls in Yavapai County who will be turning age 9 through 18 prior to January 1st. Youth may participate a maximum of ten years in traditional 4-H, beginning at age9. All young people who turned 5-8 prior to January 1st may participate in the **Cloverbuds** program.

Youth who reside in other counties may enroll and participate in Yavapai County 4-H so long as they do not belong to 4-H in their home counties. *Exception*: Youth who reside in other counties may enroll and participate in a Yavapai County project that is not offered in their home county. They must enroll and follow Yavapai County requirements for this project.

#### WHO'S WHO IN 4-H

- **4-H Member:** Any youth who has turned age 9-18 prior to January 1st, pays the County Program Fee, has signed consent forms, completes the enrollment process, and meets the club requirements.
- **Cloverbuds:** A 4-H program for youth ages 5-8 years old, prior to January 1st. Cloverbud members are invited to participate in four special events planned just for them throughout the year. Youth are invited to complete and exhibit one indoor project at the annual 4-H/FFA EXPO.
- **4-H Leader:** There are a number of adult volunteers who are responsible for the organizational aspects of the club, as well as special help with particular projects or activities. The leader acts as a liaison between the Extension Office and the 4-H member.
- **Parents:** Parents are important to the success of youth in 4-H. Parents are ENCOURAGED to attend club meetings as well as countywide events with youth.

### **COUNTY LEVEL**

All 4-H volunteers go through a stringent screening process which includes a background check and interview before working with 4-H members.

#### 4-H Leaders Council:

The 4-H Leaders Council is the fundraising and input organization for Yavapai County 4-H. Officers are elected by the 4-H leaders to a two-year term. Meetings are the every 3rd Thursday of odd months. They are open for anyone in 4-H to attend.

#### **4-H Extension Personnel:**

University of Arizona professionals who help to carry out the 4-H program and serve as a source of research-based information.

#### **EXPO Committee:**

The EXPO committee is a separate organization from Leaders Council, although they cooperate for the best interests of 4-H youth. Many 4-H clubs and organizations have leaders on the EXPO committee. The committee makes decisions related to the annual 4-H/FFA EXPO and use of the Prescott Rodeo Grounds.

### STATE LEVEL

#### University of Arizona:



The University of Arizona is a land grant college that has the responsibility of taking education to the people of the state. The 4-H program is part of that directive within the College of Agriculture and Life Sciences department.

### State 4-H Office:

The State 4-H Director has responsibility for the 4-H program at the state level. The state staff assures that federal guidelines are met and that the program is administered in the best interests of youth. The 4-H State Director is based at the University of Arizona, in the College of Agriculture and Life Sciences.

### Arizona 4-H Foundation:

This nonprofit organization works to provide additional resources for the 4-H program, sponsor scholarships provide funding for county and state programs, provide trips for outstanding youth to National 4-H Congress, as well as underwrite the cost of many 4-H trips offered at the state level. Donations are accepted.

### **4-H ENROLLMENT POLICY FOR 2014**

Youth must re-enroll in 4-H each year. Complete an enrollment form online at 4-H Online: <u>http://www.az.4Honline.com</u>. You can enroll in all the projects you wish at one time. Each 4-H member will be charged a \$25 county program fee. Fees are per member, not per club. **Enrollment is not complete until forms are complete, with parent waivers signed and fees collected.** Enrollment must be completed by February 1st in order to qualify to show at 4-H/FFA EXPO.

### **CLOVERBUDS:**

• Cloverbuds pay the same county fee as regular members.

Online payment is currently not available. Fees may be paid by cash or check to the community club leader.

### **4-H ONLINE**

4-H Online is the **OFFICIAL** Arizona 4-H Youth Development Program database for ENROLLED 4-H members and volunteers. 4-H Online is **NOT** a database for counties/clubs/families to enter family members (i.e. siblings, grandparents, etc.) who are not directly involved as 4-H members or volunteers.

