

Joining Yavapai County 4-H

Shirley Vasovski

Program Coordinator, 4-H Youth Development
University of Arizona Cooperative Extension





Volunteers Make the Difference

- >200 members
- Approximately 60 volunteers



Current Yavapai County 4-H Projects

- Swine
- Beef
- Sheep
- Goats
- Poultry
- Pidgeon
- Cavy
- Shooting Sports
- Sewing
- Outdoor Adventures
- Robotics
- Leadership
- Cloverbuds
- Etc.

Member in Good Standing Requirements

Club Meetings

Project Meetings

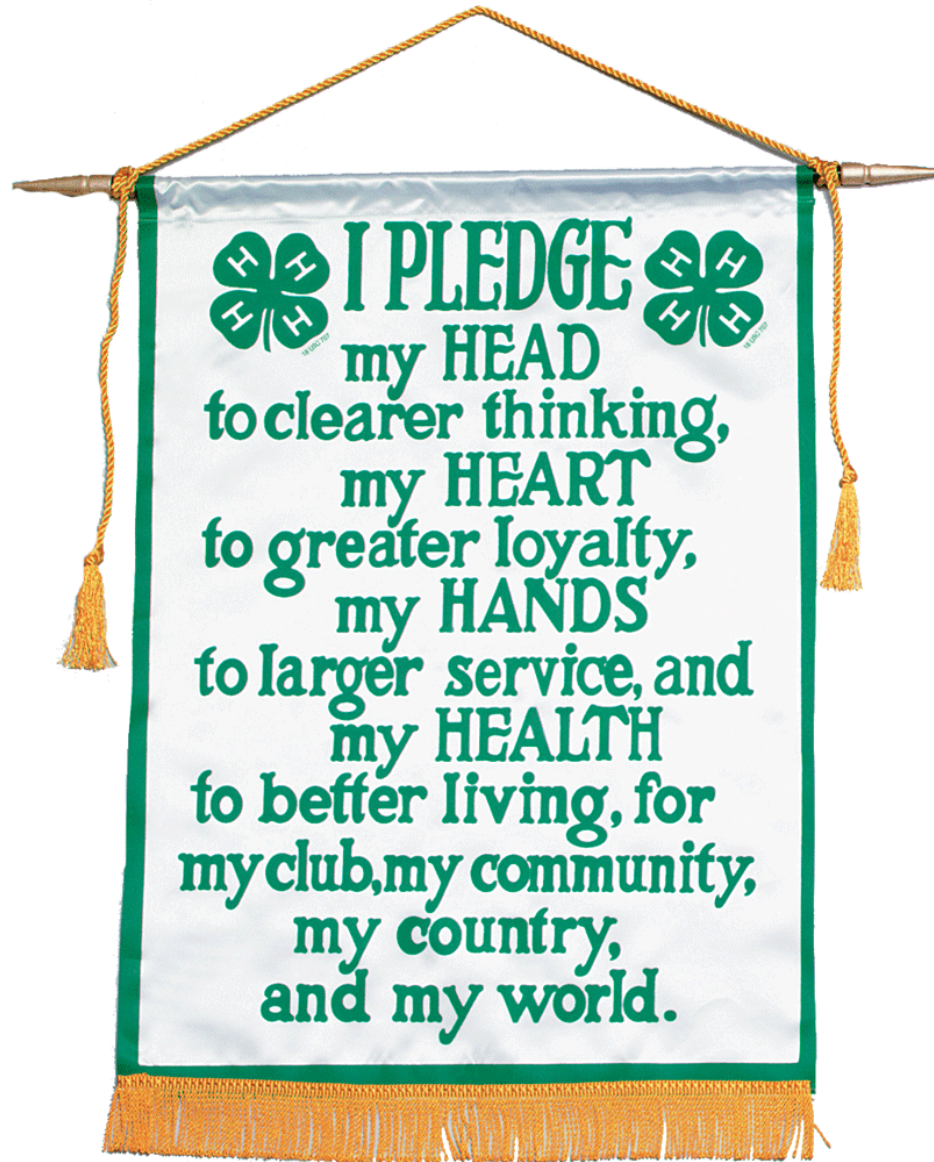
Public Speaking Presentation or Demonstration

