

Mentor Training April 26, 2023

Version 1.0



Agenda

- Welcome & Introductions
- Mentor Program Overview
- Responsibilities (Mentor, Mentee, Mentor Coordinator)
- Mentoring Expectations
- Behavioral Styles
- Additional Mentor Info
- Open Forum
- Forms
- Important Dates





Cindy Pitcher



Purpose of Mentor Program

- To support and assist Associate Master
 Gardeners as they acquire their certification
 hours and become part of the MG community.
- You are not their garden guru your support is primarily to help them get the information they need and to help them feel welcome.





Mentor Criteria

 Mentors must be certified Master Gardeners who have an "active" status and attend monthly MGA meetings.



 Mentors will receive volunteer hours for time spent in the mentor process.



Mentor Responsibilities





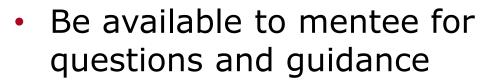
- ■Attend May 24th session (mentees will also participate)
- ☐ Check-in periodically with Mentor Coordinator
- Maintain periodic contact (phone call, email, card) with mentee through the first year of the certification process







More Responsibilities





- Encourage mentee to attend monthly MGA meetings and if possible, carpool with the mentee
- Respond to e-mails from Mentor Coordinator (i.e. status to Cindy Pitcher)
- Participate in mentee's recognition of certification when awarded at MGA meeting

Additional Expectations

- Review mentee Volunteer information sheet
- Be familiar w/available volunteer activities or ask questions
- Help mentee identify volunteer opportunities of interest to them
- Help mentee connect w/appropriate person when volunteering, e.g. what chair/coordinator to contact



Mentee Responsibilities

- Attend the Certification Workshop on May 24th
- Communicate with you, their mentor, during the certification year



What is a MG Mentor?



A mentor:

- Is an advisor
- Is a guide, coach, and role model
- Has knowledge or expertise to encourage mentee's ability
- Is willing to give what he or she knows without expectation of reciprocation
- Represents accomplishment, knowledge and skill

We make a living by what we get, we make a life by what we give."

Winston Churchill



Anyone Can Mentor

- There is no specific formula to integrate the proper personal and professional qualities to create a successful mentoring relationship
- Some individuals are attracted to opposites; others are attracted to those with similar interests, styles and backgrounds



Getting Acquainted with Mentee



Introduce yourself to your mentee; be confident and smile

Learn how to pronounce the mentee's name; write it down correctly and phonetically

Use positive reinforcement to encourage your mentee

Give your mentee the confidence that you will be dependable and will be in contact with him/her on a regular basis

Accept your mentee as she/he is; be nonjudgmental and maintain an attitude of generosity

Help your mentee to understand the meaning and value of goal planning; get your mentee to think about their certification plan



Effective Mentors

 Offer support, challenge, patience, and enthusiasm while you guide your mentee to new levels of achievement

 Although you may be more knowledgeable and experienced, do not view yourself as superior to your mentee(s)





Communicating and Connecting

- Forget yourself
- Ask questions
- Find out what mentee is interested in and run with their subject
- Offer genuine compliments and receive compliments graciously
- Smile make eye contact and practice welcoming body language
- Listen carefully and remember details
- After mentee volunteers for an event, ask about their experience



Mary Barnes

Behavioral Styles



Behavioral Styles

Dominant

Formal

CONTROLLING



Characteristics

Take Charge Decisive Results Focused

Potential Liabilities

Impatient Insensitive Autocratic

ANALYZING



Characteristics

Thorough Organized Good Planner

Potential Liabilities

Indecisive Too Detailed Not A Risk Taker

PROMOTING



SUPPORTING



Easy -Going

Characteristics

Stimulating Inspirational Idea Generator

Potential Liabilities

Impulsive Poor Follow Through Poor Planning

Characteristics

Team Player Consensus Builder Relationship-Oriented

Potential Liabilities

Too Agreeable Avoids Conflict Not Demanding Enough

Informal



Mentee's Style

In Public Outreach Training (May 10th)

- Will explain behavioral styles
- Will give examples of how styles can be used to help them find volunteer activities they will enjoy















"Task oriented" people like to do specific tasks



"People oriented" people like to interact with others

- Structured people like to have a plan
- Unstructured people like to have options



Additional Mentor Info

- ☐ Speakers Bureau -
 - Speaker guidelines, presentations, and reference documents are on the website
 - All materials created as Volunteers are property of Extension & may be used by other MGs
- □ Free on-line tutorials are available https://it.arizona.edu/service/ua-computer-based-training
- ■Know how to find info on our website https://extension.arizona.edu/yavapai



When Mentee Reaches 50 Hours

- Message is sent to Lee Atonna for Connections newsletter w/cc to mentor, Cindy Pitcher & Cathy Michener
- Mentor makes congratulatory contact with mentee
- Nametags and certificates may be presented at an MGA meeting, personally presented by mentor, picked-up at Ext Ofc, or mailed.
- Membership chair informs mentee they can now order logo wear



Hours Reporting

- Encourage mentee to report hours monthly, not wait until the end of the calendar year to send all 50 – takes a while to get nametag
- They will be given instructions on May 10th

FYI

- If mentee asks a question or if Mary sends them a message about hours, etc, the mentor may be bc'd
- MGs are dropped from the MGA Directory, email distribution, etc. if no hours reported in 12month period (also moved to inactive status & deleted from DCC system)



Open Forum

- Are you a new mentor?
- What if mentee does not respond?
- Experiences of previous mentors
- Following up w/mentee after first couple volunteer experiences to ask how it went
- Additional concerns?



Discussion



 Suggestions for communicating with mentee during social distancing

 Brainstorm examples of volunteer activities the 2021 class can engage in during the social distancing this summer

Important Date

- Contact your mentee(s) before May 24th
- May 24th Certification Training (mentors need to participate); volunteer sign-up opportunities; MGA members invited at 11:30; lunch provided



"A lot of people have gone further than they thought they could, because someone else thought they could." Author Unknown

"Thank you for volunteering to be a mentor. We are here to support and help you through the process."

Cindy Pitcher