## **DEPARTMENT 502 – PROJECT SHOWMANSHIP**

**PROJECT SHOWMANSHIP:** 5:00 PM, Tuesday, September 12, 2023. Only ONE ENTRY per Exhibitor will be allowed. Projects shown are from the Family & Consumer Science or General Project areas.

**PROJECT SHOWMANSHIP:** When an Exhibit is Interview Judged, the 4-H member is present. The Member will present the Exhibit to the Judge along with their exhibit card. The advantage of Interview Judging is that the Member is given the opportunity to demonstrate their

knowledge of the Exhibit and is also able to get direct feedback from the Judge. All Exhibitors will present themselves in appropriate and professional dress (see Rule 10).

#### CLASS 1 INTERVIEW JUDGING

- Lot 1 Junior Showmanship
- Lot 2 Intermediate Showmanship
- Lot 3 Senior Showmanship

Lot 8

Salsa, your own recipe (4, ½ pint min)

Unless otherwise stated, work must be from the current project year.

#### **FAMILY & CONSUMER SCIENCE**

RECIPE CARDS MUST be attached to all food entries.

The following Classes will be divided into three age groups:

Junior: Age 8-10 Intermediate Age 11-13 Senior: Age 14-18

NO names on the front of entries, Entry will be disqualified

Each Exhibitor must bring their own exhibit to Judging Class/Auction, except in unusual circumstances, such as sickness, or family emergency. CLOVER BUDS excluded.

Clubs not cleaning up after themselves or covering their scheduled time(s) in the 4-H/FFA Exhibit Building will be fined \$25.00.

### **DEPARTMENT 503 – NUTRITIONAL SCIENCES**

|  | CLASS 4 COOKING 401 - Plates will be provided   |  |  |
|--|---|--|--|
| Classes are open only to Members enrolled in corresponding project.  | Lot 1 Pita Bread Page 20(cooking 401 book) (5)  |  |  |
| CLASS 1 COOKING 101 – Plates will be provided                        | Lot 2 Pita Bread own recipe (5)   |  |  |
| Lot 1 Cookies (5)  | Lot 3 White Chili page 65(cooking 401 book) (4 jars)  |  |  |
| Lot 2 Granola, recipe page 35 (cooking 101 book) (3 bars)            | Lot 4 White Chili your own recipe (4 jars)  |  |  |
| Lot 3 Granola, any recipe (3 bars)                                   | Lot 5 Classic Chocolate Fudge Page 89(cooking 401 book) (5)   |  |  |
| Lot 4 Brownies, recipe on page 67 (cooking 101 book) (5)             | Lot 6 Any Classic Chocolate Fudge own recipe (5)  |  |  |
| Lot 5 Brownies, any recipe (5)                                       | CL 100 % FOOD DESCRIVATION PROJECT. N '111  |  |  |
| Lot 6 Muffins, recipe on page 54 (cooking 101 book) (5)              | CLASS 5 FOOD PRESERVATION PROJECT – Plates will be  |  |  |
| Lot 7 Muffins, your own recipe (5)                                   | provided. Member must be enrolled in project. Attach recipe card to exhibit.                        |  |  |
| Lot 8 Other item not listed (5)                                      | Attach card with source of food and method of preserving. Bring 4 Jars if also entering State Fair. |  |  |
| CLASS 2 COOKING 201 – Plates will be provided                        | 5   |  |  |
| Lot 1 Biscuits, rolled recipe on page 50 (cooking 201 book) (5)      | Lot 1 Canning (3) Lot 9 Fruits (3)  |  |  |
| Lot 2 Biscuits, your own recipe (5)                                  | Lot 2 Freezing (3) Lot 10 Jams (3)  |  |  |
| Lot 3 Scones, recipe page 51 (cooking 201 book) (5)                  | Lot 3 Jellies (3) Lot 11 Marmalade (3)  |  |  |
| Lot 4 Scones, any recipe (5)   | Lot 4 Preserves (3) Lot 12 Salsa (3)  |  |  |
| Lot 5 Funny Cake, page 87 (cooking 201 book) (no frosting), 8 inches | Lot 5 Pickles (3) Lot 13 Syrups, Oils, Vinegar (3)  |  |  |
| Lot 6 Any Scratch Cake, your own recipe (no box) (no frosting), 8    | Lot 6 Relishes (3) Lot 14 Vegetable (3)   |  |  |
| inches   | Lot 7 Drying (3) Lot 15 Other Preserved Foods (3)   |  |  |
| Lot 7 Basic Nut Bread, page 48 (cooking 201 book) (no variation)     | Lot 8 Conserves (3)   |  |  |
| Lot 8 Any Nut Bread recipe   | CLASS 6 YEAST BREADS PROJECT – Plates will be provided.   |  |  |
| Lot 9 Other item not listed (5)                                      | Member must be enrolled in project. Attach recipe card to entry.                                    |  |  |
| ( )  | Lot 1 White yeast bread (1 loaf)  |  |  |
| CLASS 3 COOKING 301 – Plates will be provided                        | Lot 2 Wheat yeast bread (1 loaf)  |  |  |
| Lot 1 Cinnamon Rolls, page 43 (cooking 301 book) (5)                 | Lot 3 Yeast bread other than whole wheat or white (1 loaf)  |  |  |
| Lot 2 Cinnamon Rolls, any recipe (5)                                 | Lot 4 Batter bread (1 loaf)   |  |  |
| Lot 3 Indian Fry Bread   | Lot 5 Batter Rolls or Muffins (5)   |  |  |
| Lot 4 Any other bread your own recipe (1 loaf)                       | Lot 6 Shaped white yeast rolls (5)  |  |  |
| Lot 5 Tea Ring, recipe page 45 (cooking 301 book)                    | Lot 7 Shaped whole wheat rolls (5)  |  |  |
| Lot 6 Tea Ring, any recipe   | Lot 8 Breads of many lands (limit of 3)   |  |  |
| Lot 7 Confetti Bean Salsa, page 74 (cooking 301 book)                | Lot 9 Sweet dough (limit of 3 different products)   |  |  |
| (4, ½ pint min)  | Lot 10 Pita bread   |  |  |

