Dear 4-Her’s, Families, Volunteers, and Leaders,

As Fair approaches feel free to reach out to the office with any questions or support that you may need. Just remember that the objective of 4-H is to provide positive youth development opportunities to the youth in our program. We aim to have a positive affect on our 4-H members through the Essential Elements of 4-H which include Belonging, Independence, Generosity, and Mastery. **There is a lot of information in this edition of the Green Sheets, don’t miss out!**

Best,

*Ashley Jeffers-Sample and Josh Moore*, 4-H Agents

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*Food for Thought*

“Ability is what you're capable of doing. Motivation determines what you do. Attitude determines how well you do it.”

- Lou Holtz
Event Breakdown

March 6th– Sales Committee- 7:00 PM (PCCE)
March 10th- Cavy Show Clinic- 8:30 AM (Vaquero Feed)
March 10th-11th– Tucson Festival of Books (University of Arizona)
March 12th– Montana State Exchange Meeting- 6:00 PM (PCCE)
March 12th– Small Stock Leaders’ Meeting—7:00 PM (PCCE)
March 14th– Shooting Sports Leaders’ Meeting—7:00 PM (PCCE)
March 15th– Swine Committee Meeting- 6:00 PM (PCCE)
March 17th– Muzzleloading Competition- 8 AM (Fairgrounds)
March 17th– Shotgun Noon- (Fairgrounds)
March 17th– Horseless 4-H—(Fairgrounds)

March 20th– Sheep & Goat Leaders’ Meeting—7:00 PM (PCCE)
March 21st– Dog Leaders’ Meeting—7:00 PM (PCCE)
March 24th– Small Bore Competition- 7:00 AM (Fairgrounds)
March 24th—Rabbit Cavy Classic (CAC)
March 25th– Air Rifle Competition- 8:00 AM (Fairgrounds)
March 26th– Volunteer Training 5:45 PM (PCCE)

For more information on any of the events, contact the county office. 520-626-4151
What's Going on This Month?

**Solar Clovers 4-H Project**

**Who:** 4-H members, parents, and leaders who are interested in hands-on STEM projects.

**What:** Hands on project that allows 4-Hers the opportunity to explore STEM and renewable natural resource projects.

**When:** March 24th, 9 a.m.

**Where:** AGTM Lab 4101 N. Campbell Ave.

Questions? Email jdmoore@email.arizona.edu

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**BEE KEEPING PROJECT**

**Who:** Youth ages 14 and up

This project will cover the basics of beekeeping by providing comprehensive information and hands-on experience to help you start, maintain and care for a honeybee colony. They will also build a hive and show it at the Pima County Fair, and suit up in bee gear to observe the Tucson Village Farm beehive!

**Instructor:** Lucas Schvindt, Southern Arizona Beekeepers Association

**When:** March 18th (10:00-11:00 AM), March 24th (10:00-11:00 AM), March 31st (Build a Hive 9:00-11:00 AM), April 8th (Beehive Day 9:00-11:00 AM)

**Where:** Tucson Village Farm, 4210 N. Campbell Ave.

For more information contact Natalie Shepp at nshepp@cals.arizona.edu

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**SUSTAINABLE LANDSCAPES EXPO**

**Saturday, March 17, 2018**

**10:00 am – 4:00 pm**

**4210 N Campbell Ave, Enter on Roger Rd East of Campbell Ave**

Come check out this Cooperative Extension Event! Activities include a drip irrigation display, low water vegetable gardening, water saving technology, sustainable housing, choosing shade trees, when to prune in Tucson, and efficient water landscape design tips. In addition, a variety of 30-minute workshops on topics such as plant propagation and heat proofing your garden will be held throughout the day.

Also enjoy food trucks, a water station, an inflated obstacle course and musical entertainment!

For event updates and more information, visit [facebook.com/PimaSmartscape](http://facebook.com/PimaSmartscape)
BODY POSITIVE PROJECT

THE PROJECT INCLUDES GUIDED GROUP DISCUSSIONS, YOGA, MEDITATION, BREATHING TECHNIQUES, AND OTHER MINDFULNESS PRACTICES THAT HELP CREATE, MAINTAIN, AND PROMOTE EMOTIONAL WELLNESS AND A POSITIVE SENSE OF SELF.

