

# THE UNIVERSITY OF ARIZONA COLLEGE OF AGRICULTURE & LIFE SCIENCES Cooperative Extension



# CLOVER COMMUNICATOR YAVAPAI COUNTY 4-H NEWS SEPTEMBER 2022

| <u>Prescott Office</u><br>840 Rodeo Dr. Bldg. C<br>Prescott, AZ 86305<br>Phone: (928) 445-6590<br>Fax: (928) 445-6593                    | September 15                | Arizona National Livestock Judging Clinic and Mini<br>Contest Registration Deadline <u>2022 Arizona State 4-H Horse</u><br>Show   Cooperative Extension   The University of Arizona |
|--|-----------------------------|---|
|  | September 30                | 48th Annual Native American Indian Days Fair & Expo<br>Livestock Judging  |
| Camp Verde Office<br>2830 N. Commonwealth<br>Drive, Suite 103<br>Camp Verde, AZ 86322<br>Phone: (928) 554-8999<br>Eam (028) 554-8999     | September 30 -<br>October 2 | Arizona State 4-H Horse Show - Navajo County<br>Fairgrounds, Holbrook   |
|  | October 1 - 2               | 48th Annual Native American Indian Days Fair & Expo<br>Livestock Show   |
| Fax: (928) 554-8996<br>You may view a color copy of this<br>newsletter online at:<br><u>http://extension.arizona.edu/4-H/</u><br>yavapai | October 4                   | Volunteer Meeting and Refresher Training 6:30pm<br>Shelby Hansen Room   |
|  | October 12                  | Record Books Due to Extension Office  |
|  | October 21 - 23             | Teen Wellness Conference - Tucson   |
| Claire Oberst, PhD<br>Associate Agent<br>4-H Youth Development<br>(928) 445-6590 x 229<br>coberst@arizona.edu                            | October 29                  | Nature Immersion for Stress Management  |
|  | November 5                  | Yavapai County 4-H Officer Training Workshop<br>10am - 4pm Lonesome Valley Wranglers 4-H Clubhouse  |
|  | December 2                  | Yavapai County 4-H Volunteer Appreciation and Member  |
| Stacy DeVeau<br>4-H/STEM<br>Program Coordinator, Sr.<br>(928) 445-6590 x 226<br>sdeveau@arizona.edu                                      |                             | Recognition   |

Natalie Olson Outreach Specialist 4-H Youth Development (928) 445-6590 x 239 nolson1@arizona.edu





State Instagram: uarizona4h State Facebook: https:// www.facebook.com/arizona4h County Facebook: https://www.facebook.com/YavapaiCo4H

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Dr. Edward C. Martin, Associate Dean & Director, Extension & Economic Development, Division of Agriculture, Life and Veterinary Sciences, and Cooperative Extension, The University of Arizona. The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, sexual orientation, gender identity, or genetic information in its programs and activities.

# **CLAIRE'S CORNER**

National 4-H Week

4-H began over 100 years ago in the United States and has grown into one of the largest youth development programs on the North American Continent. Through its network of over 6 million youth, 540,000 adult volunteers, 3,500 professionals, and over 60 million alumni 4-H continues a tradition of preparing young people to be leaders in our communities. This we celebrate during National 4-H Week, October 2-8, 2022.



The first full week in October clubs across the country will be celebrating 4-H in many ways. Below are some ways we can celebrate National 4-H Week – Yavapai style:

- Change your Facebook cover for National 4-H Week
- Have a day to wear your 4-H shirt to work or school: a 4-H Spirit Day
- Break out your 4-H t-shirts, smiles and cameras and take a photo of someone in a 4-H t-shirt to share on social media
- Write letters to your congressional leaders or local legislators about how important 4-H is to you.
- Plant a sign in your yard or car window "Proud 4-H Family" (available in our office on a first come, first serve basis mid-September)
- Set up a 4-H information booth at your school, hardware store, church, grocery
- In some communities' local businesses will let you display 4-H posters for the week

Please share your ideas on growing this celebration. Send your ideas for this year and next year. I'd love to hear from you.

