



THE UNIVERSITY OF ARIZONA  
COLLEGE OF AGRICULTURE & LIFE SCIENCES

# Cooperative Extension



## CLOVER COMMUNICATOR YAVAPAI COUNTY 4-H NEWS SPRING 2024

### **Prescott Office**

840 Rodeo Dr. Bldg. C  
Prescott, AZ 86305  
Phone: (928) 445-6590  
Fax: (928) 445-6593

### **Camp Verde Office**

2830 N. Commonwealth  
Drive, Suite 103  
Camp Verde, AZ 86322  
Phone: (928) 554-8999  
Fax: (928) 554-8996

You may view a color copy of this  
newsletter online at:

[http://extension.arizona.edu/4-H/  
yavapai](http://extension.arizona.edu/4-H/yavapai)

Stacy DeVeau  
4-H/STEM  
Program Coordinator, Sr.  
(928) 445-6590 x 226  
sdeveau@arizona.edu

Natalie Olson  
Outreach Specialist  
4-H Youth Development  
(928) 445-6590 x 239  
nolson1@arizona.edu



March 1 - 3	Arizona 4-H Stock Show and Roundup <a href="https://extension.arizona.edu/arizona-4-h-stock-show-roundup">https:// extension.arizona.edu/arizona-4-h-stock-show-roundup</a>
March 10	Hershey Heartwarming Young Heroes Grants Application Submission Deadline <a href="https://ysa.org/grants/hershey/">https://ysa.org/grants/hershey/</a>
March 16	Gila County 4-H Small Stock Show - Gila County Fairgrounds
March 29	MoYava Camp Counselor Training Application Deadline <a href="http://4h.zsuite.org">4h.zsuite.org</a> .
April 5	AgDiscovery Application Submission Deadline <a href="https://www.aphis.usda.gov/aphis/ourfocus/civilrights/agdiscovery/how-do-i-apply">https:// www.aphis.usda.gov/aphis/ourfocus/civilrights/agdiscovery/ how-do-i-apply</a>
April 6 - 7	Community Service Opportunity James 4-H Camp
April 12 - 14	Community Service Opportunity James 4-H Camp
April 13	Open House James 4-H Camp
May 27	Memorial Day - Extension Office Closed
June 11 - 13	Vol-A-Palooza - Volunteer Recognition UA Campus - Tucson More information coming soon
June 14 - 16	Camp Counselor Training and Selection MoYava Camp - Lonesome Valley Wranglers 4-H Clubhouse
July 7 - 11	MoYava Camp - James 4-H Camp, Mingus Springs
June 15 - 19	J.O.L.T. (Journey : Opportunity For Leaders of Tomorrow) James 4-H Camp, Mingus Springs



### **Follow 4-H**

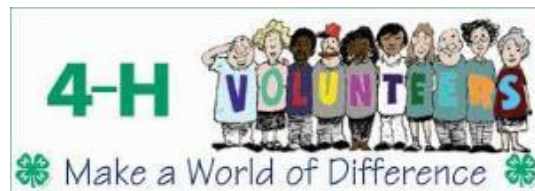
State Instagram: [uarizona4h](https://www.instagram.com/uarizona4h)  
State Facebook: [https:// www.facebook.com/arizona4h](https://www.facebook.com/arizona4h)  
County Facebook: <https://www.facebook.com/YavapaiCo4H>

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## CONGRATULATIONS YAVAPAI 4-H

### Congratulations to our new 4-H Volunteers!

Martha Myers - Shamrock Hustlers 4-H Club  
Tammy Smith - Camp Verde Cowboys 4-H Club  
Mary Topero - Shamrock Hustlers 4-H Club



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## CONGRATULATIONS 4-H MEMBERS

Congratulations to 4-H members from Communication Day January 27 at the Maricopa County Cooperative Extension Office in Phoenix. Contests included Prepared Public Speaking, Presentations, Creed Speaking, Impromptu Speaking, Horse Presentation, Horse Public Speaking, Art & Photography Contest, Art & Photography Auction, Creative Writing Contest, and Performing Arts Showcase

### Prescott Valley Clover 4-H Club Members:

#### **Brooke Gossman Intermediate member:**

Best in Show- photography  
Best in Show- demonstration  
Blue ribbon- 2D art- comic  
Blue ribbon- creative writing, poem



#### **Ruth Vilardi Jr. Member:**

Red ribbons- cat and kitten sculptures, demonstration, creed speaking, watercolor painting  
Blue ribbon- creative writing- story  
Best in Show- prepared speech, impromptu speaking, creative writing- poem

