



THE UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE & LIFE SCIENCES



Cooperative Extension

CLOVER COMMUNICATOR YAVAPAI COUNTY 4-H NEWS FEBRUARY 2023

Prescott Office

840 Rodeo Dr. Bldg. C
Prescott, AZ 86305
Phone: (928) 445-6590
Fax: (928) 445-6593

- February 10 IGNITE Registration Deadline [Register | Ignite by 4-H](#)
- February 11 Arizona 4-H Dog Clinic - 9:am - 3pm, Eloy
- February 13 Pre-Summit Application Deadline

Camp Verde Office

2830 N. Commonwealth
Drive, Suite 103
Camp Verde, AZ 86322
Phone: (928) 554-8999
Fax: (928) 554-8996

- February 18 Practice Horse Judging and Education Clinic
- February 18 State Air Championship <https://extension.arizona.edu/4hshootingports>
- February 24 FFA CDE State Horse Judging Contest

You may view a color copy of this newsletter online at:

<http://extension.arizona.edu/4-H/yavapai>

- February 24 - 26 State Shooting Sports Championship <https://extension.arizona.edu/4hshootingports>

Claire Oberst, PhD
Associate Agent
4-H Youth Development
(928) 445-6590 x 229
coberst@arizona.edu

- March 3 - 5 Arizona 4-H Stock Show & Roundup - Pima County Fairgrounds, Tucson <https://extension.arizona.edu/arizona-4-h-stock-show-roundup>
- March 25 4-H Cloverbud Fun Day

Stacy DeVeau
4-H/STEM
Program Coordinator, Sr.
(928) 445-6590 x 226
sdeveau@arizona.edu

- April 15 All Breed Horse Show Buckle Series 2023 <https://www.cvequestrianpark.org>

Natalie Olson
Outreach Specialist
4-H Youth Development
(928) 445-6590 x 239
nolson1@arizona.edu



Follow 4-H

State Instagram: [uarizona4h](#)
State Facebook: <https://www.facebook.com/arizona4h>
County Facebook: <https://www.facebook.com/YavapaiCo4H>

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Dr. Edward C. Martin, Associate Dean & Director, Extension & Economic Development, Division of Agriculture, Life and Veterinary Sciences, and Cooperative Extension, The University of Arizona. The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, sexual orientation, gender identity, or genetic information in its programs and activities.

CLAIRE'S CORNER

Dear Readers,

Congratulations to Ellyn Peterson of Lonesome Valley Wranglers 4-H Club and Miriam Holyfield of Prescott Valley Clovers 4-H Club for being selected as delegates for National 4-H Congress. Both Ellyn and Miriam submitted their outstanding record books to the State 4-H Office for judging and were both invited to attend National 4-H Congress. National 4-H Congress is held each November in Atlanta, Georgia. For 100 years, it has been a premiere nation-wide opportunity for 4-H members. During this 5-day event, high school-aged 4-H members are engaged in leadership, civic engagement, global awareness, and inclusion. Delegates will have the opportunity to participate in state-of-the-art educational workshops, hear from world-renowned speakers, and network with other 4-H members from around the country.

Claire Poppenberger of Prescott Valley Clovers 4-H Club also deserves recognition for receiving a favorable score on her record book at the State judging event. Congratulations Claire!



Claire Oberst

Dr. Claire Oberst
Associate Agent, 4-H Youth Development
Yavapai County Cooperative Extension Office



AmeriCorps

There's a new face at the Yavapai County Extension Office in Prescott - Ryanne Crary is a member of AmeriCorps and she'll be focusing on the development and implementation of the Nature Immersion for Healthy Living program for 4-H. Welcome to the team!

Celebrate 4-H Every Day!

'4-H Grows Here' yard signs are available for all 4-H families and volunteers and can be picked-up at your nearest Extension Office. Contact your club leader to request a sign, or call/email Natalie Olson directly at the Prescott Extension Office (928)445-6590 x239, nolson1@arizona.edu. (1 per family, please)



PRE-SUMMIT

Registration for the Arizona Pre-Summit is officially open on ZSuite! The fee to attend Pre-Summit is \$50. Pre-Summit this year will comprise of a committee of youth selected from the application that The application will also be available on ZSuite under Pre-Summit. The application must be submitted and signed by a county professional for it to be considered and will be due on Monday, February 13th, 2023. In the application it is stated that the youth selected must attend a monthly meeting over Zoom. The meeting dates will be February 16th, March 16th, April 20th, and May 18th at 6:00pm. These meetings are subject to change depending on youth schedules. Information for Summit and adult staff/chaperones will be sent out at a later time coming soon. Pre-Summit will be June 2-3 and Summit June 3-7.