Claire Oberst

Dr. Claire Oberst Associate Agent, 4-H Youth Development Yavapai County Cooperative Extension Office

#### **Enrollment – News**

- We encourage you to sign up <u>in October</u> of each year to get the <u>best</u> 4-H experience.
- This year the Zsuite database has been updated to accept enrollment payments
- Leaders may choose to collect enrollment payments like in the past or adopt the Zsuite option or both
- In the future we may want to rely on the Zsuite database for payments
- Enrollment was waived in the past but not this year: \$25 per member is the going rate





# **OFFICER/VOLUNTEER TRAINING**

#### 4-H Officer Training Workshop and Installation Ceremony

Calling all Yavapai County 4-H Elected Officers and Club Leaders! Join us on Saturday, November 5<sup>th</sup> for a fun and comprehensive officer orientation workshop. Officers will have an in-depth look at their individual roles and duties within their clubs, meet their peers/counterparts from across the County, and learn the skills needed to conduct an effective and engaging meeting. Officer Installation Ceremony to immediately follow and will formally welcome the newly elected officers to the 2022-2023 4-H year! Parents are welcome to attend and lunch will be provided. Date: Saturday, November 5<sup>th</sup>

Time: 10am – 4pm

Who: All elected officers and club leaders from Yavapai County 4-H clubs

Location: Lonesome Valley Wranglers 4-H Clubhouse, 13911 E. Quail Run, Dewey, AZ RSVP to Natalie Olson: <u>nolson1@arizona.edu</u> or (928)445-6590 x239

# VOLUNTEER

#### Volunteer Meeting and Refresher Training

Attention all Yavapai County 4-H volunteers – old and new! Please join us for a volunteer orientation/refresher training on Tuesday, October 4<sup>th</sup> at 6:30 pm in the 4-H building (Shelby Hansen Room) at the Prescott rodeo grounds. We'll be discussing volunteer roles, club management, positive youth development, 4-H curriculum, projects, and will have ample opportunities to share ideas and learn from each other! RSVP to Natalie Olson: nolson1@arizona.edu or (928)445-6590 x239

**Save the Date!! Yavapai County 4-H Volunteer Appreciation and Member Recognition** – Friday, December 2<sup>nd</sup>. Food, fun, and 4-H Family! More details to come!



# **RECORD BOOKS**

# As the current 4-H-Year ends and planning for the upcoming year is taking place...

# 2021-2022 Record Books are Due to your County 4-H Office by <u>OCTOBER 12th!</u>

Record books help to set goals, keep track of meetings, record demonstrations and talks, and much more! Visit <u>https://extension.arizona.edu/az-4-h-record-books</u> for both printable and fillable versions of both member and project record books.

We ask that Project and Club Leaders **COLLECT and PRE-SCREEN RECORD BOOKS FOR COMPLETION**, providing members an opportunity to edit them prior to submission to the county. **ONLY <u>COMPLETE</u> RECORD BOOKS SHOULD BE TURNED-IN** to the county. As the Record Book is an important part of any 4-H project, only those fulfilling this responsibility will earn project pins and be Members in Good Standing. Attached is the scoring rubric by which record books will be judged. It can be used by members and/or leaders to ensure adequate record book completion.

Arizona delegates for **National 4-H Congress**, held in Atlanta each fall, are chosen based on their 4-H accomplishments as documented in their Arizona 4-H Member and Project Records. If you wish for your record book to be considered for your selection to attend National 4-H Congress 2023, please **notify your county 4-H staff or attach a note to your record book**. Visit <u>https://extension.arizona.edu/4h/national-programs</u> for more information.

#### Make it a GREAT 4-H Year!

The beginning of a new year is the best time to set the stage for success in 4-H! As you plan, please keep the following in mind...

- Discuss the importance of the 4-H Emblem and Pledge (recited at each meeting);
- Each member should have their printed record book (or notebook if they will be using a fillable form or plan to submit via ZSuite) at each meeting in order to keep up-to-date with progress throughout the year; Record book covers are available at <a href="https://shop4-h.org/products/4-h-members-record-book-cover">https://shop4-h.org/products/4-h-members-record-book-cover</a>;
- Review/Discuss Member-in-Good-Standing requirements, attached;

4-H provides youth leadership opportunities; plan to hold elections for club officer positions.

# Like our fb page to receive important announcements and opportunities: <u>https://</u><u>www.facebook.com/YavapaiCo4H</u>

We are looking forward to seeing those record books and wish you a terrific 4-H year!

4-H, your first class from the University of Arizona!

Yavapai County 4-H <u>yc4h@arizona.edu</u>



# LEADERSHIP COUNCIL POSITION NOMINATIONS

Hello Volunteer Leaders -

Local youth need your volunteer skills to guide the Yavapai County 4-H program. The Leader's Council meets 10 times per year with representatives from all of our clubs in order to plan, address local needs, celebrate youth accomplishments and to share information and ideas that could enhance the experience for youth at the club level. Come help plan our year and support 4-H growth in these leadership positions.