It is a partnership between the 4-H family and the county Extension Office. We encourage all 4-H families to become familiar with 4HOnline in order to prevent frustration at crucial times of enrollment, animal validation or registration!

Please work with the Yavapai County Extension Office regarding any questions or problems you may experience with the system. 4-H Online is based on "zero-based enrollment." This means that each year at the start of the enrollment cycle membership in Arizona 4-H goes to zero and everyone must re-enroll. This process is based on federal accounting policies.

### 4-H ONLINE, con't.

4-H Online is a secure database in compliance with the PCI Security Standards Council. The Arizona 4-H Youth Development Program and the 4HOnline company work closely to monitor and ensure the highest level of protection for information stored on the system. Neither Arizona 4-H, nor 4HOnline, shares or sells any personal information to third party vendors without your knowledge or permission.

Before enrolling your child in 4-H, it is important that you contact the Community Club leader of the club your child intends to enroll. If you need help finding information about clubs available in your area, please contact the Extension Office.

**ALL** new families are required to set up a family profile and then an individual profile for each youth and adult enrolling. *Parents are asked not to create an individual profile if they are not a certified 4-H volunteer.* 

### 4-H ONLINE ENROLLMENT PROCESS FOR 2013-2014

- 1. Access the 4HOnline on-line system at: <u>https://az.4honline.com/</u>
- 2. New Members: Create family profile by selecting the "I need to setup a profile" button. Returning Members: Use your e-mail and password to access your established profile. If you have forgotten your e-mail, contact your county Extension Office. If you do not know your password, select "I forgot my password." DO NOT CREATE A NEW PROFILE!
- 1. *New Members:* Add youth and/or adult profiles under your family profile. As you enter information please make sure that all information is correct.
- Returning Members: Click on the "Edit" button on the right side of the inactive member's profile listing. Review and update all information pertaining to your profile. DO NOT JUST CLICK THROUGH - CHECK IT ALL! Incorrect information will affect your ability to register for events, access proper enrollment fees, communication, etc.
- 3. Once all profile information is current and correct under the Personal Information, Additional Information, Health Form, and Participation areas of enrollment continue to the Invoice page.
- 4. Review your invoice to ensure that the program development fee has been charged and it is correct. If you have been awarded an award certificate or a scholarship to cover your participation fee, enter the award code in the award code box. Once information has been reviewed, click continue to the Payment screen.
- 5. Select the appropriate method of payment by clicking on the correct button, then click "Select Payment Method." The only option we accept is the county/club check. You will be sent to the Confirm page.
- 6. Confirm your participation fee by clicking the "Confirm Order." Your pending enrollment will then be sent to the county office for review and acceptance.
- 7. When the county Extension Office receives your enrollment notice and fee from your Community Club leader, they will review all information and approve your membership.

### **4-H ONLINE PAYMENT**

"When you are enrolling in 4-H and you arrive at the invoice/payment screen, please pay close attention!"

This is the screen you will be presented with for payment options. **The option to use a credit card is not yet available.** The county/club check is the only option we accept. **Make sure you read the page.** By using the county/club check option you are responsible for writing a check to your club, which, in return, will send a club check to the county. Once a payment method has been selected and enrollment has been submitted, the payment type cannot be changed.

• Once payment is received and credited, the membership status will become ACTIVE. Your approval and ACTIVE status can take up to one (1) week after payment is received.

### For questions or problems with 4HOnline, please refer to our online help page:

<u>http://extension.arizona.edu/4h/state/4honline-resources</u> or contact your county office for assistance.

### **4-H PROJECTS**

4-H projects are learning experiences for the 4-H member. 4-H members must sign up for at least one project each year and complete the records for that project. A member is encouraged to exhibit their project at EXPO.

Some projects are divided by age, while others are divided by the number of years of participation in that project. Members aged 9-19 may enroll in and complete any number of projects. Youth are encouraged to enroll in only as many projects as they anticipate completing. More may be added if you have more time.