WHEN: MARCH 20TH AND 27TH, 4:30-6 P.M.
WHERE: COOPERATIVE EXTENSION CONFERENCE ROOM, 4210 N. CAMPBELL AVE
FOR MORE INFORMATION CONTACT NATALIE SHEPP AT NSHEPP@CALS.ARIZONA.EDU OR 520-626-5161

CAN’T FORGET ABOUT OUR MONTHLY VOLUNTEER TRAINING

All of you current volunteers, those applying, or those interested in becoming a volunteer.

This training will provide you with a better understanding of 4-H’s partnership with CALS, the basics of a 4-H club, and Risk Management/Incident Reporting. You will also be provided with a Volunteer Handbook.

Our upcoming trainings will be March 26th and May 21st. Starting at 5:45 PM at the Pima County Cooperative Extension Office.

Please RSVP to ajefferssample@email.arizona.edu

ARIZONA COOPERATIVE EXTENSION WEBSITE UPDATE

The Arizona Extension website along with the Pima County 4-H website have now been updated. There will be a few changes in style however the content will be similar and updated shortly.

Congratulations to the Tucson Village Farm!!

The Tucson Village Farm is received the 2018 Angel Charity for Children Grant!

This amazing opportunity will provide the Tucson Village Farm will nearly a half-million dollars to fund a teaching kitchen and educational space.

Congratulations to 4-H Agent Liz Sparks and the entire Tucson Village Farm Team.

Do you have something you would like included in the Green Sheets (a club fundraiser, pictures of Pima County 4-H Youth) if you do, feel free to email ajefferssample@email.arizona.edu with what you would like to see included.
Buyer Letter Writing Competition!!!!

Who: All members in 4-H or FFA that plan on selling animals at the sale
CASH PRIZES WILL BE GIVEN TO THE WINNERS
All you need to do is mail in a copy of your buyers letter by March 12th.
For more information about the contest visit the Pima County Website and check out the Fair Packet
Kristen McGurk also holds her county famous Letter Writing clinic. For more information contact her at thriftaddict1@gmail.com

AZ Beef Ambassador

Save the date! April 28th! Applications due April 13th!

The AZ Beef Ambassador program is a scholarship program and the winners are the official youth representatives of the AZ State Cowbellew (ASC) and the beef industry.

The Ambassador will travel the state sharing the story of beef from plaster to plate with consumers and students.

For more information regarding the contest or to download the application visit the website:
http://arizonacowbelles.org/arizonabeefambassdorprogram.aspx

Saturday March 10th, 2018
Check in at 8:30 am
Show starts at 9 am

GCSCC BREED SHOW
PRE FAIR SHOWMANSHIP
CAVY SHOW CLINIC
Breed Show Entry Fee: $3.00 per entry
All breed show entries will allow each member to participate in the showmanship practice
Entries are Due by March 7th, 2018
Location: Vaquero Feed
3301 N. Freeway
Tucson, AZ 85705
Email Entries To: phyllisripley@yahoo.com

4-H Dairy Annual Educational Potluck & Clinic

When: March 10th, 1:00-4:00 PM
Where: CAC (Campus Ag Center)

Please bring a dish to share, your own drinks and plates/utensils for the potluck.

It is recommended to bring your animal(s) we will be working on showmanship, grooming, health and wellness as well as covering the rulebook and making preparations for fair.

Both Dairy Cattle and Dairy Goat projects will have showmanship practice and Q & A from certified 4-H volunteer leaders with extensive dairy backgrounds!
We look forward to a fun filled afternoon with you and your project animals!

Check out this awesome Beef Project Fundraiser. For $20 you can buy your very own license plate, showcasing the Arizona Flag and a Copper steer! For more information or to get your very own license plate contact Micaela McGibbon at kidsandcows@me.com.
Youth Opportunities

Looking For Volunteers!

Pima County 4-H is teaming up with Raytheon to host a 4-H Rocket to the Rescue Exhibit at the Tucson Festival of Books!

