

4-H Grows Here

OCTOBER | 2023



Fall is upon us, and our new 4-H year has begun. I have had the opportunity to attend some workshops and conferences where many new ideas have been shared and experienced. Many youths have participated in activities showing off their talents ranging from dance, singing, and drama, to public speaking and leadership skills. I am always in awe of the many talents our 4-H members have and are willing to share. As we begin this new 4-H year,

I challenge you to try new things, do things a little differently, and invite your friends to join in the fun. Enjoy 4-H with all that it has to offer and share your "spark" with those around you.

I will be visiting all of the community clubs in the next few months, and I look forward to connecting with all of our members, volunteers, and families.

Thank you for all that you do to help make the best better.

Esther Turner
Esther Turner, 4-H YD Program Agent

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Facebook: <a href="mailto:extension.edu/4h">extension.edu/4h</a> | Instagram: <a href="mailto:pinalcounty4h">pinalcounty4h</a>

Twitter: @Pinal\_County\_4H



the UNIVERSITY OF ARIZONA

Cooperative Extension

**Pinal County** 





#### PINAL COUNTY 4-H RECORD BOOK WINNERS

Congratulations and thank you to everyone that completed a record book!! All the judges enjoyed your stories and seeing all the activities that you completed over the last 4-H year. We had 23 record books turned in. Country Kickers had the most, with 9 books being turned in. The seniors were competing to have their record books sent to the State competition for a trip to National Congress in Atlanta, Georgia. The horse kids that turned in their record books are now eligible for the State Horse Show.

Why else would you want to go to the trouble of completing a record book? When you apply for scholarships for college all you have to do is open up your record book, and all the information you need is right there! Some day when you are grown you can show your kids all the fun things you did in 4-H. It's also great to be able to look back at the year and see all that you have accomplished.

<u>Achievement Award:</u> Must show growth in more than one project area and have attained higher standards of accomplishment in their 4-H programs. Achieved and learned more than project requirements. Promotes 4-H through example and by helping others.

Junior Winner Taylor Schroeder, Maricopa Trailblazers

• Intermediate Winner Kenzie Verschure, Bella Vista

Senior Winner
 Easton Schroeder, Maricopa Trailblazers

<u>Citizenship Award:</u> Demonstrates service to overall 4-H, school, and community. Show respect, understanding of government, pride, willingness to give of self within and outside of 4-H. Presents a positive self-image and exhibits qualities of good citizenship.

Junior Winner
 Maggie Reischl, Country Kickers
 Lily Goncalves, Maricopa Trailblazers

<u>Leadership Award:</u> Shows overall leadership growth beyond the Junior Leadership project. Service to others should be apparent in most 4-H activities. The member should serve, as well as lead, and be willing to share their skills with others. Should be involved with planning and organizing projects, committee work, representation in outside project work, and evidence of assuming significant roles of responsibility.

• Junior Winner Taylor Shroeder, Maricopa Trailblazers

Senior Winner
 Paden Dillard, Country Kickers

<u>Outstanding 4-H Member Award:</u> Exhibits strengths in achievement, citizenship, and leadership. Show involvement and personal growth in all aspects of the 4-H program. Also displays many positive characteristics which may include enthusiasm, sharing, motivation, positive attitude, caring, responsible, honesty, hard worker. A well-rounded 4-H member in both project and personal development skills.

Junior Winner
 Kenzie Verschure, Bella Vista

• Senior Winner Rachel Skousen, Maricopa Trailblazers

<u>Outstanding 4-H Story Award:</u> The individual's 4-H Story has originality, humor, and displays personal growth. The story tells the tale of the individual's 4-H year involving personal learning experiences, both positive and negative. Also, the story has proper spelling, grammar, and sentence structure, with consideration for age of member.

Junior Winner
 Macey Goncalves, Maricopa Trailblazers

Senior Winner
 Jean-Leon Rademacher, Casa Grande Desert Dwellers



#### COME BE PART OF OUR 4-H FAMILY

<u>What is 4-H?</u> Whether you live in the city, the suburbs, or on a farm/ranch, you can belong to the 4-H Program. 4-H helps youth develop through the mentoring and involvement of parents, teens, and other volunteers. They involve youth in organizing and conducting learning experiences in a community setting.