### **PROJECT SELECTION**

In choosing a project, a member will consult with his or her parents and possibly 4-H leaders. After considering all the projects available and the requirements of each, he or she should select one based on interest, needs, capabilities, family situation and suitability of the area in which he or she lives. Members enrolling for the first time will choose a minimum of one project.

A brief explanation of each project is available on the Arizona State 4-H website. The project work is the core of the 4-H member's experience. Successful project completion results in member satisfaction and expansion of future project work. The learning experiences one obtains through his or her project could even lead to career/vocation possibilities. **Cloverbuds do not complete 4-H projects. They can only handle animals under direct supervision of adult or teen leaders.** 







### **RECORD BOOK COMPLETION**

Each year, members maintain a member record and complete a project record book. Record books must be completed and turned in to the Extension Office by the club leader in order for the member to receive recognition at the end of the 4-H year. These records verify completion each year and are very important for youth to be included in the 10 year member recognition at the end of your child's 4-H career. Since **Cloverbud** members cannot enroll in projects, a record book is not required.

Information on record books can be found at: <u>https://extension.arizona.edu/4h/yavapai/record-book-101</u>

- **Member Record:** A book that details a member's community service, leadership, attendance, and citizenship involvement throughout their 4-H career. This record is accumulative and added to each 4-H year.
- **Project Record:** A small book that details a member's goals, accomplishments, finances, and activities related to each enrolled project. Project records are not accumulative. A new record must be created each year for each project.

Keeping a record book may sound like a lot of additional work, but this is not the case. Members can receive help on their record books from parents. However, this is a member's record of his or her 4-H career, not a parent's record. Record books should be completed throughout the 4-H year, documenting project activities and learning. Record books can be completed electronically or handwritten. All record books must be legible.

Record books have many benefits. A few benefits could include, but not limited to:

- Measured growth through the years
- Showcasing of knowledge learned
- Emphasis on growth and development in the main project area, leadership, citizenship and service to others
- Used in selection for National 4-H Congress Delegates
- Detailed reference for job, college, and scholarship applications

Keeping a detailed record book helps develop a variety of skills:

- Financial management
- Organizational
- Communication
- Goal-setting
- Decision-making



### 4-H/FFA EXPO & JUDGING

All members who are enrolled and in good standing in the current 4-H or FFA year, and are currently enrolled in a 4-H club or Agricultural Education class or state approved Middle School "Discovery" Program and are under the supervision and instruction of a 4-H leader or AgEd Instructor, and meet the following requirements, are eligible to participate in the Yavapai County 4-H/FFA EXPO.

- Cloverbuds: 5 8 years old prior to Jan 1 of the current club year
- **4-H Club**: 9 18 years old prior to Jan 1 of the current club year. Members cannot participate if they have turned 19 prior to January 1 of the current club year.

## All members are expected to participate in EXPO by assisting with set-up and/or take down, and/or throughout the week of EXPO.

#### Youth Livestock Quality Assurance (YLQA)

All 4-H and FFA members entering Market Livestock (Beef, Dairy, Goat, Sheep, Swine, and all Market & Egg, and Small Stock projects) at the Yavapai County 4-H/FFA EXPO Show & Sale **MUST** have completed Youth Livestock Quality Assurance AND Food Safety Training conducted by certified personnel. This certification is valid for three years. All leaders/advisors must also be certified in order to be eligible to sign entry forms. Dates of available trainings will be published in the **Clover Communicator** or call the Yavapai Extension office at (928) 445-6590 for more information.

#### **Exhibitor Divisions**

- JUNIOR MEMBERS are those who have reached their 9th, but not their 13th birthday prior to January 1 of the club year.
- SENIOR MEMBERS are those who have reached their 14th, but not their 19th birthday prior to January 1 of the club year.
- NOVICE MEMBERS are those members of any age who have not previously shown any small or large livestock.