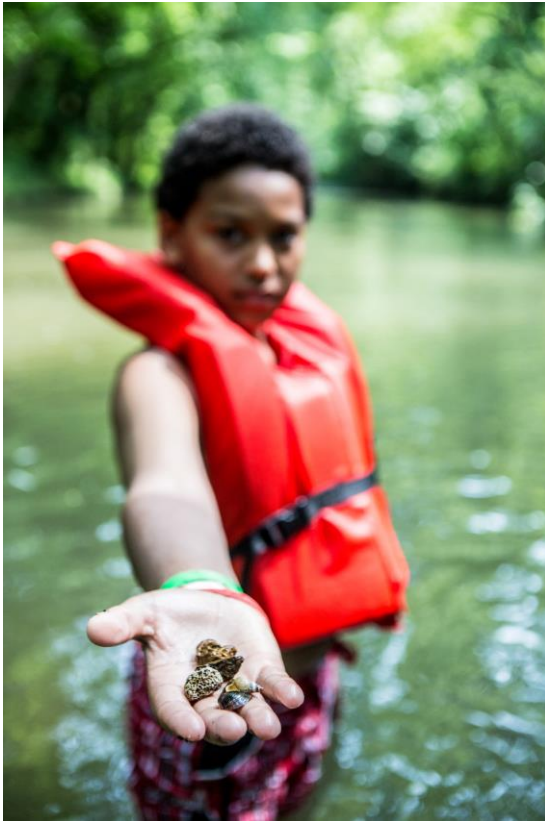
Community Service

Member and Project Record Book



4-H Pledge





Camps, Scholarships and EXPO





What if . . . You could help youth make their dreams come true?

Thank you for asking about the Arizona 4-H program. We are so excited that you are considering our organization for your volunteer commitment. In 4-H, we teach youth and our volunteers to work together to make a difference in their communities. We rely on our volunteers to guide our youth as they gain independence, a sense of belonging, a spirit of generosity towards others, and a variety of life skills.

Arizona 4-H is part of the Cooperative Extension program at the University of Arizona, a land-grant university. Arizona 4-H is open to all youth age 5 – 18. It is the only youth program affiliated with a university. The mission of the land grant university is to provide research-based information and equal opportunities in all programming, including youth development in 4-H.

Nearly 6 million youth nationwide participate in 4-H (<https://4-h.org/about/what-is-4-h/>) through schools, clubs, and camps. Hands-on projects in 4-H include science, healthy lifestyles, citizenship, communication, leadership, decision-making, and more. These projects are led by screened and certified adult volunteers providing youth with a safe place to develop confidence, competence, character, and community spirit. Through 4-H, today's young people become tomorrow's leaders.

Join the team of 500,000 amazing volunteers nationwide who help build tomorrow's leaders!

"4-H has given me the tools to begin a new chapter in my life. It has given me knowledge, experiences, and skills to grow."

Paige Hill
4-H Alumna



A FEW HIGHLIGHTS....

- 95% of youth are more aware of foods they should eat daily after participating in a 4-H Healthy Living Program
- 63% of youth surveyed said they want to pursue a job in science after participating in 4-H STEM programs
- 85% of participants in the Juntos 4-H program improved their grades in school after participating



THE UNIVERSITY
OF ARIZONA



The 4-H Emblem

The green four-leaf clover with the white letter "H" in each leaf is the National 4-H Emblem. The H's stand for Head, Heart, Hands, and Health. The four-leaf clover is a traditional symbol of "Good Luck" and achievement.

