

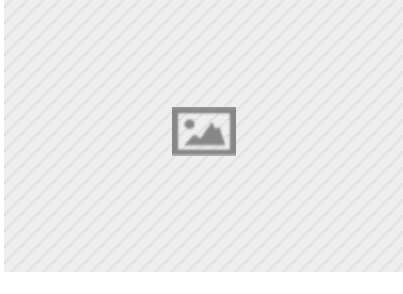


4-H Volunteers MONTHLY NEWS



A note from the editorial staff

This second issue of the Arizona 4-H Volunteers Monthly News looks different than the first issue. That's because we have responded to the feedback from a few of you! We are looking for feedback from more of you. Please go to [this survey](#), and answer our three multiple choice questions and then tell us what else we need to know to make the newsletter better!



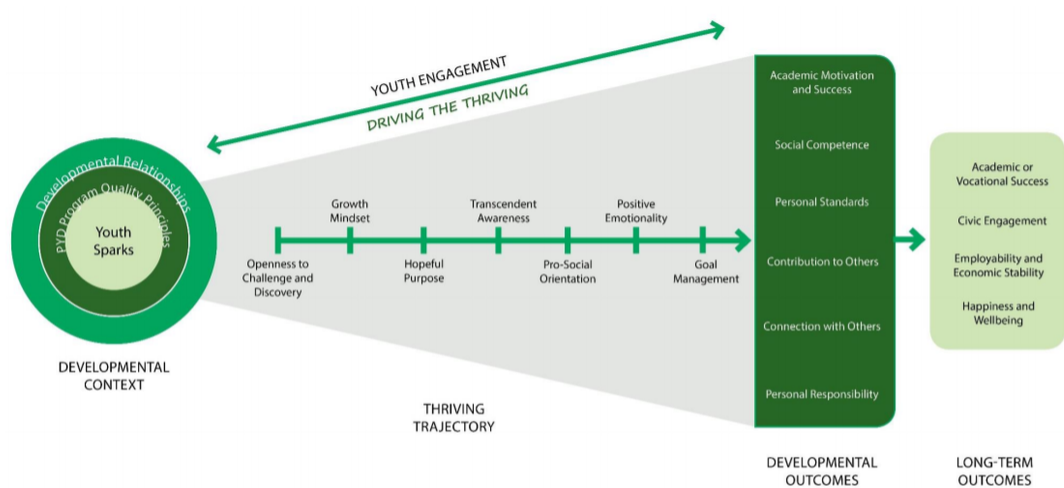
Igniting the Spark

By **Amy Parrott**, Associate 4-H Agent, Yuma, and **Mike Hauser**, Associate 4-H and Ag Agent, Apache

Spark: an intense interest in or passion for a topic.

Plan of action: ignition of the spark into a project that brings joy and excitement to a person who is engaged in developing a skill, talent, or ability. Helping young people find their spark is central to youth development work. Having this spark can give the young person a sense of purpose and really encourage them to set and achieve goals. 4-H leaders play a critical role in helping young people find and ignite their sparks. These leaders partner with youth in the discovery process by:

1. Encouraging the exploration of new topics and skill levels outside their comfort zone.
2. Teaching specific skills.
3. Mentoring the young person developing abilities.
4. Supporting youth by attending their concerts, sporting events, art shows or public events.
5. Giving constructive feedback.
6. Encouraging the linkages between 4-H projects and the rest of the community and society.



One senior 4-H member told us her passion is agriculture. She is involved in showing livestock through 4-H, but the real reason she enjoys it so much is because she has the opportunity to be a small-scale producer and see what it is like to be a livestock producer. She watches how the market changes the costs of not just the animal, but the feed and all the minerals and supplements that she uses on a regular basis. She says that she seeks out friends and peers who also have similar interests, so it makes it easy find opportunities to learn more and express her passions. She tells others what her goals are, and says her 4-H leaders are among the people who help her work towards those goals.

4-H leaders can be experts in project topics such as livestock or fashion construction or public speaking, but the most important role for 4-H leader is that of encourager – encourage youth to explore, plan, reach beyond the comfort zone, assess their own progress, believe in their own abilities and talents, and connect to the community around them.

References

Arnold, M. E. (2018). From context to outcomes: A thriving model for 4-H Youth Development Programs. *Journal of Human Sciences and Extension*, 6(1), 141-160.