Projects exhibited at the 4-H/FFA EXPO will be judged. Youth should feel pride in their accomplishment of a job well done. **Cloverbud** members all receive a participation ribbon and are not judged competitively. Cloverbuds may enter any item that they have made in their 4-H experience during the year. This can include an individual display or a club display. Judging is an opinion and does not reflect the worth of the project. **Cloverbuds are not allowed to have 4-H projects.** They cannot sell anything, including animals at EXPO. **This is a National 4-H and Arizona 4-H policy.** 

### COMPLETING THE EXPO ENTRY TAG

All exhibits should be labeled with the 4-Her's name and club for ID on a 3"x5" index card to be placed on the item. The EXPO entry tag will be securely attached to the exhibit in a visible place at the time of entry. The EXPO entry tag is to be placed in the lower right-hand corner of poster exhibits. Allow space on posters for the tag.

#### **RIBBONS**

Judges are responsible for reading and understanding all general and special rules within each department, division, or class in which they are to serve.

- All evaluations are initially made based on the Danish System of judging. As EXPO is a learning event, at no time will a judge fail to bestow an award. All comments to exhibitors should be made in as constructive a manner as possible.
- Judges shall report to the superintendent any exhibitor, leader, parent, or other person who in any way interferes or shows disrespect toward them during or after adjudication of a class.
- The decision of the judge shall be final except in the event of fraud or misrepresentation, not discovered at the time of award

Grand and Reserve Champion and Yavapai Bred & Fed awards will only be awarded if the exhibitor or animal has received a BLUE ribbon. Additionally, the following guidelines will apply:

- All entries will be judged on the Danish System of awards. Entries may be placed in blue, red or white ribbon categories.
- For Showmanship only, there is no requirement on the minimum number of entries required for the awarding of Grand or Reserve Champion awards.
- For Conformation classes, the Grand and Reserve Champion awards will be given (at the established prize levels) if there are 3 or more ENTRIES in a class. If there are 2 or fewer ENTRIES in a class, the Grand and Reserve Champion awards will be given, however they will be at a reduced level.
- The showmanship contest will be judged on the exhibitor's ability to show his/her animal to its advantage and his/her knowledge in handling, fitting and selecting animals for production and show. The judge may also ask questions pertaining to the project. Separate classes will be held for judging novice, junior, intermediate and senior showmanship.

### CLUBS

Most 4-H clubs meet once each month. Most clubs begin meeting in October until EXPO, with a short break in June/July due to summer camps. There are a few that meet year round. Consult with the Extension Office for information about specific clubs. Attendance at meetings is encouraged but not required. Clubs may have their own attendance policies. It is best to check with the community club or project leader. In addition to the \$25 county enrollment fee, some individual clubs may have separate dues to offset cost of materials and programming. Clubs may have incentives and/or rewards for attendance.

## In Yavapai County there are two kinds of 4-H clubs.

### Community Clubs:

These clubs meet all over Yavapai County in churches, schools, homes and are not dedicated to any particular project. Project work is not completed at these meetings, but leaders will pick up and distribute manuals to youth so projects can be completed at home. Project work is completed in additional meetings related to the various projects a community club offers. Youth select their projects when they enroll so leaders may order project manuals.

Community Clubs provide an opportunity for youth to interact with members enrolled in different project areas. These meetings provide an opportunity for youth to give demonstrations, talks, and display leadership skills by holding officer positions. The majority of the **Cloverbuds** activities occur during this time.

### Project Clubs:

These clubs are dedicated to a specific project, and assistance will be given during club meetings in the completion of the project. In order to enroll in a county project, youth must be enrolled in the county club associated with the project. All clubs or projects may be selected at one time, when completing enrollment.

Each club elects officers from the club membership. The officers conduct the business portion of club meetings

### **4-H COMMUNICATION**

In addition to communication you receive from your club leader, there is a monthly newsletter is either emailed or mailed to every 4-H home in Yavapai County. It is called the **Clover Communicator**. Read your **Clover Communicator** to find out about club meetings, project workshops, and other timely 4-H news. A copy is posted on the Yavapai County 4-H website. If you would like to receive a paper copy, please contact our office at 928-445-6590.