Lot 11 Other

## CLASS 7 QUICK BREADS – Plates will be provided. Attach recipe card to entry. Member must be enrolled in Yeast Bread or Bread Project.

- Lot 1 Biscuits (5 per plate)
- Lot 2 Muffins (5 per plate)
- Lot 3 Doughnuts (5 per plate)
- Lot 4 Pancakes/Waffles (3 per plate)
- Lot 5 Loaf Bread (includes fruit, nut, or vegetables)
- Lot 6 Coffee Cake
- Lot 7 Cake
- Lot 8 Cupcakes (3 per plate)
- Lot 9 Cookies (5 per plate)
- Lot 10 Brownies (5 per plate)
- Lot 11 International Breads
- Lot 12 Other

#### MICROWAVE SERIES PROJECTS

Plates will be provided. Member must be enrolled in project.

#### CLASS 8 BAG OF TRICKS

- Lot 1 Fudge, Chocolate (5)
- Lot 2 Fudge, Peanut Butter (5)

#### CLASS 9 MICRO MAGICIANS – Plates will be provided.

- Lot 1 Bar Cookies, recipe on page 28 (5)
- Lot 2 Bar Cookies, your own recipe (5)
- Lot 3 Fudge Brownie, recipe on page 30
- Lot 4 Fudge Brownie, your own recipe (5)
- Lot 5 Upside Down Cake, recipe on page 32-33
- Lot 6 Upside Down Cake, your own recipe

#### CLASS 10 AMAZING RAYS - Plates will be provided.

- Lot 1 Peanut Brittle, recipe on page 26
- Lot 2 Taffy, recipe on page 27
- Lot 3 Any Other Candy
- Lot 4 Coffee Cake, recipe on page 24

#### CLASS 11 PRESTO MEALS – Plates will be provided.

- Lot 1 Chocolate Cake, recipe on page 16 (8 inch)
- Lot 2 Chocolate Cake, your own recipe (8 inch)
- Lot 3 Carrot Cake, recipe on page 16 (8 inch)
- Lot 4 Carrot Cake, your own recipe (8 inch)
- Lot 5 Any Cake, your own recipe (8 inch)
- Lot 6 Cup Cake, any recipe or mix (5)
- Lot 7 Grape Jelly, recipe on page 26
- Lot 8 Any Jelly
- Lot 9 Strawberry Jam, recipe on page 27
- Lot 10 Any Other Jam, your own recipe
- Lot 11 Cherry Pie, recipe on page 28
- Lot 12 Any Fruit Pie, any recipe
- Lot 13 Pecan Pie, recipe on page 29
- Lot 14 Any Nut Pie

#### CLASS 12 INTERNATIONAL FOODS - Plates will be provided.

(Open to all Members). Attach recipe card to exhibit.