### Lonesome Valley Wranglers 4-H Club Members

#### **Andrew Brereton Jr. Member:**

Best of show in Junior demonstration

#### **Madeline Brereton Intermediate Member:**

Best of show intermediate creed speaking  
Blue ribbon Watercolor Boot Painting- up for Auction

#### **Abbey Brereton Senior Member:**

Blue ribbon Watercolor Bicycle Painting- Up for Auction  
Blue ribbon Western Dangling Earring Collection -Up for Auction



#### **Ellyn Peterson Sr. Member:**

1st Place Sr. Prepared Speech  
1st Place Sr. Impromptu Speech  
Blue Ribbon Metal Work  
Blue Ribbon Horseshoe Flower- Up for Auction

### **To View the Auction Site go here:**

<https://arizona4h.betterworld.org/auctions/arizona-state-4-h-art-photograph>

## CONGRATULATIONS YAVAPAI 4-H

Congratulations to Yavapai's Miriam Holyfield (Prescott Valley Clovers 4-H Club) and Ellyn Peterson (Lonesome Valley Wranglers 4-H Club) who were two of four delegates representing Arizona 4-H at the Western National Roundup in Denver, Colorado in January 2024. They competed in prepared public speaking and impromptu speech.

*Miriam is pictured on far left and Ellyn is pictured 2nd from left.*



Congratulations to Mia Martinez of Verde Valley 4-H Club who was awarded **the highest score in the state** for her 4-H record book project. As a result, Mia has been invited to, and will attend the National 4-H Congress to be held in Atlanta, Georgia November 29 – December 3, 2024.





## CONGRATULATIONS YAVAPAI 4-H

The 2024 Colorado River Small Stock Show saw 71 exhibitors from across 8 counties with 238 entries. Congrats to our Yavapai County 4-H members on their recognition!

### Showmanship

Waterfowl Reserve: Elijah Holyfield and Benna Sanders

Waterfowl Grand Champion: Millie Henderson, Chloe Neal, and Miriam Holyfield

Poultry Reserve: Benna Sanders

Poultry Grand Champion: Dustin Henderson

Cavy Reserve: Cassandra Lucas

Cavy Grand Champion: Ellyn Peterson

### Conformation

Poultry Reserve: Benna Sanders

Poultry Grand Champion: Bayleigh Brown and Owen Douma

Cavy Reserve: Cassandra Lucas



## 4-H SPOTLIGHT

### Meet our 4-H Community

#### Member: Landon McKay

I am a senior at Camp Verde High school. I have been involved with 4-H for two years now. However, I have worked with and raised livestock since I was 8 years old. My favorite project is definitely market beef, because you get to raise the animal for almost a year of their life, and can really gain a great relationship with them, and get to know their personality super well throughout the year. Another part I like about raising beef is getting to look back at the end of everything and realize that



you provided great beef for your buyer and their family to enjoy knowing it had a great life.

When I'm not working on my projects or going to shows, I'm usually hanging out with friends or working.

#### Volunteer: Kevin Knight

I grew up in Yuma, AZ and graduated from KOFA High School in '97. In 1999 I started my career in Information Technology and currently work for a global Cyber Security Company.

I have only been involved in 4-H since we moved to Dewey in July of 2023. I was very impressed at the first club meeting I attended, run by the members it was very well organized. I saw confident kids that will grow into competent adults. "Learn by doing" and "Make the best better" really resonated with me because I have always been a hands on learner.

I currently lead the Blacksmithing project for the Lonesome Valley Wranglers, and have recently completed certification for Archery, Rifles, and Pistols. My favorite part about being a project leader is watching the members learn through trial and error, and seeing the excitement and triumph on their faces when they succeed as they build their skills.

When I am not 4-H'ing I am enjoying nature from the drivers seat of my jeep, or working on projects around the house. I will admit that those projects sometimes include continuing my own journey in Blacksmithing, and Bladesmithing.





## UPCOMING EVENTS

Please join us in making our camp shiny and ready for the 2024 camp season!

### James 4-H Camp 2024

Community Service Opportunity

April 6&7

April 12-14

Free Lodging and Food

Projects each member of the  
family can do

Special Open House and  
Activities for the whole  
Family

Sat. April 13th

Lunch will be provided

To sign up or for more info contact

Margaret Carroll @

[mcarroll4@arizona.edu](mailto:mcarroll4@arizona.edu)

or call

928-710-6881



THE UNIVERSITY OF ARIZONA

Cooperative Extension



### Announcement

Calling all youth members, volunteers, parents, leaders: Please send youth 4-H achievements so that we can celebrate as the Yavapai 4-H community.