Yavapai County 4-H frequently updates the 4-H Facebook page with current news and events, too. The Facebook page is located at: <u>https://www.facebook.com/YavapaiCo4H</u>. Additionally, all active members are added to the ListServ mailing list. Information regarding camps, events, and news is out by email via the ListServ. The ListServ is maintained by Extension personnel.



### **ACTIVITIES AND EVENTS**

Each club and project will have special activities for their club members throughout the year. In addition, there are countywide events in which a 4-Her may participate. These activities are open to traditional 4-H members ages 9-19. Check the Clover Communicator for dates/times, eligibility, and registration requirements.

<u>**Project Workshops</u>** - A variety of workshops in different project areas are offered each year. Be sure to read your **Clover Communicator** newsletter to learn about dates/times of workshops.</u>

<u>Public Speaking and Demonstration Contests</u> - The public speaking activity helps youth prepare a speech with a state theme and deliver it to judges. Demonstrations show members how to do something and are divided into various categories.

<u>4-H Skillathons</u>- Usually a proficiency series, Skillathons are typically held in the Spring and provide an opportunity for 4-H members to test their mastery of livestock anatomy, equipment, diseases, breeds, and more. Small stock and equine proficiency series may also be available.

### **AWARDS & TRIPS**

County awards are given to 4-H members at Expo. Award applications are available to leaders in the spring for nominations. Applications can be found at <u>www.4HFFAexpo.org</u>.

Some 4-H members are eligible to apply for trips. Upon submittal of a member's 4-H record book to the State 4-H office in June, 4-H members who have reached the age of 15 prior to January 1st, may be selected as a delegate for National 4-H Congress in November. Delegates will be awarded a portion of the trip cost by the Arizona 4-H Foundation. Announcements for the trip and award applications are in the 4-H **Clover Communicator** as they are available.

### **SCHOLARSHIPS**

There are a number of Arizona 4-H Foundation scholarships available to 4-H members. Almost all applications are due on January 15th. Scholarship packets are available around November 1st each year in the Extension Office or on the website, <u>http://cals.arizona.edu/4-</u> <u>h foundation/scholarships.html</u>. Some individual clubs offer scholarships. Check with your club leader for deadlines and application processes.

The EXPO Committee awards the following scholarships at EXPO: Mandi Michaels, Karen Clingman Memorial Award, and 4-H/FFA College Scholarship. These are judged independently and more than one may be earned.

### THE ROLE OF A 4-H PARENT

Purpose: Provide support to your child in 4-H.

#### **Responsibilities**:

- \* Help your child enroll in the 4-H club and meet the 4-H requirements.
- \* Help your child select one or more suitable 4-H projects to complete.
- \* Make sure your child attends the 4-H club meetings in accordance with your community club's attendance policy.
- \* Provide or arrange for transportation.
- \* Help your child to complete any 4-H responsibilities for which he/she has volunteered or been selected.
- \* Help with at least one 4-H club activity during the 4-H year.
- \* Volunteer, don't wait to be asked.
- \* Support your child's 4-H project work.
- \* Make sure your child attends any project workshops.
- \* Help your child gather any materials needed.
- \* Help your child complete one or more items for exhibit and make sure he/she can exhibit them at the 4-H/FFA EXPO
- \* Help your child complete, and turn in on time, 4-H member and project records.

### Assistance is Available from a Variety of Resources:

- 1. 4-H Community Club Leader
- 2. 4-H Project Leader
- 3. Teen Leaders
- 4. Experienced 4-H Parents
- 5. 4-H Project Manuals
- Yavapai County Extension 840 Rodeo Dr. Bldg #C Prescott, AZ 86305 928-445-6590
- 7. Yavapai County 4-H Website: https://extension.arizona.edu/4h/yavapai
- 8. Yavapai County 4-H Facebook Page: https://www.facebook.com/YavapaiCo4H

### Time Commitment:

One 4-H year includes about 1 - 2 hours per month for club meetings and whatever time you choose each month for 4-H project work. Youth will have a better experience if they put more time into it.

