



Pima County 4-H Green Sheets



Dear 4-Her's, Families, Volunteers, and Leaders,

As Fair approaches feel free to reach out to the office with any questions or support that you may need. Just remember that the objective of 4-H is to provide positive youth development opportunities to the youth in our program. We aim to have a positive affect on our 4-H members through the Essential Elements of 4-H which include Belonging, Independence, Generosity, and Mastery. **There is a lot of information in this edition of the Green Sheets, don't miss out!**

Best,

Ashley Jeffers-Sample and Josh Moore , 4-H Agents



In This Issue:
**March
Calendar**

**AZ Nationals
Show Off Circuit**



OPH Contests

All Things Fair

**Plan for
Summer
Camps**



HEAD



HEART



HANDS















HEALTH

Food for Thought
"Ability is what you're capable of doing. Motivation determines what you do. Attitude determines how well you do it."
- Lou Holtz



March 2019



| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|--|-----|--|---|-----|--|
| | | | | | 1 | 2  |
| 3 | 4 | 5 | 6 | 7 | 8 | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16  |
| 17 | 18 | 19 | 20  | 21  | 22 | 23  |
| 24  31  | 25  | 26 | 27  | 28  | 29 | 30  |



Event Breakdown



- March 16th**– Rabbit Cavy Classic-8:00 AM (CAC)
- March 20th**– Dog Leaders’ Meeting-7:00 PM (PCCE)
Call information.
- March 21st**– Montana State Exchange Meeting-
7:00 PM (PCCE)
- March 23rd**– Smallbore Competition and Airgun range set
up- 7:00 AM (Southeast Regional Park)
- March 23rd**– Swine Clinic- 8:00 AM (CAC)
- March 24th**– Airgun Competition– 8:00 AM
(Southeast Regional Park)
- March 26th**- Volunteer Training- 6:30 PM (PCCE)
- March 27th**–Media Corp Information Night-
6:00 PM (PCCE)
- March 27th**–Beef Project Meeting- 6:30 PM (PCCE)
- March 28th**–Fair Ambassador Info Session-6:00PM(PCCE)
- March 28th**–Beef Project Meeting-6:30PM (PCCE)
- March 23rd**– Shotgun Competition- 12:00 PM
(Southeast Regional Park)

March 31st– Swine Clinic- 8:00 AM (CAC)
(Fairgrounds)
For more information on any of the events,
contact the county office. 520-626-4151

FAIR WORK DAYS
April 6th and 13th



What's Going on This Month?



Early Registration-
March 12th
\$6 per contest

Contests include:
Demonstration, 4-H
Creed, Prepared
Speech & Impromptu
Speech

Visit the Website:

<https://extension.arizona.edu/events/2019-03-16/state-4-h-communication-day>

Prepared &
Impromptu Speech
are senior qualifying
events for 2020
Western National
Roundup

STATE 4-H COMMUNICATION DAY

March 16th, 2019
Maricopa County Cooperative
Extension Office

Volunteer Orientation

March 25th, 6:30-7:30

at the Pima County Cooperative Extension Office

Open to all current and applying volunteers. Review basics of a 4-H Club, resources available, risk management, and more.

Must RSVP to kchunter@email.arizona.edu



Large and Small Stock Corner



2019 Gila County 4-H Small Stock Show

Open to all 4-H and FFA members!
March 23rd, Gila County Fairgrounds
Raffle, Dress up Contest, Quiz Bowl and
more!

For more information visit:

<https://extension.arizona.edu/events/2019-03-16/state-4-h-communication->

Come Support the Rabbit Cavy Classic

March 16th at the University
of Arizona Campus Ag. Center
Show starts at 8:45.

Stop by at lunch and grab something
at the Food Booth!



Pima County 4-H and Pima County
Bar V Ranch Partner to bring you

4-H Ranch Management

Want to learn more about ranching?
Fixing fence? Creating a range
management plan or identifying native
plants?

Do you enjoy mapping or would like to play
with GIS to create a ranch map?

If this sounds interesting to you come
learn more about the project at our first
Ranch Planning Meeting, date tbd. The
project has room to customize to your
interests.

Looking for interested 4-H members as
well as volunteers.

For more information or to get
involved with the project please
contact Micaela McGibbon at
kidsandcows@me.com



2nd Annual

Swine Clinic

March 23rd at 9 am.

Campus Ag. Center

Clinic will provide basic hog information as well as
showmanship tips.