## UPCOMING EVENTS

# JOLT

## Journey: Opportunity for Leaders of Tomorrow



THE UNIVERSITY OF ARIZONA  
Cooperative Extension



Journey of Opportunities for Leaders of Tomorrow (JOLT) is an annual summer camp experience for Arizona 4-H Teens. Young leaders from around the state of Arizona gather at the James 4-H Camp to develop life skills, make new friends, and make new memories.

The mission of JOLT is to create an environment where Arizona teens can learn how to empower personal leadership, hone in on creativity, and encourage positive social change in their own community by upholding the tradition of making the best better.

Who can participate?

Participants **MUST** be 14 - 18 (4-H Age, the age the participant was by December 31, 2023).

**J.O.L.T.**  
**REACT ON INSTINCT**  
**JULY 15-19**  
**JAMES 4-H CAMP AND OUTDOOR LEARNING CENTER**

- JOURNEY OF OPPORTUNITIES FOR LEADERS OF TOMORROW (JOLT) IS A YOUTH-RUN ANNUAL SUMMER CAMP EXPERIENCE FOR ARIZONA TEENS.
- JOLT FOCUSES ON BUILDING LEADERSHIP SKILLS IN GROUPS AND INDIVIDUAL SETTINGS
- TEENS AGES 14-18 ARE ELIGIBLE TO PARTICIPATE
- MUST BE REGISTERED ON ZSUITE
- REGISTRATION FEE: \$250, SCHOLARSHIP INFORMATION AVAILABLE

### Do you know...?

The 4-H office has educational Learning Lab Kits that are your answer for species-specific, hands-on, durable learning materials. They can be used for teaching and evaluating knowledge of livestock and companion animals. These are perfect for 4-H project meetings and can be checked out for up to 30 days at a time!

Kits available:

Beef	Dairy Cow
Dog	Goat
Horse	Poultry
Rabbit	Sheep
Swine	



Contact Stacy or Natalie to find out more!



## UPCOMING EVENTS

**AgDiscovery** is a free summer outreach program to help teenagers explore careers in agricultural sciences.

As an AgDiscovery student, you'll live on a college campus for 2–4 weeks and learn from university professors and USDA experts—plant and animal scientists, biotechnologists, veterinarians, wild-life biologists, administrative professionals, and others. You'll gain hands-on experience through labs, workshops, and field trips; participate in character- and team-building activities; and join in many other fun and educational events. It's a unique chance to get a first-hand look at the many exciting career paths in agriculture.

<https://www.aphis.usda.gov/aphis/ourfocus/civilrights/agdiscovery/agdiscovery-program>



**Animal and Plant Health Inspection Service**  
U.S. DEPARTMENT OF AGRICULTURE



### Want to explore exciting careers in agriculture? Apply for AgDiscovery 2024!

The U.S. Department of Agriculture (USDA) offers this summer outreach program for middle and high school students. It's a unique chance to live and study on a college campus and get a first-hand look at the many career paths open in the agricultural sciences.

#### 2024 Locations and Dates

- Alcorn State University, June 9–22
- Coppin State University, July 14–26
- Delaware State University, July 7–20
- Florida A&M University, June 9–22
- Fort Valley State University, June 10–21
- Fresno State University, June 10–20
- Iowa State University, July 7–20
- Kentucky State University, June 9–22
- Lincoln University, July 7–20
- North Carolina State University, June 17–28
- Prairie View A&M University, June 3–14
- Purdue University, July 7–19
- South Carolina State University, June 9–21
- Tuskegee University, June 2–15
- University of Arizona, June 10–22
- University of Arkansas at Pine Bluff, June 8–21
- University of Hawaii, July 7–20
- University of Texas, Rio Grande Valley, June 22–July 3
- University of the Virgin Islands, July 14–27
- Virginia State University, June 16–30

**Application Deadline April 5**

Learn more about AgDiscovery



Learn More: [www.aphis.usda.gov/careers](http://www.aphis.usda.gov/careers)

USDA is an equal opportunity provider, employer, and lender. | APHIS-24-007 | Issued January 2024

**Now Accepting AgDiscovery Applications**



## UPCOMING EVENTS

ARIZONA 4-H INTERNATIONAL EXCHANGE

# WELCOME TO *Inbound & AYP*



### Who is States' 4-H International Exchange Programs?

They are a non-profit organization that work with 4-H Youth Development Centers of Cooperative Extension in the US and a network of international partners around the world to conduct cultural immersion and exchange programs. Since 1972, their exchanges have impacted nearly 63,000 youth and their families in 43 countries on 6 continents!