### Benefits:

Help your child learn and grow, share experiences with your child, improve relationships with your child, make a contribution to youth in your community, and develop a sense of accomplishment.

### Qualifications:

- Interest in child's activities.
- Commitment of time and energy to 4-H members.
- Ability to assist but still allow the member to do his/her own work.

### 4-H BASICS: WHAT'S EXPECTED?

Regular 4-Hers (ages 9-19) may enroll in as many 4-H projects and/or clubs as they choose. To enter a specific club project they must enroll in the project club for that project. General projects may be completed through any 4-H community club.

- Most clubs meet once a month for an hour or so, beginning in October. These clubs are led by volunteers. Youth should plan to attend meetings.
- Clubs have members, ages 9-19, meeting all together. **Cloverbuds** meetings are typically held at community club meetings. Check with your community club leader on the attendance policy.
- Attendance at club meetings is at the discretion of the community club or project leader. However, it is the responsibility of the 4-H'er to check with the club leader and/or other 4-H club members for instructions that may have been missed at a club meeting. Leaders may offer incentives and/or rewards to members who attend meetings. Youth who actively participate gain the greatest benefit from the 4-H program.
- Youth must enroll every year for each club they join. The County Enrollment fee is \$25. Enrollment is due by February 1st to be eligible to show at EXPO for market animals. All enrollment forms must be signed by a parent or guardian and fees paid in order to complete.
- Club leaders will pick up project manuals from the office for 4-Hers based on the projects in which they choose to enroll.
- Youth complete their projects at home with the help of a parent.
- It is the responsibility of the 4-Her to complete the proper requirements for his/her grade and to prepare the project in the correct format. If you have questions, seek help from your club leader or the Extension Office.
- Youth will bring their project and/or paperwork to their leader on a scheduled date prior to EXPO to verify completion.
- Youth enter their projects on the scheduled Ear Tagging Day. All livestock get ear tagged, but all other entries are due at this time, too.
- Check the 4-H website, the 4-H Clover Communicator, or with a club leader for upcoming deadlines and important information.



#### **FREQUENTLY ASKED QUESTIONS**

#### What if it's after the February 1st deadline? Can I still join?

The February 1st date allows you to enroll and show in the 4-H/FFA Expo in the fall. Enrollment can be accepted at any time in the year, but the 4-H year ends September 30th. Some clubs or projects may have earlier deadlines.

#### What is the cost to join 4-H?

There is a \$25 County Program Fee to join 4-H. This fee covers the cost of member and project pins, insurance, and basic operational costs. The supply costs to complete your project are the responsibility of the 4-H family. Some clubs may have additional dues to cover educational materials.

#### Can I enroll in more than one project?

Absolutely! But keep in mind, a project record must be completed for each project you are enrolled in.

#### Are Cloverbuds allowed to handle animals?

Yes, Cloverbuds are allowed to handle animals as it pertains to petting and learning about animals. This should be conducted under direct supervision of adults or teen leaders. According to University of Arizona 4-H policy, only 4-H members (ages 9-19) are allowed to have livestock projects. This includes small stock and horses. **Cloverbuds are not allowed to show and sell animals or any 4-H project under any circumstance.** 

#### When are the horse shows?

Yavapai County 4-H horse shows are held throughout the year. Our county offers 2-3 horse shows during the 4-H year. Exhibitors qualify for the AZ 4-H State Horse Show in the fall by earning the highest points at 2 out of 3 shows in their division and class. Additionally, horse members must take a Level 1 riding test if they want to show at any level above county level. For more information, please visit the Yavapai County 4-H Animal ownership webpage at https://extension.arizona.edu/4h/yavapai/animal-ownership.

#### Can my friend bring my project to EXPO or pick it up?

Yes! We appreciate projects being checked in and picked up on time. Be sure whoever is coming to the rodeo grounds to pick up your project knows what they are picking up and where it was displayed during EXPO.

