



THE UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE & LIFE SCIENCES

Cooperative Extension



CLOVER COMMUNICATOR YAVAPAI COUNTY 4-H NEWS NOVEMBER 2020

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November 10	EXPO Meeting 6:00 PM
November 11	Veteran's Day - Extension office closed
November 16	Record Books deadline - due to state office for 2021 National 4-H Congress
November 16 - December 18	Robotics Coder Z Camp
November 26 - 27	Thanksgiving Holidays - Extension office closed

As most of you know, all University of Arizona Cooperative Extension Offices are closed until further notice.

You may view a color copy of this newsletter online at:

<http://extension.arizona.edu/4-H/yavapai>

See 4-H Guidelines for Re-Entry -

<https://extension.arizona.edu/az-4-h-covid-19-response>

Stay safe everyone!

Stacy DeVeau

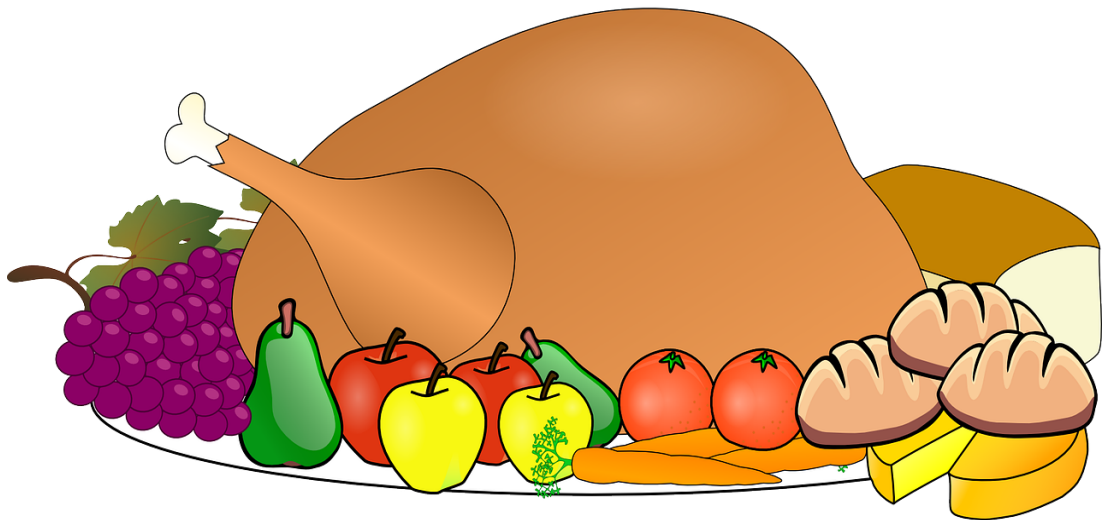
Stacy DeVeau
4-H/STEM
Program Coordinator, Sr.

Shirley Vasovski

Shirley Vasovski
4-H Club Program Coordinator

Lisa Gerber

Administrative Associate



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Facebook - <https://www.facebook.com/YavapaiCo4H>



Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Jeffrey C. Silvertooth, Associate Dean & Director, Extension & Economic Development, Division of Agriculture, Life and Veterinary Sciences, and Cooperative Extension, The University of Arizona. The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, sexual orientation, gender identity, or genetic information in its programs and activities.

RESOURCES & ACTIVITIES

Arizona Cooperative Extension has developed a plan to bring back in-person programming in phases. The phases are dependent on several health-related factors with regard to COVID-19 infection and transmission. The plan has been vetted and approved by University of Arizona leadership and began execution on Monday, August 17th, 2020.

Yavapai County is currently in Phase 1

Phase	Extension workforce	Indoor programming	Outdoor programming	Face coverings	Social distancing	Facilities
Phase 1 (Restricted)	Working remotely with some essential exceptions. Extension offices wholly or mostly	Short meetings of less than 5 people	Short meetings of less than 10 people	Mandatory	Maintain 6-feet. Small gatherings (<5 people) allowed if social distancing can be followed.	Increased cleaning and disinfecting

Congratulations to the following Record Book Judging Award Winners:

Junior - Grand Champion
Junior - Reserve Grand Champion
Intermediate - Grand Champion
Intermediate - Reserve Grand Champion
Senior - Grand Champion
Senior - Reserve Grand Champion

Cheyanna Smith (Lonesome Valley Wranglers 4-H Club)
Fiona Gummo-Wagner (Verde Valley 4-H Club)
Ellyn Peterson (Lonesome Valley Wranglers 4-H Club)
McKenna Clausen (Triangle 4-H Club)
Abigail Jensen (Camp Verde Cowboys 4-H Club)
Grace Jensen (Camp Verde Cowboys 4-H Club)

A big thank you!!

