



THE UNIVERSITY OF ARIZONA  
COLLEGE OF AGRICULTURE & LIFE SCIENCES

# Cooperative Extension



## CLOVER COMMUNICATOR YAVAPAI COUNTY 4-H NEWS AUGUST 2020

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August 1

4-H Enrollment begins in Zingbooks

August 1, 8, 15

Virtual 4-H Floating Farm Camp

September 12

Yavapai County Fair Youth Livestock Auction 5:00 PM

September 12, 19, 26 Virtual 4-H Floating Farm Camp

As most of you know, all University of Arizona Cooperative Extension Offices are closed until further notice.

Stay safe everyone!

You may view a color copy of this newsletter online at:

<http://extension.arizona.edu/4-H/yavapai>

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## RESOURCES & ACTIVITIES

### ZingBooks



Hello AZ 4-H Volunteers! Get excited about ZingBooks! ZingBooks is our new statewide enrollment management system, and it will be accessible to all families and volunteers on August 1, 2020. The State 4-H Office has been working alongside programmers to ensure that the use of ZingBooks is as user-friendly as possible. We are so excited to transition to this new system and we hope that you will find the interface to be super useful and easy to navigate.

We know that regardless of how user-friendly, there is always a learning curve to using a new system. For this reason, the State 4-H Office will be hosting trainings across the state so that volunteers can be as prepared to manage their clubs and have access to all other 4-H related information as best as possible. Dates and times of trainings will be announced at a later date.

### Avatar



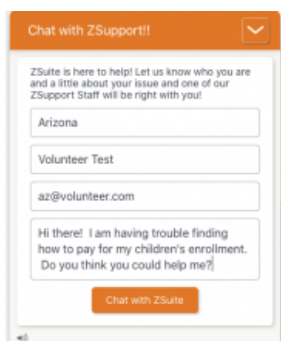
Check out what a household looks like now! Every person in the household, which is the equivalent of what a family would have been in 4HOnline, has their own avatar. However, the parent/main holder of the household will have a pin that is not shared with any of the other household members since they have access to making changes to the household or managing any enrollment.

### Calendar



ZingBooks also has a built-calendar that will have all county-events and state-wide events integrated into it. You will also be able to click on events and register any youth in the household directly in the system, if they require a registration. You will also be able to see shared documents that your county or state administrators share with you.

### Live Chat Support



One of our favorite features of ZingBooks is the Live Chat Support feature. If you run into any issues while enrolling in the system or enrolling any youth, you can ask your questions directly to ZingBooks programmers! They can help you navigate any issues that arise while using the system or help guide to you where you need to go.

## RESOURCES & ACTIVITIES

### Happy Birthday to our 4-H Leaders!

**August 16**

**August 18**

**August 31**

**Shauna Hanus**

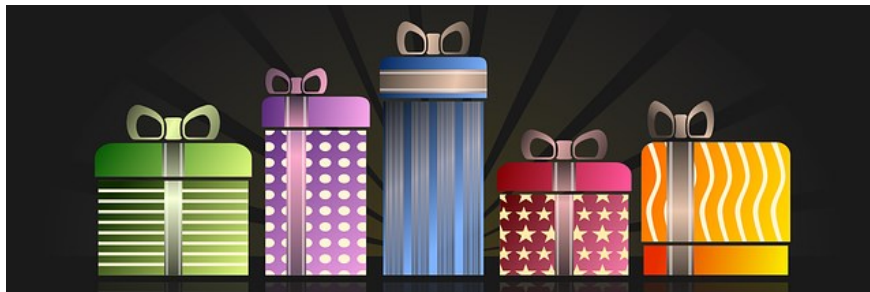
**Julie Williams**

**Crystal Killian-Martinez**

**Shamrock Hustlers 4-H**

**Verde Valley 4-H**

**Chino Valley Breakaway Latigos 4-H**



**Arizona 4-H Ag in the Home is offering the following videos:**

#### EQUINE Related:

- Deworming Your Horse
- Haltering A Horse and Developing Trust
- Grooming
- Quick Release Knot



#### OTHER

- Pumpkin Planting Basics
- DIY Watering Containers
- Making Hand Sanitizer
- Building a Nipple Drinker for Chicks



<https://extension.arizona.edu/az-4-h-ag-home>

#### Agriculture Education for Kids



**FARM FLAVOR**

<https://www.farmflavor.com/at-home/agriculture-education-resources-for-kids/>

## RESOURCES & ACTIVITIES

### ***Indoor Fitness Trail - Recommended age: Grades 3-12***

*Courtesy of Purdue University, Indiana 4-H*

Learn how to create an indoor fitness trail that is a great way to stay physically active while indoors!

[Start Walking at Home!](#)

### ***Bike Safety - Recommended age: Grades Pre-K-12***

*Courtesy of Oklahoma State University, Oklahoma 4-H*

Follow these steps to make sure your bicycle is safe and ready to ride!

[Take a Ride!](#)

### ***Health Rocks! Video Playlists - Recommended age: Grades Pre-K-12***

*Courtesy of University of Tennessee, Tennessee 4-H*

Learn about healthy living topics such as stress, decision making and much more with these Health Rocks! video playlists!

[Beginner Playlist \(Grades Pre-K+\)](#)

[Intermediate Playlist \(Grades 6-12\)](#)

### ***Soccer & 4-H at Home Summer Program - Recommended age: Grades 3-12***

*Courtesy of Purdue University, Indiana 4-H*

Explore topics such as soccer fundamentals, home challenges, serving others, eating well and more with this 10-week Soccer & 4-H at Home Summer Program that includes lessons in both English and Spanish!

[Kick into the Summer!](#)

### ***Work Out with Avery Williamson!***

[Try this at-home workout](#) from New York Jets linebacker & Tennessee 4-H alum Avery Williamson! Watch and follow along to stay physically active at home. Try as many sets of this workout as you'd like to fit your fitness level!

## More Weekly Lessons:

[Making, Media & Visual Arts](#)

[Virtual 4-H Camp, Painting & Chemical Reactions](#)

[Helpers, Heroes & History](#)

[DNA, Fruit Batteries & Water Camp](#)

[Creative Writing, Abstract Art & Jewelry Making](#)

[Gardening, Exercise & Wildlife](#)

# Ocean in a Bottle

Have you ever been amazed by the movement of waves on a beach?

Waves are energy in motion. The waves or energy force the sand to move along the shore.

Let's experiment with waves and make an ocean in a bottle!

**Materials:** Jar or Glass Bottle with Lid  
Hot Glue Gun - Ask an adult for help!  
Water  
Vegetable Oil  
Blue Food Coloring  
Sand  
Seashells



**Procedure:**

1. Spoon some sand into a clean jar.
2. Fill the jar  $\frac{1}{2}$  full with water. Add blue food coloring to the bottle one drop at a time until you get the blue color you like.
3. Add a few shells to your ocean.
4. Add vegetable oil until the bottle is almost full. Make sure to leave a small space at the top for air.
5. Have an adult take the hot glue gun and put glue around the lid of the bottle. Quickly place a lit on the bottle.
6. Turn the ocean on its side and watch as the waves go back and forth. Do any of the sand particles move? \_\_\_\_\_
7. Shake up the bottle and observe what happens.  
What happens to the sand? \_\_\_\_\_ What happens to the shells? \_\_\_\_\_ Does all the sand move as the waves move or just a little at a time? \_\_\_\_\_