#### What if I forget to pick up my project after EXPO?

We keep leftover EXPO projects for approximately two weeks after the EXPO fair before discarding them. We move the indoor projects to the Extension Office late on check-out day, and cannot guarantee that projects left after check-out day will not be damaged in transit.

### WHAT IS THE 4-H LINGO?

**Action Demonstration:** Some projects have an action demonstration as an optional activity. These activities show how to do something as a way to enhance oral presentation skills. An action demonstration generally involves some audience participation and so differs from a regular demonstration.

**Arizona 4-H Foundation:** Established at University of Arizona to accept contributions to benefit the educational efforts of the State and County 4-H programs. You may designate gifts to the State 4-H program or a specific County 4-H program.

*Cloverbuds:* Traditional 4-H begins in the third grade (age 9) and is directed at the County level with direction from the State 4-H program office. Cloverbuds is the county directed program that allows youth ages 5-8 to participate throughout enrollment in a Cloverbuds program.

**Code of Conduct:** The 4-H program expects members and leaders to model positive behavior at all sponsored events including club meetings. EXPO participation, good sportsmanship and ethical decisions are principles valued by the 4-H organization. All adults are required to sign a Code of Conduct document as part of the volunteer acceptance process. Violation of the principles listed may be grounds for dismissal from the 4-H program.

**Committees:** Adult and youth volunteers may assist in the planning, conducting and evaluating of various components of the County 4-H program. Learn how you can participate. Contact your County Extension Office.

**Community Service:** Giving back to one's community through service helps 4-H'ers carry out their pledge "to larger service." Service begins in your club, but can extend into county, regional, state, national and global efforts.

**Demonstration:** Members may prepare a demonstration to deliver at the club, county, area or state level to enhance oral presentation skills. A demonstration must fall into one of the listed categories and show how to do something so differs from a speech. Contest opportunities include: County, Area and State Fair Contests.

**Enrollment:** Your child must enroll with a club and project(s) by your club's 4-H enrollment deadline to be eligible for full county 4-H opportunities.

**Exchange Programs:** Participate in a great cultural experience outside of Arizona. Host an international participant or travel abroad yourself. Arizona participates in a Japanese Exchange program during the summer.

**Experiential Learning:** Simply put this is Learning by Doing the 4-H Way through hands-on and mind-on projects, programs and experiences. Members **DO** activities, **QUESTION** results, **CONNECT** to self and others, and **USE** experiences in daily life.

### 4-H LINGO, con't.

**Extension Agent or Personnel:** The University of Arizona Extension 4-H Youth Development professionals give leadership to the development, implementation and evaluation of the county 4-H program. These individuals manage, teach, facilitate, mediate, mentor, plan and deliver positive youth development programs through a variety of delivery methods with a volunteer core.

**Fashion Revue/Public Show:** 4-H members model outfit sewn and/or purchased through their Sewing and Consumer Clothing project experience. Outfit must include garment(s) sewn and/or purchased, and selected accessories to complete a "Total Look." \*Not currently offered yet.\*

*Health Form:* 4-H will ask members participating in camps, overnight trips, and high-risk activities, and their parent/guardian to complete a health form. These forms help in obtaining medical treatment if necessary.

*Judging Contests:* Individuals and a team of three to four members evaluate classes of four animals in a competition. Participants place the class, answer questions and give a set of oral reasons. Judging contests include: Dairy, Horse, Livestock and Poultry.

*Junior Leaders:* Junior Leaders are leaders within their club for young people ages 13-19. Junior Leaders develop leadership qualities through their experiences in meetings, activities, and community service projects.

*Officers:* Members lead the club through holding office positions, chairing and serving on committees. 4-H officers could include: President, Vice President, Secretary, Treasurer, Historian, News Reporter, Recreation Leader, Song Leader, Devotions Leader and Health & Safety Officer.

**Permission Forms:** 4-H will ask members participating in camps, overnight trips, and high-risk activities, and their parent/guardian to read, sign and submit permission forms.