Green and white are the 4-H colors. Green is nature's most common color and symbolizes youth, life, and growth. White stands for purity and high ideals.

The 4-H Pledge

I pledge my head to clearer thinking,
My heart to greater loyalty,
My hands to larger service,
and my health to better living,
For my club, my community, my country and my world.

Membership is open to all youth without regard to race, ethnicity, color, national origin, gender-identity, sex, pregnancy, disability, sexual orientation, genetic information, veteran's status, marital status, political affiliation, or socioeconomic background.

The 4-H Slogan

Learn by Doing

This is the educational philosophy of the 4-H program. People learn best when they are actively involved in the learning process, so 4-H projects are designed to provide "hands-on" experiences.

The 4-H Motto

To Make the Best Better!

Proposed by Carrie Harrison, a botanist with the U.S. Bureau of Plant Industry, the motto was officially adopted in 1927, when the 4-H Pledge was introduced.

Age Requirements

4-H Cloverbuds are 5 to 7 years old

4-H Members are 8 to 18 years old

A member's age as of December 31 of the current 4-H year is the member's age all year, and does not change with the member's birthday.



THE UNIVERSITY
OF ARIZONA

Next Steps to Certification

Because the safety of youth and the success of volunteers is important to the 4-H program, all potential volunteers must complete several steps before they are assigned to work with a club or project. This fact sheet guides you through the first of those steps.

Step 1

The local 4-H staff will provide information about what roles volunteers play. They may have a form for you to fill out.

During this step, we check the **National Sex Offender** website to clear all our volunteers. We will need your full name, any other names you have used, and your birthdate. Once we have determined that you clear this step, we will move to step 2.



Your local 4-H staff can be reached at 928-445-6590 x 229

The state Volunteer Program Coordinator can be reached at gblumanhourst@email.arizona.edu or by calling 520-621-4156.

Step 2

An interview is the next step in the process. Local 4-H staff will schedule a time when you can visit about the various roles available, your interests, and our needs.

During the interview, we will ask you to fill out a **Volunteer Reference Request Form** which gives us permission and the information necessary to contact people who can speak on your behalf. Please bring with you the address, phone number, and email address for each of the following: a personal/character reference, a work/volunteer reference, a family member, and a general/non-family reference.

At this meeting you will likely be asked to complete additional forms and we will outline the remaining steps in the process.

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Jeffrey C. Silvertooth, Associate Dean & Director, Extension & Economic Development, College of Agriculture and Life Sciences, The University of Arizona.

The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, or sexual orientation in its programs and activities.

Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting Shirley Vasovski, Yavapai County Program Coordinator at 928-445-6590 x 229. Requests should be made as early as possible to allow time to arrange the accommodation.





What if . . . You make 4-H your next volunteer commitment?

Why is there a screening process and how does it work?

Both the safety of our youth and the success of our 4-H volunteers are important to us. Because of that, our screening process includes a background check, **driving** record check, an interview and conversations to make sure we match your expertise and preferences to our needs. You have already completed the first steps. This brochure provides information about the rest of the process.

Our goal is to make sure that you know what we will do next, and that the Key Contact Leader of the club you want to help knows what is left to do. We'll update both of you regularly. Some

steps have to be completed before we can move to the next phase.

As we work our way through these steps, please let us know if you need any assistance. You can find both local and state contacts for the process on the page 3 of this newsletter.

Steps 1 and 2 are
done!

Step 3

Volunteer Application

Reference Checks

Please fill out the volunteer application if you haven't already done so. Please provide the names and contact information for your references on the sheet provided. Turn both of these documents in at the local extension office. We will notify the club's Key Contact Leader that your application is in process. We will contact your references.



THE UNIVERSITY OF ARIZONA
Cooperative Extension



Step 4

Background Check

All volunteers must have University of Arizona Youth Safety approval. You need a current Arizona Department of Public Safety Fingerprint Clearance Card to get approval. Ask your local 4-H staff for instructions if you need to get that card.