Who? 4-H Members and Parents
Why? Promote 4-H and teach others about STEM!
What? Sign up for a 2 hour shift to help build rockets, run the launch pad and talk to the public about 4-H! Get a free t-shirt! Parent Permission is required!
We need all the help we can get!

Tucson Festival Of Books: Science City
March 10th and 11th - 9:AM- 4:30PM

Contact to Volunteer:
Josh Moore
jdmooore@email.arizon.edu
520-626-5161

ARIZONA NATIONAL
Show Off Circuit

The Arizona National Livestock Show is proud to present the first open breed fun show circuit to the public. Anyone with a horse and desire for family friendly fun can show. For more information visit www.anls.org to download the rule book and entry forms. Entries are to be turned in to Arizona National via email. Please send to: vanessa@anls.org.

CIRCUIT DATES AND LOCATIONS

March 10, 2018 | Santa Cruz County Fairgrounds
April 7, 2018 | Horse Lovers Park
May 5, 2018 | Horseshoe Park and Equestrian Centre

*Dates and Locations are subject to change*

Show begins at 8:00AM unless otherwise stated.

Follow us on Facebook and Instagram @aznationals for the most up-to-date information.
Do you ever get hungry while you are at the Fair?

Support Pima County Interstate Exchange youth members by attending one of the following during Fair:

Native Grill and Wings scheduled for Monday 04/23/2018
@ Houghton Town Center

Freddy's scheduled for Tuesday 04/24/2018 from 5-8pm
10205 E Old Vail Rd (Houghton Rd/Old Vail Rd) @ Las Plazas at Old Vail
4H Members and family MUST present flyer, found on following page.
15% of all sales with flyers presented will be donated to

Baskin Robbins scheduled for Wednesday 04/25/2018 from 5-9pm
8140 S Houghton Rd (Fry's Shopping Center - Houghton Rd/Rita Rd)
Pima County 4H (interstate Exchange) receives 20% of ALL Sales/Pre-order Cakes at this event

More sites to come!
Please help us raise money for
Pima County 4H Interstate Exchange

April 24, 2018
5-8pm

Bring this flyer and 15% of sales will be donated.
[10205 E Old Vail Rd, Tucson AZ (520) 647-9816]
**Plan for Summer Camps**

**JOLT**: This Teen Leadership Camp is created for teens 14-18 years old. Come have fun, gain self-confidence, and engage in personal development. Dates are June 11th-15th, Camp Shadow Pines, Heber, AZ. For more information contact-jdmoore@email.arizona.edu

**WILDCAT CAMP**: All youth members ages 9-13 years old, spend 4 summer days with fellow 4-H'ers at James 4-H camp where activities include swimming in the lake, fishing, hiking, and enjoying campfire games. June 30th-July 3rd. For more information contact-ajefferssample@email.arizona.edu

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**Tucson Village Farm Summer Camps**

TVF Offers 5 weeks of Summer camps that allow youth participants to be active, outdoors, and learning life skills!

**First Farmers Session 1**: June 4th – 8th  
**First Farmers Session 2**: June 11th - 15th  
8:00a- 3:00p • Ages: 6-8  
Tuition: $250

First Farmers campers will explore everything that the farm has to offer. From planting seeds, harvesting potatoes, and caring for chickens. To spending time in the kitchen where they will learn how to prepare simple and delicious meal. This is a full farm-to-table experience! All food is include.

**Sprouts Camp** May 29th – June 1st 8:00a-12:00p • Ages: 4 & 5  
Tuition: $180

Sprouts camp is a younger tailored version of First Farmers. Campers will spend their morning exploring the farm and helping with things such as harvesting, planting, watering, and feeding the chickens. When it is warm out they will spend time in the kitchen prepping healthy snacks and doing crafts in the indoor classroom.

**4H Adventure Camp** June 18th – 22nd • Ages 9–14  
Tuition: $395 Optional bus ride to camp: $42 additional (each way)

This quintessential summer camp includes traveling to Prescott, Arizona where activities include exploring the highlands, experiencing mother nature, and enjoying Mingus Mountain. Camp activates will be based on age level but will include: hiking, fishing, lake swimming, biking, and more!