Benson, P. L. (2008). Sparks: How parents can ignite the hidden strengths of teenagers. John Wiley & Sons.



Join Us to Celebrate National 4-H Week

The anticipation is building for National 4-H Week, when the 4-H community of over 6 million young people, 500,000 volunteers and 3,500 4-H professionals will celebrate America's

largest youth organization by showcasing the incredible work that they do each and every day to make a positive impact on those around them. All 15 of Arizona's 4-H counties and the Navajo Nation are invited to take part from October 6 to 12, and engage with the theme of this year's National 4-H Week, Inspire Kids to Do! Part of National 4-H Week is the celebration of the annual 4-H National Youth Science Day, which sees hundreds of thousands of youth across the nation taking part in the world's largest youth-led science challenge. Designed by Google and West Virginia Extension service, the exciting theme for this year's challenge is Game Changers. Throughout the month of October, youth will learn how to use computer science to create games, solve problems and engage with topics they're passionate about.

"Inspire Kids to Do" highlights how 4-H encourages kids to take part in hands-on learning experiences in areas such as health, science, agriculture and civic engagement. The positive environment provided by 4-H mentors ensures that kids in every county and parish in the country— from urban neighborhoods to suburban schoolyards to rural farming communities— are encouraged to take on proactive leadership roles and are empowered with the skills to lead in life and career.

As a part of the "Inspire Kids to Do" theme of this year, we have participated in the 4-H Grows Out of Home ad promotion, with billboards and bus stops around the state advertising 4-H and reaching out to prospective families, volunteers, and donors. This campaign will continue through October, and will help get out the word to Arizonans during National 4-H Week.

Honoring Dr. Bill Peterson

We are happy to announce that Dr. Bill Peterson, former Arizona State 4-H Leader from 1995 to 2005 will be inducted into the National 4-H Hall of Fame, October 11th, 2019 at the National 4-H Center in Chevy Chase, Maryland. He will be recognized posthumously, and his wife and children will represent him at the ceremony.



The National 4-H Hall of Fame began in 2002 (4-H Centennial) and recognizes 4-H staff, volunteers, and donors for their significant contributions to the program. Other Arizona 4-H Hall of Fame Laureates include; Former Congressman Jim Kolbe (2002), Sarah Harman (2003), Beryl Burt (2004), Dr. Bart Cardon (2005), Oliver Anderson (2006), Graham Wright (2010), Dan Klingenberg (2014), Mary Faul (2017), and Marifloyd Hamil (2018). We also claim Arizona 4-H Alumni and former agent, Bob Gilliland (2002), who was nominated by Utah.

Helping Youth Find their Hopeful Purpose

Encouraging the development of hope and encouraging drive in your youths is a key aspect of getting them engaged, and the best way to do this is to create an environment of hopeful purpose. Here are some examples and more reading to help get you started:

- Teach them how to set clear and attainable goals.
- Talk about multiple ways to get to the goals - Plan A, Plan B, and Plan C as a sort of multiple column menu, with the option to select items from each column.
- Stay motivated even when the going gets tough! Your support is what encourages youths to keep working, even when roadblocks seem to keep getting in the way.
- Teach them that they have unique talents and abilities to offer the world; have each task highlight what makes them special.

For more reading:

[How to Help Students Develop Hope](#)

[Teaching Students to Hope for the Best](#)

October is...

National Book Fair Month: [Find a Book Fair near you](#), or [check out this month's best sellers!](#)

National Dessert Month: [Learn from the best to make this October a little sweeter](#), or [read up on Halloween style recipes](#).

National Country Music Month: Celebrate October by [learning how to play the classics](#).



Upcoming Events

October 4th, [Arizona State Fair 4-H Activities and Contests](#)

October 6th-12th, [National 4-H Week](#)- How are you celebrating?

October 9th-20th, Tractor Supply Paper Clover Campaign

November 1st-3rd, [Arizona State 4-H Horse Show](#), Horseshoe Park and Equestrian Centre, Queen Creek, AZ

Save the Date: November 9th and 10th, [Shooting Sports Colunteeer Training](#), Pima County Regional Shooting Sports Range, Tucson, AZ

February 12th, [Southeastern Arizona Farm and Ranch Trade Show](#)

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