PRE-SUMMIT
June 2 - 3, 2023
REGISTRATION OPEN NOW ON
ZSUITE



THE UNIVERSITY OF ARIZONA
Cooperative Extension



PRE-SUMMIT....continued



Arizona Pre-Summit Application

Name: _____

Date: _____

Email: _____

Phone: _____

County: _____

Have you participated in Summit before: YES NO

If yes, what year: _____

Questions:

1. Why do you want to be a part of the Arizona 4-H Summit youth planning committee?

2. What ideas do you have for the Arizona 4-H Summit?

3. Are you interested in photography and/or social media?

YES NO

If yes, why?



4. By checking "yes" below, I understand that I will be responsible for attending monthly required meetings. These meeting will take place on the 3rd Thursday of each month starting on February 16th.

YES NO

Dates will be February 16th, March 16th, April 20th, and May 18th at 6:00pm.

Applicant Signature: _____ Date: _____

Parent Signature: _____ Date: _____

County Professional Signature: _____ Date: _____

IMPORTANT INFORMATION

Horse Program

We are trying to establish the degree of interest in launching a Yavapai County 4-H Horse program. If you have the skills and interest in being a project leader, or you are a 4-H member with an interest in ALL things Horse, please let the office know so we can support the development of this program. We have some supplies, loads of curriculum, and a sincere interest in reaching the needs of our youth. Please call or email Claire Oberst.



Note: Thank you to all who have responded to our request to build out this program. We're waiting for critical mass here and will be in touch soon.

Leaders' Council

Some brave 4-H club and project leaders have stepped up to be part of our Leaders' Council already. However, we are still waiting for nominations for the officer roles. Don't be shy, please self-nominate or nominate someone else. The projects this year tentatively include capturing the program ideas our leaders and youth would like offered to expand county-wide programming, and support state and national participation. This includes providing an opportunity for our youth to share their projects and compete in our own home-grown 4-H family events that are open to the public but outside any Fair events. We can zoom meetings to ease access. Please call or email Claire with your nominations ASAP.



Announcement

Calling all youth members, volunteers, parents, leaders: Please send youth 4-H achievements so that we can celebrate as the Yavapai 4-H community.



UPCOMING EVENTS

Feb 18: Practice Horse Judging and education clinic (this is new as of yesterday) at Campus Ag Center in Tucson

Becky Callahan (Pima 4-H volunteer) will be hosting a practice Judging event for any youth (4-H, FFA, others) wanting to learn/practice judging, especially before the next events...

I will update final times, but most likely check in at 8am, a judging educational presentation at 9am and the rest starts at 10am. The classes will most likely include a riding (rail class) and a pattern class, and a halter

RSVP and questions: Contact Becky Callahan at bcallahan917@gmail.com or 520-240-8895

Feb 24: FFA CDE State Horse Judging Contest at Campus Ag Center in Tucson

Event restricted to FFA members who have registered through their schools/ag teachers/etc. across the state.

Event is being run by Becky Callahan and horse classes will be made up of 4-H riders and handlers (and maybe others)

Judging officials will be the 2023 National Western 4-H Roundup Horse Judging Champion Team and their coach (Amanda Huhta)

Questions: Contact Betsy Greene at betsygreene@arizona.edu

March 4: 4-H Stock Show and Round up at Campus Ag Center in Tucson <https://extension.arizona.edu/arizona-4-h-stock-show-roundup>

The majority of the event is at Pima County Fairgrounds, but the Horse Judging will be at Campus Ag Center.

Horse Judging Event is being run by Becky Callahan.

Registration information will be provided at the website listed above.