Kiwanis Club Member Dan Hussey's Totally Floored in
Prescott Valley is the proud Sponsor of this year's 4-H Record Book
Awards. We appreciate you!



RESOURCES & ACTIVITIES

Happy Birthday to our 4-H Leaders!

Cathy Kamper

November 19

Granite Mountain 4-H Club



4-H Club Leaders/Committee Members/Families:

We have confirmed the following email providers are rejecting some messages: Sparklight (formerly Cableone.net), Qwest.net, and Q.com. There doesn't appear to be a problem with the following providers: Hotmail, MSN, Yahoo, Gmail, AOL, and Commspeed.

For those with Sparklight Accounts:

Perform the following steps to continue receiving messages:

1. Log into your account
2. Click on Preferences
3. Click on Mail (under Preferences on the left side of screen)
4. Scroll down to Spam Mail
5. Under "Allow Messages From", enter:
Email.arizona.edu
LIST.arizona.edu
arizona.edu
6. Save

If you have a Qwest and Q Account:

If you do not have access to your account settings where you can unblock messages, you will have to call your provider and ask to have them unblock messages from

List.arizona.edu, email.arizona.edu and arizona.edu

We are notified if messages sent directly to you (i.e. from email.arizona.edu or arizona.edu) are rejected. However, if the message is sent from LIST.arizona.edu and it rejects - we are not notified.

I'm sorry for the inconvenience. I know this has been frustrating for some of you. Please let me know if you have questions or problems in solving this issue.

Fall Cause Promotions



BOGS - \$5 from each 4-H branded boot sold goes to 4-H (ongoing):

<https://www.bogsfootwear.com/shop/4H.html>



JOANN Fabrics and Crafts - When alumni, members, and 4-H staff sign up for a JOANN 4-H Rewards Card, they save 15% off every purchase and a portion of sales go back to support 4-H. <https://www.joann.com/4-h/>

Rewards card holders also get free access to Creativebug.com. Creativebug.com has thousands of award-winning arts and crafts video classes taught by recognized design experts and artists.

Already have a rewards card? Go to <https://www.creativebug.com/lib/4-h> and use the rewards card number to sign up for free Creativebug access today.

RESOURCES & ACTIVITIES

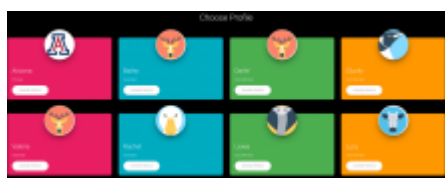
ZingBooks



Hello AZ 4-H Volunteers! Get excited about ZingBooks! ZingBooks is our new statewide enrollment management system, and it will be accessible to all families and volunteers on August 1, 2020. The State 4-H Office has been working alongside programmers to ensure that the use of ZingBooks is as user-friendly as possible. We are so excited to transition to this new system and we hope that you will find the interface to be super useful and easy to navigate.

We know that regardless of how user-friendly, there is always a learning curve to using a new system. For this reason, the State 4-H Office will be hosting trainings across the state so that volunteers can be as prepared to manage their clubs and have access to all other 4-H related information as best as possible. Dates and times of trainings will be announced at a later date.

Avatar



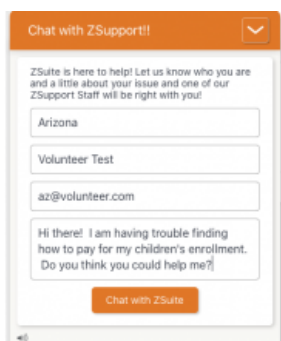
Check out what a household looks like now! Every person in the household, which is the equivalent of what a family would have been in 4HOnline, has their own avatar. However, the parent/main holder of the household will have a pin that is not shared with any of the other household members since they have access to making changes to the household or managing any enrollment.

Calendar



ZingBooks also has a built-calendar that will have all county-events and state-wide events integrated into it. You will also be able to click on events and register any youth in the household directly in the system, if they require a registration. You will also be able to see shared documents that your county or state administrators share with you.