When you have your Arizona Department of Public Safety Fingerprint Clearance Card, make an appointment with your local 4-H staff person. You'll need to bring your DPS Fingerprint Clearance Card and a government-issued photo ID, preferably your Arizona driver license. We will also need to have a copy of your proof of vehicle insurance for our files, and this is a good time to get that done.

You and the local 4-H staff person will fill out a form, and we will make copies of your fingerprint card, driver license, and proof of insurance for our records. The form, the copy of your fingerprint card and driver license will be forwarded to the Youth Safety office.

Step 4 : Continued

The staff there will check the DPS Database and notify us if you are cleared to work with youth or not.

We will also ask you to provide the information we'll need, once we have approval from Youth Safety, to begin registering you with the University of Arizona as a volunteer.

Step 5

Register with 4-H Online

While your background check is processing, you can complete the trainings that you need **before you can work with the youth** in your club. In order to do that, you will need to register with 4-H Online. You can find detailed instructions at <https://extension.arizona.edu/4-h-online-help-sheets>.

Register at <https://www.4honline.com/>

Step 6

Youth Protection Video Training

Log into D2L at <https://d2l.arizona.edu> using your username and password
Detailed instructions are available upon request.

The
greatest gift
you can
give
someone is
the gift of
your time.

Multiple sources



Step 7

Horse Helmet Safety Training

All volunteers interested in the horse program must complete the Horse Helmet Safety Training. Once you are registered in 4-H Online, select your name from the member/volunteer list. Then, click on the "Trainings" button near the top of the page. "Sign Up for a Training" is your next selection, and "Horse Helmet Safety Training" is the final choice. When you have completed the training, 4-H staff will be able to see that in 4-H Online.

If you are not involved in any way with the 4-H horse program, you can skip this

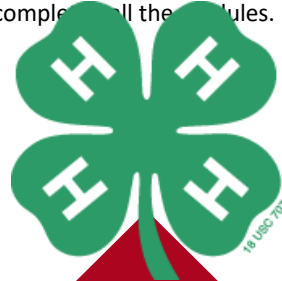
If you have comments or questions about the certification process, please contact the state Volunteer program coordinator, Gloria Blumanhourst at gblumanhourst@email.arizona.edu or 520-621-4156

Step 8

E-Learning Courses

4-H Volunteer e-Learning Courses provide basic information about the youth development principles and practices of the 4-H program. There are four separate modules, and each one takes about an hour to complete.

The courses are found here: <http://4hvolunteerelearning.wsu.edu/volunteertraining/course.html>. The site asks for your first and last name to log in. Select Arizona, and then use the password "volunteer". These modules were developed at Washington State University, and Western Region states are allowed to use them. Please email the local 4-H staff person when you have completed all the modules.



Step 9

Designated Campus Colleague

When we have received approval from the Youth Safety office on campus, we will begin the Designated Campus Colleague process. You will receive two different emails from the University of Arizona. The information contained in these two emails will allow you to set up a university electronic identity. After you set up your identity, you will log into the Uaccess system and sign the Designated Campus Colleague agreement.

Your local 4-H staff can be reached at 928-445-6590 x 229

Step 10

Authorization to Drive

Once you have your university user name and password, you can register to drive on university business. If you will transport university property or transport youth for 4-H purposes, you must have permission from the university. To register as a driver and complete the defensive driving training, go to <https://risk.arizona.edu/training/defensive-driving>

Select "How-To Certify in Defensive Driving" and watch the 6-minute video and follow the instructions. In order to complete the Defensive Driving training, you will need your current driver license, the previous driver license information

Step 10: Continued

if you have lived in Arizona less than 39 months, and your University of Arizona NetID and password.

University of Arizona Risk Management will notify the local 4-H staff when you have been cleared to drive



Thank you for your interest in 4-H!

We look forward to working with you!

Step 11

Some counties have additional trainings and fees.