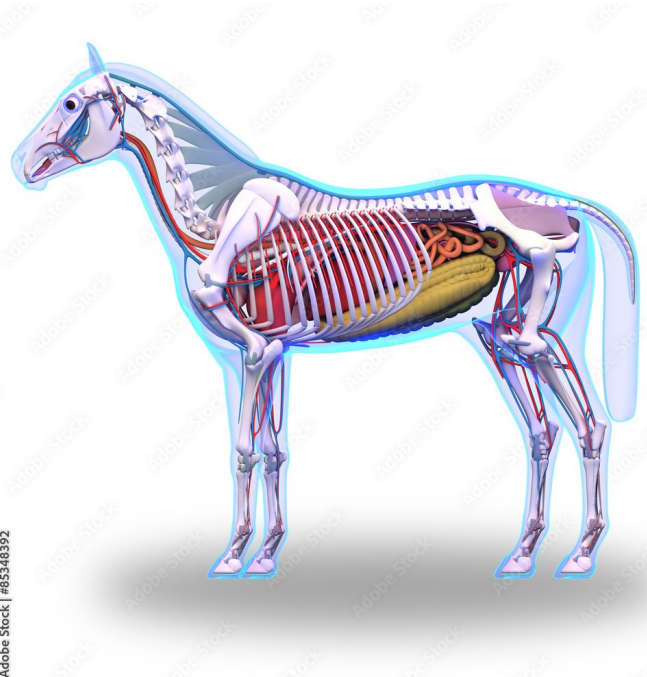
Questions for overall event: Contact Ashley J-S Menges at ajefferssample@arizona.edu

2023 Horse Bowl and Hippology Trainings and National Qualifier Contest Info

This is where my runaway horse (volunteer) grabbed the bit and ran... Amanda Huhta coached the AZ 4-H Horse Judging Team to a national win. She was active as a youth in 4-H and competed at many of the national contest at the National Western 4-H Roundup in the early 2000's. She is very excited to try and help us generate statewide interest in the other Horse educational contests, and even to see if we can get teams qualified for the 2024 contests in Denver. Hopefully her paperwork will be resolved soon and she will show up on your lists...

In the meantime, we will have some live and zoom opportunities for youth across the state to get some experience, learn about the contests, and practice **before we hold a state qualifying contest on May 13th**. These practices and contests will be open to all youth, but obviously, only active 4-H members will be able to qualify for the national contest.

We will be holding a zoom information meeting about these contests February 11 with a morning option at 9am and we will also have another option at 5 pm (See below for link).



Adobe Stock | #65340392

UPCOMING EVENTS...continued

9AM Meeting Link 2/11/23

betsygreene@arizona.edu is inviting you to a scheduled Zoom meeting.

Topic: Horse Bowl Hippology Informational Meeting

Time: Feb 11, 2023 09:00 AM Arizona

Join Zoom Meeting

<https://arizona.zoom.us/j/83566537526>

One tap mobile

+16027530140,,83566537526# US (Phoenix)

+13462487799,,83566537526# US (Houston)

Meeting ID: 835 6653 7526

5PM Meeting 2/11/23 Link

betsygreene@arizona.edu is inviting you to a scheduled Zoom meeting.

Topic: Horse Bowl and Hippology Informational Meeting 5pm

Time: Feb 11, 2023 05:00 PM Arizona

Join Zoom Meeting

<https://arizona.zoom.us/j/84909408357>

One tap mobile

+16027530140,,84909408357# US (Phoenix)

+12532158782,,84909408357# US (Tacoma)

Meeting ID: 849 0940 8357



UPCOMING EVENTS

SAVE THE DATE—FEBRUARY 11, 2023



AZ State, 4H Dog Committee is hosting a Dog Clinic for ALL our Counties.

The first clinic was a huge so we are doing it again so everyone can have a chance to come learn and have fun!!

SATURDAY FEBRUARY 11, 2023 from 9 AM to 3 PM in Eloy AZ

Participation fee is \$10, and registration will open January 4th. Proof of current vaccinations required for any dogs that participate.

This clinic is open to anyone registered with 4H! It is a great opportunity to learn in small setting and practice skills for Showmanship, Rally, and Agility. Lots of hands-on fun planned!

CGC Qualification Test will be available at no additional cost (reservations must be made in advance) as well as Trick Dog Certification.

For more details or questions contact:
Marlene Graham at azplaytolearn@cox.net or
Carol Ptak at captak@gryphonranch.com.