Live Chat Support

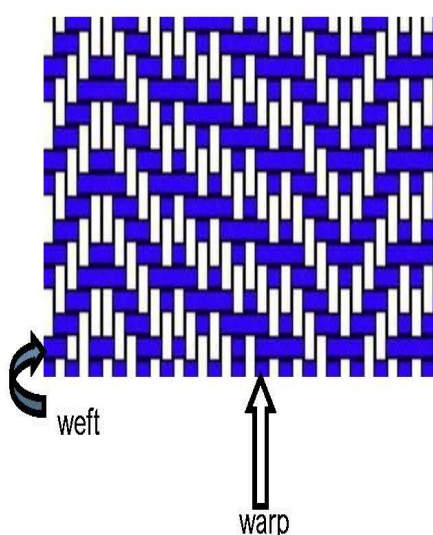


One of our favorite features of ZingBooks is the Live Chat Support feature. If you run into any issues while enrolling in the system or enrolling any youth, you can ask your questions directly to ZingBooks programmers! They can help you navigate any issues that arise while using the system or help guide to you where you need to go.

WEAVE

explore, create, and inspire with fiber

A 4-H Fiber Arts Project



Han-
Room

Meetings
at Shel-
by
sen

WHAT IS WEAVING?

Weaving is interlacing yarns such as those in your blue jeans or those shown in the diagram on the cover. The warp yarn is tensioned or controlled in its position while the weft yarn is inserted by the weaver.

A loom is the tensioning device. Three of the four looms shown are of kinds suitable for our first year weaving together. (The fourth, the shaft-loom, is expensive.)

Figure 1. Tablet (or Card) Loom for making bands.

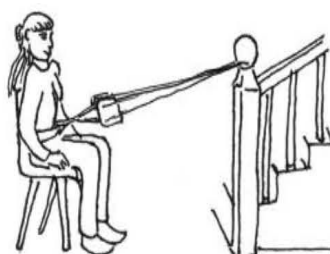


Figure 2. Inkle Loom for making bands.

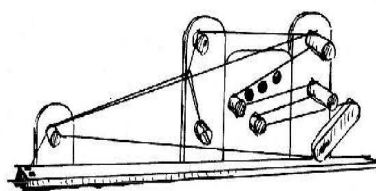


Figure 3. Rigid Heddle Loom for making fabric.

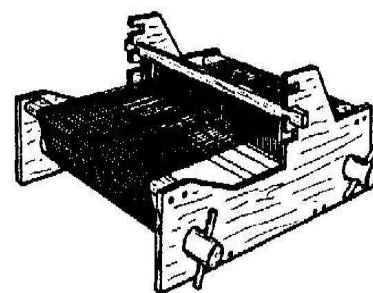
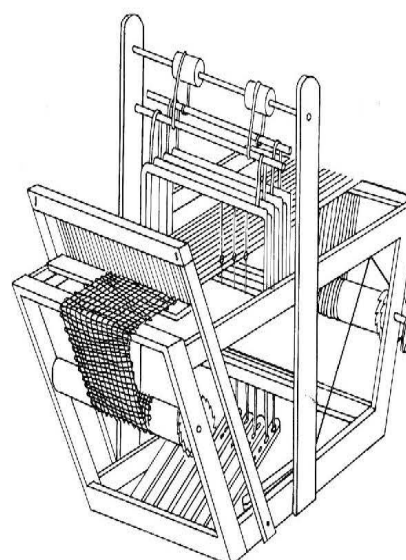


Figure 4. Multi-shaft Loom for weaving fabric.



Let my 40+ years of weaving experiences benefit you. Talk to me before you borrow, rent, build, or buy a loom. We should discuss features to look for and to avoid.

Weaving...continued

WHY LEARN TO WEAVE?

It is no longer necessary or practical for a family to weave all the fabric they need. Although a few dedicated and exceptionally skilled weavers can make a living at their craft today, this is not the reason most weavers learn to weave useful and beautiful objects.

Think of the fun you will have when you capture colors and patterns into fashionable decorative and useful items. What joy you will experience when you give a friend a unique bracelet, pet leash, apron, card or some other item you have woven! Imagine yourself as the person who made the trim that decorates his jacket with school colors.

Delve into the past and different cultures. Was your great great grandfather a weaver of coverlets for his community? Were the patterns and color choices different than those you see today? How about the materials? And how did he do it?