## WHAT IS THE INBOUND (IB) PROGRAM?

The Summer Inbound programs bring youth to the US each summer to stay with a host family for 4 weeks. Based on a complete cultural immersion model, youth are matched with a volunteer American family who wants to share their life with an international visitor.



## ARIZONA 4-H & INBOUND 2024

Arizona 4-H is looking to place 10 Delegates from Japan and 10 from Costa Rica. As well as a chaperone from each!

The **Costa Rican delegates** will be here from **June 26th -July 21st**  
The **Japanese delegates** will join us from **July 22nd - August 18th**

# IMPORTANT INFORMATION



The only e-learning platform connecting 4-H content from 100+ land-grant universities to youth and families – anywhere, anytime.

With CLOVER, youth explore their spark and engage in hands-on learning through fun, interactive activities and gamification. The platform's flexible, personalized learning journeys meet e-learning best practices and complement a variety of in-person 4-H experiences.

Reporting dashboards for caregivers and Extension professionals offer real-time insights on how users are engaging with content. CLOVER is also COPPA compliant, providing a safe and secure online experience.

## How Can You Make the Most of CLOVER? The Choice is Yours!

- **Discover** new activities and ideas to boost your programming. CLOVER is searchable by topic, grade, activity type and duration.
- **Supplement and extend** the learning for your 4-H'ers beyond their in-person time. With web, mobile and offline options, CLOVER activities go where you go!
- **Reach** new audiences by showcasing your 4-H activities and curriculum on CLOVER. Your university will be credited for all featured content.



To find out more, visit: [4-H.org/CLOVER](https://4-H.org/CLOVER)

Submit your 4-H content: [4-H.org/CLOVERSubmit](https://4-H.org/CLOVERSubmit)



4-H IS THE YOUTH DEVELOPMENT ORGANIZATION OF OUR NATION'S COOPERATIVE EXTENSION SYSTEM AND USDA.

## 200+ online interactive activities

Clover engages PreK-12 youth with interactive, trackable activities, including:

- multi-media content;
- immersive, augmented reality experiences;
- quizzes;
- self-reflection;
- learning journeys;
- credentialing; and
- badging.

## Curriculum informed by research

The following examples highlight just a few of the activities that are available across five categories:

- **STEM:** Internet Basics, Space Exploration, Engineer a Greenhouse.
- **Healthy Living:** Design a Healthy Plate, Expressing Emotions, Healthy Cookbook.
- **Agriculture:** Create a Bee Habitat, Hydroponics, Make a Moo-del of a Cow's Stomach.
- **Civic Engagement:** Climate March, Just Act for Food Justice, Pillows for the Homeless
- **Creative Arts:** Create your own Ladybug, Vision Boards, Meditation in a Bottle.
- **Career and Workforce Skills:** Setting Smart Goals, Exploring Vocational Careers, How to Pay for College.



# The Big Book of 4-H Cloverbud Activities at Home

## GAME "TASTES LIKE...": Healthy Lifestyle



### **MATERIALS NEEDED:**

- Blindfold
- Samples of healthy foods such as grapes, carrots, banana slices, apples slices, cheese, whole grain bread, celery, nuts, and pretzels
- CAUTION: beware of allergens and make substitutions as needed.



### **WHAT TO DO:**

1. Place food samples on a tray so everyone can see them.
2. Blindfold first participant and give them a sample taste.
3. Ask what the food is and then which food group it belongs (vegetable, fruit, grain, protein, or dairy)
4. Let everyone have a turn.



### **APPLICATION:**

Ask

- Encourage that healthy food snacks and fun and good to eat.
- What are some other healthy food snacks?
- What are some snacks you would want from the grocery store?



### **BOOKS TO READ:**

*My Food, Your Food, Our Food*, by Emma Carlson Berne  
*The Berenstain Bears and Too Much Junk Food*, by Stan and Jan Berenstain



Source: American Heart Association, heart.org

Source: This Big Book of 4-H Cloverbud Activities at Home works well with Chapter 14 'Making Healthy Food Choices' in *The Big Book of 4-H Cloverbud Activities* available through OSU Extension offices or online at [extensionpubs.osu.edu](http://extensionpubs.osu.edu). Ohio residents get the best price when they order and pick up their purchases through local Extension offices.

Activity compiled by Scott D. Scheer, Professor, Agricultural Communication, Education, and Leadership



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