Lot 1 Non-Perishable food item: Beginning Level

The International Foods category is designed for youth who are interested in other cultures and customs. Member may enter food items or educational exhibit which represents the richness of a country and its culture. There is no limit to the number of items entered per lot. Recipes ARE NOT required to come from project materials.

#### On the first index card write:

- a) A description of the country of origin for the food you prepared.
- b) Describe the occasion when the food item would be served.
- Using the food pyramid guidelines, include nutritional information of the food item entered.
- d) On the backside of the card include a traditional menu in which the food item you are entering would be served.

On the <u>second index card write:</u> the directions for preparing the food item entered. Please provide only 3 servings of your entry item.

#### CLASS 13 SELF-DETERMINED PROJECT

Lot 1 Exhibit of product made in the project (limit of 3)

## **DEPARTMENT 504 – SPECIALTY FOODS**

**DECORATED CAKES** (will not be judged for taste) but may be cut.

Classes are open only to Members enrolled in corresponding project. State age and year in project. Oversize cakes will be disqualified.

- CLASS 1 1st Year in project, use Lots below
- CLASS 2 2<sup>nd</sup> and 3<sup>rd</sup> Year in project, use Lots below

## CLASS 3 4<sup>th</sup> or more Year in project, use Lots below

- (Entries must be on <u>disposable plate</u> or <u>board</u> and covered carefully.)
  - Lot 1 Any Cake, w/Fondant and/or decorator tube (14" board max)
  - Lot 2 Any Cake, using decorator tube. NO fondant (14" board max)
  - Lot 3 Any Cake, with edible decorations (14" board max)
  - Lot 4 Cake decorated for special occasion or holiday (2 tier max)(14 "board max)
  - Lot 5 Decorated pre-formed cake
  - Lot 6 Decorated cupcakes (3)
  - Lot 7 Decorated petit fours (4)
  - Lot 8 Gingerbread House, on 10"x10" board
  - Lot 9 4-H Theme Cake (14" board max)
  - Lot 10 Cake using Fondant only (14" board)
  - Lot 11 Decorated cookies (3)
  - Lot 12 Non-edible base, using decorator tube, decorations may include non-edible products (14" board max)

#### CLASS 4 SELF-DETERMINED PROJECT

Lot 1 Exhibit of product made in the project (limit of 3)

## **DEPARTMENT 505 – SEWING & TEXTILES**

# CLASSES OPEN TO MEMBERS ENROLLED IN CORRESPONDING PROJECTS. All Exhibits should be clean and pressed.

#### CLASS 1 UNDER CONSTRUCTION PROJECT CURRICULUM

- Lot 1 Bookmark
- Lot 2 Pillowcase/Pillow
- Lot 3 Nine Patch Pillow
- Lot 4 Tote Bag
- Lot 5 PJ Pants
- Lot 6 Autograph Elephant
- Lot 7 Surged Article
- Lot 8 Garment made using a pattern
- Lot 9 Apror
- Lot 10 Any Other Item using techniques learned in project (limit 4)

#### CLASS 2 FASHION FORWARD

- Lot 1 Locker/Sewing Organizer
- Lot 2 Garment or Bag with Patch Pocket
- Lot 3 Garment with Patch Pocket with Flap
- Lot 4 Garment with Inside Pocket
- Lot 5 Pillow with Zipper Closure
- Lot 6 Pillow with Button Closure
- Lot 7 Garment with Zipper Closure
- Lot 8 Garment with Button Closure
- Lot 9 Denim Garment
- Lot 10 Garment with at least 1 of following: collar, cuffs, yoke, waistband
- Lot 11 Item made with recycled Denim
- Lot 12 Fleece Hat (Specify Size)
- Lot 13 Any Other Item using techniques learned in project (limit 4)