As you master skills, you will experience weaving as a meditative craft and find your stress reduced. The process is both repetitive and rhythmic.

Hand-eye coordination and fine motor skills improve when you do the many aspects of weaving.

On your journey into weaving, you will find yourself cheered on by a circle of enthusiastic and supportive weavers.

Who is to say which of these reasons or some others will be forces motivating you to learn to weave?

WHAT WILL YOU LEARN?

Avoid making mistakes. Imagine wearing a shirt made of the same yarn that is used to make your carpet – OUCH! Of course, you don't want to run out of yarn before your project is finished.

- Learn to find the right **kind** and **amount** of yarn.

Combining colors in weaving is not the same as mixing colors in painting.

- Learn to choose yarns to create desired color effects?

Although the simple interlacement of a thread over a thread and under the next can create lots of different useful and attractive woven items, there many variations on this basic technique.

- Learn to read patterns.
- Learn to recognize and avoid mistakes.
- Learn how to correct mistakes?
- Learn to vary texture, finish, or pattern in your weaving.

After the planning and weaving, you do want to make certain your project looks its best and stays that way.

- Learn how to “finish” and care for woven items.

Contact:

Rachel Hays: 928 910 0640
hays.rachel.i@ gmail.com

Weaving...continued

WEAVE

explore, create, and inspire with fiber

A 4-H Fiber Arts Project

Imagine giving a unique dog lead, bracelet, guitar strap, or scarf to a special friend.

Trim your shirt, cover your electronic device, or lace your sneakers with something woven in your school colors.

Create a special band to signify a cause, to commemorate, to identify belonging, position, or achievement.

Wear your hand-woven apron, wipe the dishes with your hand-woven towel, set the table with your hand-woven linens to make these chores celebratory.

This 4-H Fiber Arts Project will meet via ZOOM. When face-to-face meetings are permitted, we will reconsider our arrangements. You are expected to exhibit if there is an opportunity, such as EXPO, for doing so.

In Yavapai County, the 2019-2020 4-H Year saw band weaving as the selected focus for this fiber arts project. This focus will continue to be offered and expanded in 2020-2021.

It is likely that you will be able to borrow, rent, or build the gear needed. The following pictures are examples of what we wove or made in the first year. These are only examples; they do not include all the choices of things you might make in your first year.

To join us, sign up with Shamrock Hustlers as your primary or secondary club. If you want to focus on a different aspect of weaving, please contact Mrs. Hays to discuss your interests. (email hays.rachel.i@gmail.com or phone 928 910 0640)

We made our own color wheels to guide more adventurous color play beyond our old favorite colors. ➡



Do you find colors you like in some of our key wristlets? ➡



Critters were a Fun follow-up project for learning to weave stripes—horizontal and vertical. ➡

Was anyone surprised by what he got when trying to follow a printed pattern? ➡



Designing our own stripes and working with thicker yarn led to making Christmas ornaments like this ribbon candy. ➡

With a band combining spots and stripes we made a bracelet without hardware fasteners. ➡



We created narrow bands with fine yarns then wove them into valentines. ➡



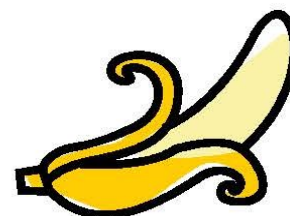
We learned to twist fringes for a finish without hardware. ➡

Graham Cracker Scram

Let's Make a Delicious and Nutritious Snack!

Make sure to ask an adult for help!

- Ingredients: Graham Crackers
Peanut Butter
Bananas, sliced
Low-fat milk
- Equipment: Plastic Knife
Paper Plates
Plastic Glasses, for milk
Napkins



Procedure:

1. Before making the snack, make sure to wash your hands with soap and warm water.
2. Use the plastic knife to slice the bananas.
3. Take a half of a graham cracker and spread peanut butter on it and then top the peanut butter with sliced bananas. Add the other half of the graham cracker to the top and enjoy with a glass of low-fat milk.

This snack is made with everyday foods that are healthy for us, like peanut butter and fruit. Can you think of any other everyday foods you could use to make a similar snack? _____



Recipe adapted from Kitchen Science for Kids, Cornell University Cooperative Extension, 1995 and Kangaroo Jump 5: Power Up the Day, Michigan State University Extension