Register to Julia Johnston at
pimacountywine@gmail.com

Beef Showmanship Clinic

March 31st 2 pm At
the Campus Ag.
Center

TIPS &
TRICKS





ARIZONA NATIONAL

Show-Off Circuit

MARCH 30, 2019

GENERAL INFORMATION

Welcome to the Arizona National Show-Off Circuit! This is the second season for Show-Off, and there are new opportunities for showing with your friends available! The class list has been updated to include halter, ranch riding and other fun game event. This show is open to all breeds and riders of all ages and riding backgrounds.

LOCATION

Horse Lovers Park
19224 N Tatum Blvd, Phoenix, AZ 85050

SHOW FEES

- Individual Class Fee..... **\$5**
- All Day Fee..... **\$20**
- Mandatory Office Fee **\$10**
- Late Fee (7 days before show) **\$15**
- Late Fee (Day of show)..... **\$20**

Rule book and entry form can be found online at anls.org/show-off

SHOW SCHEDULE

Pre-Registration: Due 7 days before show day
Check-in: 7:00am
Show Start: 8:00am
Classes will run in the order listed.

CLASS LIST

| | |
|---|------|
| Open Stock Type Halter | 1001 |
| Open Pleasure Type Halter | 1002 |
| | |
| Showmanship 13 & Under..... | 1003 |
| Showmanship 14-17..... | 1004 |
| Showmanship 18 & UP | 1005 |
| ***20 min Warm-up*** | |
| W/T Hunter Under Saddle | 1106 |
| Hunter Under Saddle 13 & Under (concurrent with 14-17, 18 &up) .. | 1107 |
| Hunter Under Saddle 14-17 (concurrent with 13 & Under, 18 &up) | 1108 |
| Hunter Under Saddle 18 & UP (concurrent with 13 & Under, 14-17)... | 1109 |
| | |
| Hunter Hack Cross Rail | 1110 |
| Hunter Hack Vertical | 1111 |
| ***10 min Tack Change*** | |
| W/J Western Pleasure..... | 1212 |
| Western Pleasure 13 & Under (concurrent with 14-17, 18 &up)..... | 1213 |
| Western Pleasure 14-17 (concurrent with 13 & Under, 18 &up) | 1214 |
| Western Pleasure 18 & Up (concurrent with 13 & Under, 14-17) | 1215 |
| Ranch Riding 17 & Under..... | 1216 |
| Ranch Riding 18 & Up..... | 1217 |
| ***5 min Game Set up*** | |
| LEAD LINE 8 & Under | 2018 |
| Pairs Discipline Rail..... | 1419 |
| W/T Barrels..... | 1420 |
| Barrels 17 & Under..... | 1421 |
| Barrels 18 & Up..... | 1422 |
| W/T Pole Bending | 1423 |
| Pole Bending 17 & Under | 1424 |
| Pole Bending 18 & Up | 1425 |
| Egg'n'spoon | 1432 |
| Water Relay Race | 1426 |
| Ride-a-Buck..... | 1428 |

For more information contact Show Manager at (602) 740-0018 or vanessa@anls.org

PIMA COUNTY



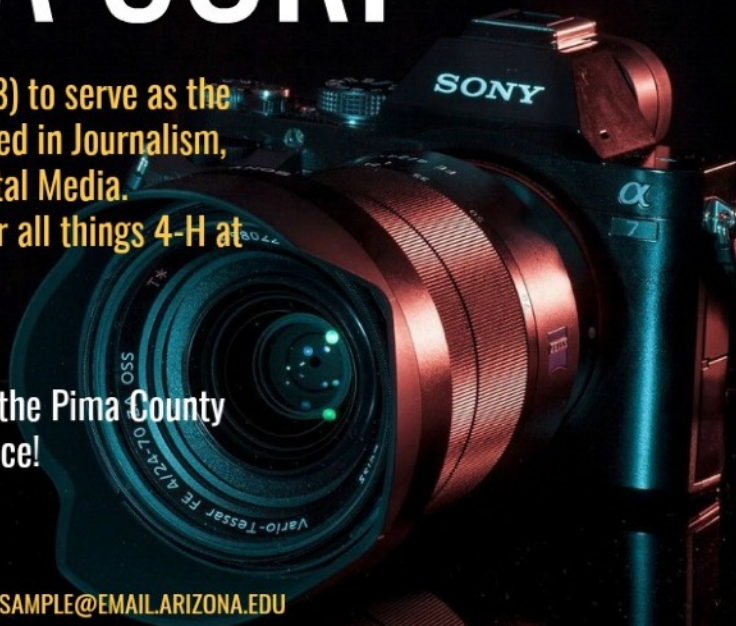
F·A·I·R

PIMA COUNTY 4-H MEDIA CORP

Looking for Senior youth members (14-18) to serve as the 2019 Fair Media Corp. Members interested in Journalism, Marketing, Photography, and Digital Media. Members will be the official press source for all things 4-H at this year's fair!