UPCOMING EVENTS



STATE AIR CHAMPIONSHIP

18 February 2023

Phoenix, Arizona

- Air Rifle
- Air Pistol

VFW Post 720, 4583 E Thomas Rd, Phoenix, AZ

Open to all 4-H Shooting Sports youth members

Junior, Intermediate and Senior age divisions

Seniors competing to attend Nationals in June 2023

Registration, schedule, and courses of fire forthcoming

For more information:

<https://www.extension.arizona.edu/4hshootingsports>

UPCOMING EVENTS



STATE CHAMPIONSHIP

24-26 February 2023

Casa Grande, Arizona

- Small Bore Rifle
- Shotgun
- Muzzleloading
- Small Bore Pistol
- Archery
- Hunting Skills

Casa Grande Trap & Skeet, Casa Grande, AZ

Open to all 4-H Shooting Sports youth members

Junior, Intermediate and Senior age divisions

Seniors competing to attend Nationals in June 2023

Registration, schedule, and courses of fire forthcoming

For more information:

<https://www.extension.arizona.edu/4hshootingsports>



SAVE THE DATE

March 3rd-5th

Pima County Fairgrounds

**Largestock Shows, Smallstock Shows,
and Knowledge Contests.**

More information to come.

UPCOMING EVENTS



Announcing our 2023 Horse Show Season!

Sat. Apr 15 Sat. May 20 Sat. June 24

NEW SHOW FORMAT! – TWO ARENAS, TWO JUDGES

- ◆ New Classes ◆ New Divisions ◆ New Highpoint Program
Halter/Showmanship, English, EQWD, Liberty
Western, Arena Trail, Reining, Ranch Riding, Ranch Trail
(Open, Amateur and Junior Classes)



Driving Only – Horses, Ponies, Minis

Sun. Apr 16 Sun. May 21 Sun. June 25

Brand New Dedicated Driving Arena!



SERIES CHAMPION BELT BUCKLES ARE BACK!
For all sponsored divisions



Special award category for Veterans associated with Horse Therapy Programs

For information email events@cvequestrianpark.org
Or visit our website at www.cvequestrianpark.org
Chino Valley Equestrian Park, 2208 Equestrian Way, Chino Valley

University of Nebraska-Lincoln Extension

Dodge County 4-H Program

THE ROAD TO GOOD COOKING

4-H Cloverbuds Meeting Ideas

The 4-H Cloverbuds Program is for youth between the age of five - seven years old on January 1 of the current calendar year. This program is designed to be hands-on and non-competitive.

The 4-H Cloverbuds Meeting Ideas worksheets have been developed and designed by Lisa Poppe, Extension Assistant and Tracy J. Behnken, Extension Educator.

This meeting ideas worksheet is based on information gathered from the "*The Road to Good Cooking*" Member Manual, Nebraska Cooperative Extension 4-H 155, Revised 1996.

References ~

"The Road to Good Cooking" Member Manual (4H 155),
"The Road to Good Cooking" Leader's Guide (4H 166) and
"Clover Kids" Leader Guide (4-H 444)
are available from your local Extension Office.

Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska-Lincoln cooperating with the counties and the United States Department of Agriculture.

The 4-H Youth Development program abides with the nondiscrimination policies of the University of Nebraska-Lincoln and the United States Department of Agriculture

UNIVERSITY OF
Nebraska
Lincoln



THE ROAD TO GOOD COOKING

ROLL CALL IDEAS

- What's your favorite healthy snack?
- Name a kitchen utensil and describe how it is used.
- Name three vegetables.
- What is one of the categories of the Food Guide Pyramid?
- Name one thing you need to do before you start cooking.

FIELD TRIP IDEAS

- Visit a local restaurant and tour the kitchen.
- Visit the local school cafeteria. Talk about how menus are selected.
- Visit the local library and find books that talk about healthy foods.

ACTIVITY IDEAS

- Identify kitchen utensils and understand kitchen rules.
- Practice measuring different types of ingredients.
- Learn cooking terms, such as bake, beat, blend, cream, etc.
- Learn about the food guide pyramid.
- Learn how to set a table.
- Read a food label.

SNACK IDEAS

- Stuffed Celery
- Cinnamon Toast
- Fruit Salad
- Toasted Cheese Sandwich
- Oatmeal Drop Cookies
- Coffee Can Ice Cream

COMMUNITY SERVICE IDEAS

- Participate in Bake n Take Days in March.
- Make healthy snacks and deliver them to the local senior center.
- Collect nutritious, non-perishable foods to donate to the needy or volunteer at the local food pantry.

FAIR EXHIBIT IDEAS

OATMEAL DROP COOKIES

POSTERS ON –

The Food Guide Pyramid

Rules of the kitchen

Steps to take before you cook

Identifying kitchen utensils

Proper ways to measuring ingredients

And many more!