<u>How Can You Get Involved?</u> Become a Volunteer Club Leader - 4-H Youth Development volunteers are valued partners in working with youth and Extension agents, in supporting youth as they learn by doing by providing guidance and opportunities for meaningful leadership roles in their 4-H club and community.

A 4-H Club is an organized group of at least five youth from three different families who meet regularly with adult volunteers or staff for a long-term, progressive series of educational experiences. Project clubs concentrate on one project at a time, such as gardening, woodworking, photography, shooting sports, robotics, foods and more. It just takes a caring adult who is willing to share time and talents with interested youth.

<u>How Will You Inspire the Next Generation?</u> 4-H volunteers are essential to helping youth make the most of a wide variety of learning experiences. As a volunteer, you can share your personal interests and expertise in a variety of subjects mentioned above.

Volunteers are needed and welcome in many other areas as well, such as judging exhibits and helping with activities and special events. In 4-H, you can leverage your experiences and skills to help a young person find their own passions and interests.



<u>Interested in Becoming a Potential Leader/Volunteer?</u> Are you a parent or adult who is interested in leading/volunteering and becoming a positive role model for the youth of Pinal County? You can choose from different types of leaders to become — an organizational leader, a project leader, an activity leader, or a resource leader.

Contact Crystal Marquez to get the ball rolling. She will guide you through the various steps of our application process and answer any questions you may have along the way. She can be reached at <a href="marquez8@arizona.edu">marquez8@arizona.edu</a> or (520) 836-5221, x238.

<u>How Does 4-H Differ from Other Youth Organizations?</u>: 4-H is for everyone from 5 to 18 years of age—no matter where they live or what their interests might be. This program focuses on agriculture, science, engineering, and technology, healthy, living, and citizenship through projects like raising animals, clothing, foods and nutrition, photography, and international exchange programs.



University of Arizona, Cooperative Extension

## SHOE US THE LOVE

PINAL COUNTY 4-H YOUTH DEVELOPMENT PROGRAM

DROP YOUR GENTLY WORN, USED AND NEW SHOES



Help us raise funds for Pinal County 4-H by donating your gently worn, used and new shoes! And don't forget to ask friends, family, neighbors and co-workers to donate too!

Collected shoes not only help support us, but they will be reused and given a second life by those in need through #microenterprise. It's a WIN-WIN!

**Drop Off Location**: Pinal County 4-H Office

820 East Cottonwood Lane, #C

Casa Grande, AZ 85122

<u>Drop Off Dates</u>: Monday—Friday, 8:00am-5:00pm

October 2, 2023 thru November 21, 2023

**Contact Person**: Amy Goncalves, Extension Professional II

(520) 836-5221, ext. 243 / <u>amygoncalves@arizona.edu</u>

The University of Arizona is an equal opportunity provider. Learn more: <a href="mailto:extension.arizona.edu/legal-disclaimer">extension.arizona.edu/legal-disclaimer</a>.

Collected shoes are used to support micro-enterprise vendors. Micro-enterprises are small businesses in developing nations. They are typically operated by one person or family and friends, depending on size.



## 3<sup>rd</sup> Thursday of the Month

1st meeting will be Monday, October 2, 2023 **Beginning October 19, 2023** 5:00-6:00pm

#### Then every 1st Wednesday of the Month

Beginning November 1, 2023 5:00-6:00pm





Participants will use LEGO to think creatively and come up with solutions to problems. They can design and build structures, machines, and other objects to complete objectives.

These activities will be geared toward Cloverbuds (ages 5-7).

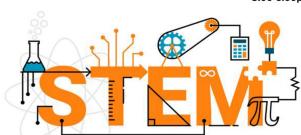
The event will be held at the Pinal County Extension Office 820 E Cottonwood Ln Bldg. C., Casa Grande, AZ 85122

To RSVP or for more information, contact Kyle Treadway, 4-H AmeriCorps Member, kyletreadway@arizona.edu or 520-709-3522



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Every month this class will meet to challenge ourselves with a different STEM related topic. Participants will have the opportunity to develop critical thinking and problem-solving skills through the use of science, technology, engineering and math.