Youth Safety Training Video and the Harassment and Discrimination Prevention Modules in UAccess

Step 12

You have arrived at your assignment!

You will receive a letter of appointment and some attachments. We need your signature on one copy of the letter, which indicates that you accept the appointment. We'll keep that copy in our files. One copy is yours, for your records. Once we've received your signed assignment letter, the Key Contact leader for the club will be notified that you have completed all the necessary steps, and are now ready to work with youth.

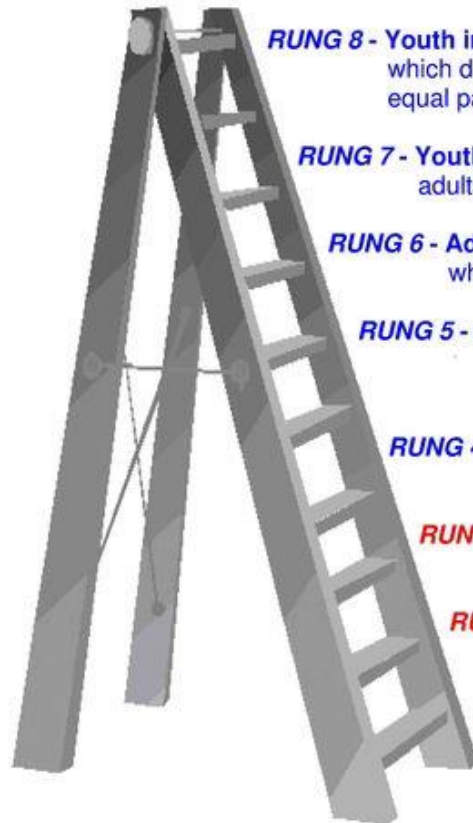
Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Jeffrey C. Silvertooth, Associate Dean & Director, Extension & Economic Development, College of Agriculture and Life Sciences, The University of Arizona.

The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, or sexual orientation in its programs and activities.

Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting (Shirley Vasovski, 928-445-6590 x 229. Requests should be made as early as possible to allow time to arrange the accommodation.



ROGER HART'S LADDER OF PARTICIPATION



RUNG 8 - Youth initiated shared decisions with adults: Youth-led activities, in which decision making is shared between youth and adults working as equal partners.

RUNG 7 - Youth initiated and directed: Youth-led activities with little input from adults.

RUNG 6 - Adult initiated shared decisions with youth: Adult-led activities, in which decision making is shared with youth.

RUNG 5 - Consulted and informed: Adult-led activities, in which youth are consulted and informed about how their input will be used and the outcomes of adult decisions.

RUNG 4 - Assigned, but informed: Adult-led activities, in which youth understand purpose, decision-making process, and have a role.

RUNG 3 - Tokenism: Adult-led activities, in which youth may be consulted with minimal opportunities for feedback.

RUNG 2 - Decoration: Adult-led activities, in which youth understand purpose, but have no input in how they are planned.

RUNG 1 - Manipulation: Adult-led activities, in which youth do as directed without understanding of the purpose for the activities.

Adapted from Hart, R. (1992). Children's Participation from Tokenism to Citizenship. Florence: UNICEF Innocenti Research Centre, as cited in www.freechild.org/ladder.htm

REQUEST FOR 4-H CLUB FUND RAISING PROGRAM APPROVAL
(Approval required for all amounts over \$100)

Date: _____ Club Name: _____

Leader's Name: _____

Address: _____

Daytime Phone: _____

What will the funds be used for? (Be specific) _____

Briefly describe the fund raising effort: _____

Date fund raising activity will begin: _____ and will end: _____

Where will the fund raising activity take place? _____

Amount of money to be raised: \$ _____

Leader's Signature

Club Officer's Signature

APPROVED: _____ County Cooperative Extension

Extension Agent

Date

Approval by Cooperative Extension does not constitute any guarantee of products sold, or assumes any responsibility or liability for actions of those fund raising.