## CLASS 3 REFINE DESIGN

- Lot 1 Garment made by combining patterns. Provide illustrations or copy of pattern envelopes combined.
- Lot 2 Outdoor Apparel (Jacket/Vest)
- Lot 3 Backpack
- Lot 4 Duffle Bag
- Lot 5 Tailored Garment
- Lot 6 Embellished Garment, Original Design
- Lot 7 Spandex Garment
- Lot 8 Decorative Plain Weave Item, include written directions
- Lot 9 Decorative Twill Weave Item, include written directions
- Lot 10 Create your own weaving pattern
- Lot 11 Bed Covering with 1 or more matching accessories

|                | Computer Printed Design on Fabric                            | Lot 1          | Pillow   |
|----------------|--|----------------|--|
|                | Receiving Blanket with Center Design                         | Lot 2          | Wall Hanging   |
| Lot 14         | Any Other Item using techniques learned in project (Limit 4) | Lot 3          | Blanket, lap, or crib size                                     |
| CLASS 4        | CROCHET MADE EASY  | Lot 4          | Clothing Item  |
|                | Hat & Scarf, see page 16                                     | Lot 5          | Other than described   |
| Lot 2          | Cushion, see page 19   | DEPA           | ARTMENT 506 – CONSUMER SCIENCE                                 |
| Lot 3          | Baby Afghan, see page 21                                     | DELA           | INTIMENT 300 - CONSUMER SCIENCE                                |
| Lot 4          | Lacy Shawl, see page 23                                      | Classes ar     | e open only to Members enrolled in corresponding project       |
| Lot 5          | Shells, see page 25  |                | n. Classes and Lots based on 4-H Project Curriculum manuals.   |
| Lot 6          | Rug, see page 29   |                | card explaining the purpose and use of the item.               |
| Lot 7          | Afghan Stitch, see page 31                                   |                |  |
| Lot 8          | Child's Shoe Bag, see page 34                                | CLASS 1        |  |
| CLASS 5        | ABC's of CROCHET   |                | Bloomin' Bags  |
| Lot 1          | Simply Slippers  | Lot 2          | My Learning Box  |
| Lot 2          | All Star Slippers  | Lot 3<br>Lot 4 | Story Masks Potato Pals!                                       |
| 2012           | The sum supports   | Lot 5          | Journal/Scrapbook  |
| CLASS 6        | OTHER CROCHET ITEMS (2 per lot)                              | Lot 6          | My Morning Routine   |
|                | Items in Single Crochet                                      |                | I Fit in My Family   |
| Lot 2          | Items in Double Crochet                                      |                | Home Hazard Hunt   |
| Lot 3          | Item in Crochet Pattern Stitches                             |                | Be a Toy Inspector   |
| Lot 4          |  |                | Any Other Item using techniques learned in project (limit 2)   |
| Lot 5          | Scarf  |                |  |
|                | Glove/Wrist Warmer   | CLASS 2        |  |
| Lot 7          | Slippers   | Lot 1          | Home Alone Game  |
| Lot 8          | Shirt/Sweater/Shawl (clothing item)                          |                | My Plan for Me   |
| Lot 9          | Bag/Purse<br>Baby Blanket (Min 36"x36")                      |                | Picture This   |
|                | Large Blanket  | Lot 4          | Toys for Tools   |
| Lot 12         | e  | Lot 5          | Original handmade toy or play idea, list age and stage of      |
| Lot 12         |  | T . ( C        | development  |
|                | Toy/Animal   |                | Circle of Friends  |
|                | Doll Accessories   |                | Friendly Flyer   |
|                | Holiday Decorations  |                | How I See It   |
|                | Christmas Ornament   |                | Putting the Pieces Together Femily Connection                  |
|                | Recycled Materials   |                | Family Connection Family Rules                                 |
|                | Any Other Crochet Item                                       |                | Family, Food and Fotos   |
|                | Any Other Item using techniques learned in project           |                | Safety Inspector   |
|                |  |                | Kids Club 4 Mother's Helpers                                   |
| CLASS 7        | KNITTING MADE EASY   |                | Street Smart   |
| Lot 1          | Cushion, see page 19   |                | Any Other Item using techniques learned in project (limit 2)   |
|                | Hat & Scarf, see page 21                                     | 20110          | inj suit ivii using veriniques realinea in project (iniit 2)   |