**Leaders Council Nominations Needed** (see duty descriptions below). Please self-nominate or select another candidate for the following positions by sending an email message to Dr. Claire Oberst, coberst@arizona.edu:

#### **Council President**

The role of the Council President is to:

- ✓ Plan and preside over all regular and special meetings of the County 4-H Council.
- Serve as ex-officio member of all committees of the County 4-H Council and appoint the members of such committees.
- ✓ Call special meetings when necessary and in concurrence with the county 4-H Youth Development Program (YDP) staff.
- Prepare the Executive Committee and 4-H Council meeting agendas in consultation with the county 4-H YDP staff.
- ✓ Have signature authority on the 4-H Council checking and savings accounts.
- ✓ Have input into the yearly Budget Planning meetings along with the Treasurer.
- ✓ Oversee and collaborate with the Council Fundraising Committee.
- $\checkmark$  Have voting rights when a motion is on the floor and results in a tie vote.
- ✓ Appoint committees to conduct special work as needed.

#### **Council Vice-President**

The role of the Vice President is to:

- ✓ Preside at all meetings in the absence of the president.
- ✓ Succeed to the office of President should that office become vacant between elections.
- ✓ Serve as chairman on a yearly 4-H Council Program Committee. May be a point of contact and offer historical input and guidance.
- ✓ Have signature authority on the 4-H Council checking account and savings
   ✓ account.
- ✓ account.
- ✓ Have input into the yearly Budget Planning meetings.

#### **Council Secretary**

The role of the Secretary is to:

- Record the complete minutes of all meetings of the 4-H Council, and assist with any and all correspondence as directed by the President.
- $\checkmark$  Document motions made during the meeting and the results.
- ✓ Provide a copy of the 4-H Council minutes to county 4-H YDP staff following each Council meeting.
- Keep a record of those present at the 4-H Council meeting (units and other individuals).
- ✓ Have signature authority on the 4-H Council checking account and savings account.

## LEADERSHIP COUNCIL POSITION NOMINATIONS...continued

#### Treasurer

The role of the treasurer is to:

- ✓ Keep accurate financial records, copies of invoices, bills, etc., relating to the funds and property of the 4-H Council and account fully for all receipts and expenditures.
- Receive, record and deposit all funds in a regulated bank or similar financial institution to the account established for the 4-H Council.
- ✓ Pay bills and make other authorized expenditures appropriated in the budget or otherwise approved by the 4-H Council.
- ✓ Secure authorization by the 4-H Council for disbursement of all funds.
- Comply with all University of Arizona financial policies and procedures as outlined in the 4-H YDP Policy Handbook.
- ✓ Initiate the yearly budget planning and presentation to membership.
- ✓ Furnish financial reports annually at year-end, and at such times as required by the 4-H Council and/or the county director. Financial reports include a balance sheet and an income statement.
- Act as custodian of all funds and personal property of the 4-H Council, and keep a current list of all such property.
- ✓ Prepare all financial records for an annual audit or peer review.
- ✓ Have signature authority on the 4-H Council checking and savings accounts.

# Please self-nominate or select another candidate for the following positions by sending an email message to Dr. Claire Oberst, coberst@arizona.edu

Reference: Retrieved and adapted from https://ucanr.edu/sites/uccemontereycounty/files/325034.pdf University of California, Agriculture and Natural Resources; Monterey County 4-H Program, 1432 Abbot St, Salinas 93901



# HEALTHY LIVING AMBASSADOR PROGRAM UPDATE

Healthy Living Ambassador Program Update

On July 4, the 4-H Healthy Living Ambassador Program for Yavapai County was launched at Camp Moyava. To participate in this national program our members will need to attend at least 6 hours of "Healthy Living" events. Below, please find those Healthy Living events that have happened (ü) and those offered in the near future. Note the date for the Tucson Healthy Living Ambassador event, the Teen Wellness Conference has changed (see below). Also, the Nature Immersion event for Oct 22 has been cancelled for lack of site confirmation.

| 🗹 July 4                | Gut-Brain-Health Connection @ Camp MoYava  |
|-------------------------|--|
| 🗹 July 6                | Nature Immersion for Stress Management @ Camp MoYava   |
| 🗹 July 27               | Fermentation: A Prebiotic and Probiotic Exploration @ Natural Grocers  |
|                         | Community Room, Prescott   |
| ☑ Aug 11                | Veggies – It's What's for Breakfast by Renee Sullivan @ Natural Grocers  |
|                         | Community Room, Prescott AZ (Open to the public so come early)   |
|                         | Thursday, 3:30 – 4:30 PM   |
| 🗹 Aug 27                | Hiking Spree Family Challenge offered by the Highlands Center for  |
| Natural                 | History – Saturday, 9 AM   |
| ☑ Sept 1                | The Ultimate Food Fight: Organics by Renee Sullivan Thursday,  |
|                         | 3:30 – 4:30 PM   |
| □ Oct 21-23<br>□ Oct 29 | Teen Wellness Conference – free, kids 12 – 18 – registration required<br>Nature Immersion for Stress Management – RSVP required – call<br>Yavapai 4-H Office |