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Jeffrey C. Silvertooth, Associate Dean & Director, Economic Development & Extension, College of Agriculture & Life Sciences, The University of Arizona.

The University of Arizona College of Agriculture & Life Sciences is an Equal Opportunity employer authorized to provide research, educational information and other services only to individuals and institutions that function without regard to sex, race, religion, color, national origin, age, Vietnam Era Veteran's status, or disability.



What next?

- **Interview**
- **Reference Form**
- **Code of Conduct**
- **Application**
- **Fingerprint Clearance Card Form & Fee**



Arizona 4-H Youth Development Adult CODE OF CONDUCT

The University of Arizona Cooperative Extension's 4-H program is committed to providing a safe, fun, and healthy learning environment for youth and adults involved in activities and events sponsored by Arizona 4-H. Families and other youth-serving programs place trust in the University of Arizona Cooperative Extension's 4-H program to provide quality leadership in a safe environment for participating youth. The opportunity to work with youth is a privileged position of trust that should be held only by those who are willing to demonstrate behaviors that fulfill this trust.

All adult participants and volunteers are expected to:

1. Work cooperatively with youth, other volunteer leaders, families, Cooperative Extension faculty and staff, and others in a courteous, respectful manner demonstrating behaviors appropriate to a positive role model for youth.
2. Communicate honestly and directly with other volunteers, Extension personnel and youth. Volunteers must exhibit the highest ethical standards. Adult and youth volunteers are expected to take actions that ensure that the 4-H program develops in a positive, constructive direction.
3. Keep the best interests of youth and families as a priority. Any type of harassment or hazing will not be tolerated.
4. Obey the local laws as well as the laws of the state and federal government.
5. Comply with equal opportunity and anti-discrimination laws. Make all reasonable effort to assure that 4-H Youth Development programs are accessible to youth without regard to race, color, national origin, sex, religion, sexual orientation or disability.
6. Recognize that verbal and/or physical abuse and/or neglect of youth is unacceptable in 4-H Youth Development programs; physical or verbal abuse is prohibited. Incidents of reported, suspected or observed abuse should be reported immediately to law enforcement or Child Protective Services.
7. Treat animals humanely and teach 4-H youth to provide appropriate animal care.
8. Operate motor vehicles (including machines or equipment) in a safe and reliable manner when working with 4-H youth, and only with a valid operator's license and the legally required insurance coverage.
9. Abide by the same rules as the youth regarding no use of alcohol, tobacco products and illegal drugs/substances at all official 4-H functions, regardless of duration, nor allow youth participants under supervision to do so. At 4-H hosted or sponsored events which last several days, this code of behavior is expected to be observed at all times.
10. No firearms possession is allowed during 4-H events and activities unless it is part of an approved 4-H program which involves firearms. Use, respect and care for all property. Charges will be assessed for any misuse or damage.
11. Know and follow established rules and expected behaviors for all programs and activities in which I participate.
12. Use appropriate language at all times. Abusive or profane language is prohibited.
13. Represent the Arizona 4-H Youth Development program with pride and dignity.

ADULT VOLUNTEER AGREEMENT:

I have read the Arizona 4-H Youth Development Adult CODE OF CONDUCT and agree to abide by these expectations and will support those in charge as they perform their responsibilities to see that appropriate behavior is maintained.

Signature _____ Date: _____

New Club and Committee Leaders

- Additional Orientation required



Questions?

vasovski@arizona.edu

928-445-6590 x 229

<https://extension.arizona.edu/4h/yavapai>



What is the hashtag?

<https://extension.arizona.edu/az-4-h-youtube-channel>

#AZ4H

#inspirekidstodo

#trueleadersinservice

#AZ4Hcares



@arizona4-H



@uarizona4-h



@uarizona_4h



@uarizona4h



THE UNIVERSITY OF ARIZONA
Cooperative Extension

