

FALL-WINTER GARDENING NOTES

Rotation = ROOT, FRUIT, GREEN, BEAN

Vegetables that Like it COLD!

<u>Brassica Family</u>	<u>Onion Family</u>
1. <u>Brussel Sprouts</u>	1. Leeks
2. <u>Cabbage</u>	2. Garlic
3. <u>Broccoli</u>	3. Onions
<u>Root Vegetables</u>	<u>Leafy Greens</u>
1. <u>Carrots</u>	1. Kale
2. <u>Turnips</u>	2. Lettuce
3. <u>Radishes</u>	3. Mustard
4. <u>Beets</u>	4. Swiss Chard
5. <u>Parsnips</u>	5. Spinach
6. <u>Rutabagas</u>	6. Collards
7. <u>Potatoes</u>	7. Mache
<u>Other Vegetables</u>	8. Claytonia
1. <u>Peas</u>	
2. <u>Sugar Snap Peas</u>	

A few cold hardy varieties:

Leeks – darker, blue-green varieties – Bleu de Solaise, Bandit

Carrots - Scarlet Nantes, Autumn King

Spinach – savoy types – crinkled leaves – Winter Bloomsdale, Tyee

Collards – Blue Max

Parsnips – Hollow Crown

Cabbage – savoy types – dark crinkled leaves – Marabel, January King

Swiss Chard – green or white varieties – Fordhook Giant, Verde de Taglio

Web Links:

<https://www.epicgardening.com/cold-frame-plans/>

Youtube Video: How to Protect Plants from Frost -- Low Tunnels

www.sustainablemarketfarming.com – search cold hardy vegetables

Speak with a Master Gardener

Prescott MG Help Desk - 928-445-6590

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840 Rodeo Dr, #C

Prescott, AZ 86305

Yavapai County Agriculture Extension Website

<http://extension.arizona.edu/yavapai/>

Back Yard Gardener Columns by Jeff Schalau

Available at <http://extension.arizona.edu/yavapai>

SELECT “YAVAPAI GARDENING” and “BACKYARD GARDENER”