Teen Wellness Conference – Link to program information: <u>https://</u> tucsonvillagefarm.arizona.edu/kids-arizona-leadership-experience-kale-conference

**Nature Immersion for Stress Management** – Come explore the outdoors with all 5 senses in a brief activity packed hike led by Yavapai County 4-H Youth Development Staff. RSVP required. Call the Yavapai 4-H Office: 928-445-6590. Meet at the Highlands Center for Natural History, 1375 S. Walker Road, Prescott, Arizona



## **UPCOMING EVENTS**



# LIVESTOCK Judging: Friday September 30<sup>th</sup> LIVESTOCK Show: Saturday October 1st

#### SWINE OCTOBER 1ST

8:00 AM Swine Scales Close 9:00 AM Swine Ring A then Ring B Showmanship

Ring A – Senior, followed by Intermediate, Junior, and Pewee

Ring B – Senior, followed by Intermediate, Junior, Pewee

#### **Market Show Order**

- Breeding
- Prospect
- Market
- Grand Drive to Follow

GATES OPEN: 12:00 PM FOR ARRIVAL OF ALL SPECIES 5:30 PM-7:30 PM WEIGH IN – AND LATE ENTRIES 6:00 PM Individual Livestock Judging Contest Divisions: Junior, Intermediate, Senior Buckles/Banners awarded to top individual in each division Questions/Information: Jackie Humeumptewa 928-669-0785 Debbie Pettigrew: 623-695-5914

#### **GOAT OCTOBER 1ST**

11:00 AM Goat Scales Close 12::00 PM Goat Ring A then Ring B

#### Showmanship

Ring A – Senior, followed by Intermediate Junior, and Pewee Ring B – Senior, followed by Intermediate

Junior, Pewee

#### **Market Show Order**

- Breeding
- Prospect
- Market
- Grand Drive to Follow
- Carnival Presale Tickets are \$10 and \$15 day of Fair
- Food Booths will be available

POWWOW

Fireworks show solplease adhere to the loud explosions with your animals.

Camping/Available \$25 a night

# **UPCOMING EVENTS**





## REGISTRATION DEADLINE SEPTEMBER 15<sup>TH</sup>

Registration information at: https://www.anls.org/livestockjudgingclinic Students may participate in either or both days



#### SAT OCT 1 8 AM - 4 PM

Participants will be broken into groups by skill level and will receive hands on experience with livestock evaluators who will coach them on how to evaluate classes and prepare reasons. All students will receive lunch, a judging handbook and an Arizona National Livestock Show steno.



Included with either REGISTRATION FEE

#### SUN OCT 2 8 RM - 10 RM

Students will have the opportunity to work up a set of reasons from the previous day or based on a class provided. Students will receive key feedback to help them succeed in the future.



#### SUN OCT 2 10 AM - 1 PM

A small contest of 4-6 classes will be provided and students will have the opportunity to work up one set of reasons. Coaches and parents wishing to register will receive a break down of each class and may sit in on reasons. Lunch will be provided.

All Activities Take Place on UNIVERSITY OF ARIZONA CAMPUS AG CENTER 4101 N Campbell Ave, Tucson, AZ 85719

<u>C</u>602.258.8568

information@anls.org

() www.anls.org

# **UPCOMING EVENTS**





# KIDS OF ARIZONA LEADERSHIP EXPERIENCE TUCON VILOGE Form THE UNIVERSITY OF ARIZONA COOPERATIVE EXTENSION

# October 21st-23rd A TEEN WELLNESS CONFERENCE

a weekend full of community building, farm-to-table cuisine, and exciting opportunities! Come join us to learn and develop skills to contribute to your community

AT THE 4-H HEALTHY LIVING CENTER 2201 E. Roger Rd Tucson, AZ 85719

#### FREE FOR YOUTH 12-18 For more information or to

apply:

FOR MORE INFORMATION

520-621-1006

tucsonvillagefarm.arizona.edu

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Edward C. Martin, Interim Director, Extension, Division of Agriculture, Life and Veterinary Sciences, and Cooperative Extension, The University of Arizona. The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, sexual orientation,

The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, sexual orientation, gender identity, or genetic information in its programs and activities.

# **CLOVERBUD ACTIVITIES**





#### FAIR EXHIBIT IDEAS

- **Homemade Puppets**
- Poster with pictures of yourself in different costumes
- A journal or story of a play you wrote
- A video of you acting during a play or puppet show

**4-H Cloverbuds Meeting Ideas** 

THEATRE ARTS ADVENTURES