**Project:** Members use manuals to explore a topic or area of interest through hands-on activities, sequential learning experiences, goal setting and evaluation. 4-H'ers keep records and documentation of project experiences in a Project Book.

**Project Judging:** Evaluation of a project member's knowledge through interview with an adult judge, review of project book records or exhibit of project item and/or educational display.

**Project Requirements:** Outlines the possession dates, deadlines, project guidelines, resources, EXPO rules, judging dates, county and beyond county opportunities and much more. Format and delivery varies between counties.

**Public Speaking:** Members may prepare a speech to deliver at the club, county, area or state level to enhance oral presentation skills. Contest opportunities include: County, Area and State Fair Contests.

**Release of Liability Form:** Parents must sign annually a release of liability form before participation in 4-H club activities.

### 4-H LINGO, con't.

*Scholarships:* Members that are high school seniors may apply for county and/or state 4-H scholarships to assist with their future career education goals. Applications are due in early January.

*Skillathon:* Evaluation of livestock, horse and dog member's project knowledge through participating in hands-on skill stations that allow the member to apply knowledge/skill to real word situations.

**State Fair Project:** Member(s) may enter exhibits at the state level to represent the county at the Arizona State Fair for a given non-livestock project or project area. Counties may select members to represent them if the project has a State Fair class.

**Volunteer or Club Advisor:** Dedicated, enthusiastic, caring adults who have completed the screening process by County Extension Office. The current Arizona 4-H Volunteer Certification process includes a written application, federal background check, presentation of a government issued photo ID, and signing the Yavapai County 4-H Code of Conduct document.

### **OTHER WAYS 4-H PARENTS CAN HELP**

- 1. Learn about 4-H: what it stands for, how it operates, and how it is funded.
- 2. Advise your child in selecting 4-H projects.
- 3. Show your interest and enthusiasm the projects selected. Find out what is suggested for members to do and learn.
- 4. See that when a project is started, it is also completed.
- 5. Encourage your 4-Her when he/she succeeds and provide even more encouragement when he/she fails.
- 6. Be an example! Help your 4-Her to be a good sport and appreciate the successes of others.
- Keep informed about 4-H by reading information that comes to members of your family. Be a 4-H booster in your community.
- 8. Make 4-H club work FAMILY work, but let youth do their own work and carry their projects to completion. Be their guide only.
- 9. Provide transportation to local meetings and county events in which your child and others of the club are interested. Provide refreshments for meetings or special functions. Don't wait to be asked; just volunteer this help!
- 10. Attend 4-H meetings and other special events.
- 11. Help your 4-Her find a way to participate in special events that interest him/her such as county contests, workshops, fairs, displays, or shows.
- 12. Support your local 4-H leaders. Get acquainted with them. Let them know you appreciate their efforts.
- 13. Offer your services to assist local leaders. You have knowledge and skills that are needed in 4-H.
- If the need arises, help find local leaders for your 4-H club. Several kinds of leaders are needed: organizational, project, and activity leaders. Consider helping in one of these ways yourself. Volunteer applications are available in the Extension Office.
- 15. Remember that the real object of 4-H is to develop your sons and daughters into finer citizens. The way they work on projects, participate in meetings, and conduct themselves at competitive events, etc., will help set work and character standards for the rest of their lives.



### **MY FAMILY'S CLUB INFORMATION**

My Family's Club Name:	
Community Club Leader:	
Community Club Leader's Number:	
E-mail:	
Address:	
Meeting Dates/Times:	
Meeting Location:	
Project(s):	
Project Leader(s) and Numbers:	
Project Meeting Dates/Times:	
Project Meeting Location(s):	

## **PARENT'S 4-H PLEDGE**

I pledge my...

HEAD to give my child the information I can, to help him/her see things clearly and to make wise decisions.
HEART to encourage and support my child no matter whether he/she has successes or disappointments.
HANDS to help my child's club; if I cannot be a volunteer, I can help in many equally important ways.
HEALTH to keep my child strong and well for a better world through 4-H, for my child's club, our community, our country, and our world.