**Farm Flay-va**s! **June 25 – 29th** 8:00a - 3:00p • Ages: 9 – 12  
Tuition: $275

If you enjoy good food then this is the camp for you! Campers will gain delicious and farm-to-table cooking experience! Youth will learn a variety of culinary skills and techniques through hands-on lessons and demonstrations. That’s not all! Visits from guest chefs will be the “Icing on the Cake”!

For more information regarding the TVF Summer Camps, or to sign up visit their website https://tucsonvillagefarm.arizona.edu/register-summer-camp-2018-now or Contact Fiona at fiona.s.davey@gmail.com
### 2018 Pima County Fair
#### Schedule of 4-H and FFA Events & Shows

**Saturday, April 21st, 2018**
- 7:30 AM: Model Rocket Judging - Main Parking Lot
- 8:00 AM: Western Horse Show Check-In
- 9:00 AM: Cavy Breed Show
- 12:00 PM: Cavy Quiz Bowl
- 2:30 PM: Cavy Showmanship
- 3:00 PM: Rabbit Projects - Location TBA
- 6:30 PM: Horse Project Awards Ceremony - Main Barn
- 7:30 PM: Champion Horse Showmanship Show

**Sunday, April 22nd, 2018**
- 9:00 AM: Rabbit Showmanship Begins
- 10:00 AM: Rabbit Breed Show
- 12:00 PM: Market Swine Check-In
- 3:00 PM: 4-H Farm Olympics
- 3:30 PM: Swine Quiz Bowl

**Monday, April 23rd, 2018**
- 4:00 PM: Breed & Crawford Show - Obstacle Course to Follow
- 5:00 PM: Small Stock Auction Forms for Pygmy Goat Due to Project Coordinator
- 7:00 PM: Small Stock Auction Forms for Newborn Lambs
- 8:00 PM: Small Stock Auction Forms for Poultry
- 9:00 PM: Small Stock Auction Forms for Sheep and Goats

**Tuesday, April 24th, 2018**
- 8:30 AM: Market Goat Exhibitor Picture
- 9:00 AM: Market Goat Show - Showmanship & Breeding Boer to Follow
- 10:00 AM: Pigeon Showmanship Show
- 3:00 PM: Swine Project Exhibitor Meeting - RAMADA

### Fair Work Days:
- April 7th
- April 14th

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**Project Coordinators**
- Beef: Nicole McKibben
- Pigeon: Michelle Boyer
- Cavy: Susan Jones
- Personality: Laura Levin
- Dairy: Sonya Weeks
- Poultry: Jill Paine
- Dairy Goat: Joey Young
- Pygmy Goat: Charleen Crawford
- Dog: Lynell Ellis
- Sheep & Goat: Kristen McCork
- Horse: Jodie Bagley
- Shooting Sports: Alan Young

**Old Pueblo Hall Superintendent**
- KC Dates

**Barn and Camping Superintendent**
- Pam Skomski
- Tracy Nelson

**Pima County 4-H Extension Agents**
- Josh Moore, Ashley Jeffers Sample & Elizabeth Sparks
**Hats Off**

**VOLUNTEER HIGHLIGHT**

**Name:** KrisAnn Traicoff  
**Club:** Tierra Homesteaders  
**Role:** Dog Project Leader

**MEMBER HIGHLIGHT**

**Name:** Violette Donnelly  
**Club:** Sweetwater Riding Team  
**Projects:** Horse

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**4-H Youth Development Team Contact**

- **Joshua D. Moore** - 4-H Youth Development  
  Email: jdmoore@email.arizona.edu

- **Ashley Jeffers-Sample** - 4-H Youth Development  
  Email: ajefferssample@email.arizona.edu

- **Elizabeth Sparks** - 4-H Youth Development  
  Email: esparks@ag.arizona.edu

**4-H Office Phone:**  
(520)-626-5161  
**Office Hours:**  
Monday-Friday 9 AM-1 PM and 3 PM-4PM  
*tentative to change depending on schedule

**Website:** [https://extension.arizona.edu/4h/pima](https://extension.arizona.edu/4h/pima)  
**GO LIKE US ON FACEBOOK:**  
[@PimaCounty4H](https://www.facebook.com/PimaCounty4H)