# Parents' 4-H Pledge

### I pledge my...

**HEAD** to give my child the information I can, to help him/her see things clearly and to make wise decisions.

### I pledge my...

**HEART** to encourage and support my child no matter whether he/she has successes or disappointments.

### I pledge my...

**HANDS** to help my child's club; if I cannot be a volunteer, I can help in many equally important ways.

### I pledge my...

**HEALTH** to keep my child strong and well for a better world through 4-H, for my child's club, our community, our country, and our world.

Supporting your children doesn't mean doing things FOR them... 4-H is an opportunity to do things WITH them! To Grow Together! Enjoy the moments!

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