Information Night March 27th 6 pm at the Pima County Cooperative Extension Office!

FOR MORE INFORMATION PLEASE CONTACT ASHLEY AT AJEFFERSAMPLE@EMAIL.ARIZONA.EDU



4-H Fair Ambassadors

4-H Fair Ambassadors will serve as the promotional face for 4-H at the fair. Ambassadors will provide tours to educate the public about the 4-H program, help with different shows, etc. Members 13-18.



WELCOME TO THE
PIMA COUNTY FAIRGROUNDS

Information Night March 28th 6 pm at the Extension Office
For more information contact Josh at jdmooore@email.arizona.edu

Contests for 4-H, FFA, Leaders, Parents, or Family!



01

"Bling A Plastic Flower"
Make a flower out of recycled
bottles!



02

"Favorite Cookie"



03

"BirdHouse"

For more information and
for entry forms visit:

[https://
extension.arizona.edu/
pima-county-4-h-family-
consumer-science-projects](https://extension.arizona.edu/pima-county-4-h-family-consumer-science-projects)

OLD PUEBLOE HALL CHECK IN DATES:

This year we will have two check in date
opportunities
April 11th 4:30-7:30 pm at the Cooperative
Extension Office
April 13th 9 am- 12 pm at the Fairgrounds



Theme:
Country Pride, County Wide

For more information contact
Ashley Jeffers-Sample at
ajefferssample@email.arizona.edu

OPH ENTRY FORM DEADLINE

Entry forms can be
found in the Premium
Book page 153.

Mail forms to Ashley
4210 North Campbell Ave.
or email them to
ajefferssample@email.arizona.edu

By April 5th



Looking for the
Premium Book? Go
to our website:
[https://
extension.arizona.edu/4h/
pima](https://extension.arizona.edu/4h/pima)

Plan for Summer Camps



Summer Camps

Farm to Fork Culinary Camp: Master Chefs June 24th – 28th

8:00a- 3:00p • Ages: 11-14 Tuition: \$275

This camp will feature our outrageously popular Iron Chef competition and our beloved farm-to-table cooking lessons. Campers will be challenged to attempt more difficult culinary endeavors and tackle more advanced recipes. Our hands-on cooking lessons will encourage campers to use both their technical understanding of cooking and their own personal creativity to create healthy, mouth-watering meals! This camp is perfect for students with an existing knowledge of kitchen basics.

Arizona Youth Preparedness Initiative (MyPI) June 24th – June 28th 9:00a-1:00p •

Ages: 14-19 Tuition: \$25

Campers will receive Community Emergency Response Team training concentrated on learning skills in the following areas: disaster preparedness, fire safety & suppression, disaster medical operation, treatment of injuries, search and rescue, disaster psychology, and more! Not only will the "MyPI" camp allow youth members to build life-saving skill sets, be able to identify hazards, develop emergency kits and communication plans, but also give back to their communities through the "MyPI" service project! At the end of the week, campers will leave with more knowledge as well as CPR and AED Certification.

4H Adventure Camp June 3rd – 7th or June 10th-14th • Ages 9–14

Tuition: \$425 Optional bus ride to camp: \$45 additional (each way)

Due to popular demand, we will be hosting TWO weeks of 4-H Adventure Camp this year. 4-H Adventure Camp is the quintessential summer camp experience! Join us on our annual expedition to Prescott, Arizona where we'll explore the highlands, marvel at mother nature and ponder the ponderosa pines on Mingus Mountain. We will be offering a huge variety of fun camp activities based on 3 different age levels, including hiking, fishing, lake swimming (with a slide!), games, campfires and more!

Bawk, Squak, Livestock! July 8th – 12th• Ages 10–12 Tuition: \$275

Calling animal-lovers near and far! Join us in our very first camp devoted ENTIRELY to the animals on a farm. In the morning campers will get up close and personal with all types of farm animals, learning the ins and outs of best-practice livestock care. When the day heats up, campers will move indoors for hands-on educational lessons, Q&A sessions with livestock professionals, and educational animal care video lessons. If your camper loves farm animals or aspires to raise them one day, they won't want to miss this camp!

Art in the Garden July 15th – 19th• Ages 8–11 Tuition: \$200

Art in the Garden is designed to cultivate creativity and love for nature. This camp will allow kids to learn basic art skills through drawing, painting, photography, and craft making using the farm for inspiration and materials, and to create something beautiful for our garden. Guest artists from the Tucson community will come to teach participants to be young artists and environmental stewards. Campers will wrap up the camp with an art show to exhibit all they've created.