|                | Toddler's Cardigan, see page 23                              | CLASS 3        | ` I ,  |
|                | Patchwork Afghan, see page 27                                |                | A-B-C Career Watch   |
| Lot 5          | Slippers, see page 29  | Lot 2          | See How They Grow  |
| Lot 6          | Sleeping Bag, see page 30                                    | Lot 3          | Obstacles and Assessments                                      |
| Lot 7          | His and Her Pullover, see page 34                            | Lot 4          | Building Friends   |
| CLASS 8        | ABC of KNITTING (2 items per lot)                            | Lot 5          | Community Profiles   |
|                | One Skein Scarf  | Lot 6          | Block Buster   |
| Lot 2          | Two Color Scarf  |                | Your Intergenerational Community                               |
| Lot 3          | Nine Color Scarf   | Lot 8          | A-Parent-Ly 22   |
| CY + CC A      | OMMED MANAGEMENT (A.L.                                       | Lot 9          | Put me in, Coach!  |
| CLASS 9        |  |                | Guiding Growth (puppets)                                       |
| Lot 1          | Items on Knitting Stitches                                   |                | Babysitting Kit<br>Let's Play It Safe                          |
| Lot 2          | Item in Purl Stitches  |                | First Aid Kids   |
| Lot 3          | Item in Stockinette Stitch                                   |                | Any Other Item using techniques learned in project (limit 2)   |
| Lot 4          | Item in Garter Stitch  | L01 14         | Any Other item using techniques learned in project (mint 2)    |
|                | Hat<br>Sport   | CLASS 4        |  |
| Lot 6<br>Lot 7 | Scarf<br>Gloves/Wrist Warmer                                 | Lot 1          | Money Sense – Educational Exhibit or Poster                    |
| Lot 8          |  | Lot 2          | Consumer Judging – Educational Exhibit or Poster               |
| Lot 9          | Slippers Shirt/Sweater/Shawl (Clothing Item)                 | Lot 3          | Saving Money – Educational Exhibit or Poster                   |
|                | Bag/Purse  | Lot 4          | Price and Quality Comparisons – Educational Exhibit or Poster  |
|                | Baby Blanket (min. 36"x36")                                  | Lot 5          | Teach Children How to Count Money – Educational Exhibit or     |
|                | Large Blanket  |                | Poster   |
| Lot 12         |  | Lot 6          | How to Develop a Budget for a 4-H Project or Activity –        |
| Lot 14         |  | ÷ =            | Educational Exhibit or Poster                                  |
|                | Toy/Animal   | Lot 7          | How to Develop a Budget for Any Project or Activity –          |
|                | Doll Accessories   | <b>T</b> O     | Educational Exhibit or Poster                                  |
|                | Holiday Decoration   | Lot 8          | How to Help a Local Organization Plan & Collect a Fundraiser – |
|                | Christmas Ornament   |                | Educational Exhibit or Poster                                  |
|                | Recycled Material  | CLASS 5        | LEADERSHIP   |
|                | Any Other Knit Item  |                | Create a resume showcasing your skills, strengths (Junior – 1  |
| Lot 21         | Any Other Item using techniques learned in project           |                | page, Senior – 3 pages maximum) displayed on a Poster (do not  |
| CLASS 1        | ) OUILTING   |                | include personal info like name, phone, address)               |

## CLASS 10 QUILTING

- Lot 2 Create a scrapbook showing your leadership roles in the clubs or organizations you participate in (maximum of 4 pages per year of Leadership project)
- Lot 3 Create a calendar or log of responsibilities in your home, club, or other civic volunteer duties
- Lot 4 Elements of an Effective Meeting Educational Exhibit or Poster
- Lot 5 Showcase the Talents in Your Club or Community Educational Exhibit or Poster
- Lot 6 Showcase a Club Contract Your Group has Created -Educational Exhibit or Poster
- Lot 7 Timeline & Process of Leading a Community Service Project Educational Exhibit or Poster
- Lot 8 Showcase the Timeline of a Historic Leader's Rise & Accomplishments Educational Exhibit or Poster
- Lot 9 Showcase How You Lead a Series of Workshops Teaching Other 4-Hers a Project Skill – Educational Exhibit or Poster
- Lot 10 Showcase a Leadership Style & How it Affects Your Work in Groups Educational Exhibit (journal) or Poster