For more information regarding the TVF Summer Camps, or to sign up visit their website

<https://www.eventbrite.com/o/ua-tucson-village-farm-18315377427>

Or Contact Kalee Hunter at kchunter@email.arizona.edu

SUMMER CAMP FUNDRAISERS

**DON'T MISS OUT ON YOUR
OPPORTUNITY TO SUPPORT
TUCSON VILLAGE FARM
SUMMER CAMP SCHOLARSHIPS
FOR KIDS IN NEED!**

- Female Storytellers: Solo March 14 @ 7PM
- La Cocina 10% Tuesday, March 19, 5-10PM
- Tucson Improv Movement: The Game Show Show
March 23, 7:30PM
- Sauce Percentage Night Monday, April 15th, ALL DAY
- Chicken Poop Bingo Sunday May 12th, 3-6PM
- Film Screening of Suicide: The Ripple Effect May 15th,
7PM

Please contact Red with any questions at
red.jessup.1227@gmail.com



JOLT: This Teen Leadership Camp is created for teens 14-18 years old. This Teen Leadership Camp is designed by teens for teens. There is a positive environment that promotes personal development, team building, and self-confidence.

Dates are June 10th-14th, Camp Shadow Pines, Heber, AZ.

For more information visit the website

<https://extension.arizona.edu/journey-opportunities-leaders-tomorrowjolt>

4-H WILDCAT CAMP

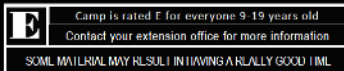
presents

Journey to the Center of Mingus Mountain

The Survival Guide



ESCAPE THE HEAT AND COME JOIN US AT JAMES 4-H CAMP! COME JOIN US FOR HIKING, SWIMMING, FISHING, AND MUCH MORE.
COST PER CAMPER IS \$200.00 PLUS \$35.00 EACH WAY FOR TRANSPORTATION (OPTIONAL)
REGISTRATION MUST BE SUBMITTED TO THE PIMA COUNTY COOPERATIVE EXTENSION OFFICE BY MAY 10TH.



COMING SOON AT MINGUS MOUNTAIN JULY 11th-14th 2019

A Pima, Cochise and Santa Cruz County 4-H Extension Team Production

Please mail all payments to The Pima County Cooperative Extension 4-H office at
4210 N Campbell Ave, Tucson, AZ 85719

WILDCAT CAMP: All youth members ages 9-13 years old, spend 4 summer days with fellow 4-H'ers at James 4-H camp where activities include swimming in the lake, fishing, hiking, and enjoying campfire games. Tuition \$200 transportation cost \$35 each way.

July 11th-July 14th. For more information visit the website for

<https://extension.arizona.edu/4-h-summer-camps>

4-H Youth Development Team Contact

Joshua D. Moore- 4-H Youth Development

Email: jdmoore@email.arizona.edu

Ashley Jeffers-Sample-4-H Youth Development

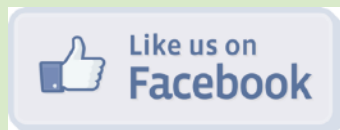
Email: ajefferssample@email.arizona.edu

Elizabeth Sparks- 4-H Youth Development

Email: esparks@ag.arizona.edu

Kalee Hunter- 4-H Youth Development

Email: kchunter@email.arizona.edu



4-H Office Phone:

(520)-626-5161

Office Hours:

Monday-Friday 9 AM-1 PM and 3 PM- 4PM

*tentative to change depending on schedule

Website: <https://extension.arizona.edu/4h/pima>

GO LIKE US ON FACEBOOK:

@PimaCounty4H



THE UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE & LIFE SCIENCES

Cooperative Extension

4-H Youth Development

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Jeffrey C. Silvertooth, Associate Dean & Director, Economic Development & Extension, College of Agriculture and Life Sciences, The University of Arizona. The University of Arizona is an equal opportunity, affirmative action institution. The University does not

Hats Off

VOLUNTEER HIGHLIGHT

Name: Heidi Hales



Club: Tucson
Trailblazers

Role: Dog Project
Leader

MEMBER HIGHLIGHT

Name: Elijah Parent



Club: Little Town
Ranchers & HLA

Projects: High Ropes,
Arts&Crafts,
Beekeeping, Food&
Nutrition,
Photography, Rubic
Cube , Pigeon, Poultry,
Rabbit, Rocketry,
Welding, Grand
Canyon