> The event will be held at the Pinal County Extension Office 820 E Cottonwood Ln Bldg. C., Casa Grande, AZ 85122

To RSVP or for more information, contact Kyle Treadway, 4-H AmeriCorps Member, kyletreadway@arizona.edu or 520-709-3522





Participants will learn how to build and program using LEGO EV3. They will develop engineering, technology, and problem-solving skills using LEGO.

5:00-6:30pm October 6th, 20th November 3<sup>rd</sup>,17<sup>th</sup> December 1st,15th

### **Lego Robotics**



Please plan to attend all the dates listed to complete the program. The event will be held at the Pinal County Extension Office 820 E Cottonwood Ln Bldg. C. Casa Grande, AZ 85122

To RSVP or for more information, contact Kyle Treadway, 4-H AmeriCorps Membe kyletreadway@arizona.edu or 520-709-3522











• Air Rifle

Air Pistol

VFW Post 720, 4583 E Thomas Rd, Phoenix, AZ

Open to all 4-H Shooting Sports youth members Junior, Intermediate and Senior age divisions Seniors competing to attend Nationals in June 2024 Registration, schedule, and courses of fire forthcoming

For more information: https://www.extension.arizona.edu/4hshootingsports



7pm Tuesday, Nov 7th 2023

VFW Post 549 in cooperation with 4-H will host a youth marksmanship event!

If you have children or grandchildren ages 8-18, they can join us for an air rifle marksmanship event.

They can bring their own rifles or there will be limited rifles available.

Taco and Taco Dinners are available 5-7

If interested, please contact: Tony Fennell 412-651-9880 Tony Cardan 520-343-4152





#### DAY OF SERVICE

The Pinal County 4-H Program had Day of Service, October 7, 2023 and 4-H members participated by painting the County Fairgrounds. Maricopa Trailblazers & Coolidge Clovers 4-H Club did an outstanding job bringing their members and leaders together for service.









#### 4-H CONTEST TIME

Do have poultry, rabbits, or cavies? Then we have a contest for you! We need your critters to carve a pumpkin! Take a knife and loosely mark out where you want them to start eating. Set it out for your critters to start carving (eating) and see how they do.

For the contest, please take a picture of them while they are "carving" their masterpiece and one of the finished work. Don't have any critters to carve a pumpkin? You can also submit a pumpkin that you decorated or carved. The rules are the same, there needs to be a picture of you decorating it and one of your finished project. If you need some inspiration, check out these videos:

- Facebook Link Video
- YouTube Link Video

The deadline for submitting your pictures is November 15<sup>th</sup>, so that you can use leftover Halloween pumpkins. Please email the pictures to Amy at <a href="mailto:amygoncalves@arizona.edu">amygoncalves@arizona.edu</a>.











#### **MESSAGE FROM 4-H TECH CHANGEMAKERS**



It's Rachel and Asher and we are the Pinal County Tech Changemakers for the 2023-24 year. The 4-H Tech Changemakers program empowers young people to close the digital divide. It provides opportunities for all people in their communities by supplying the education and tools they need to teach "teens as teachers". Giving digital skills to adults in their communities.

Last month we got to go down to the University of Arizona's farm and learn how to fly drones. It was so much fun! We started on simulators and advanced to the real thing. We also learned how to teach others how to fly drones. Did you know that you have to have a TRUST certificate, and be able to prove it, in order to fly a recreational drone?

Our goal this year is to teach as many adults as possible how to fly a drone and to get a TRUST certificate. We also get to teach adults about google docs and Microsoft Office. If you know of anyone in your community that might be interested in learning any of these things please contact Esther at the County office so we can schedule a class with them. (520) 836-5221, ext. 211 or <a href="mailto:eturner@cals.arizona.edu">eturner@cals.arizona.edu</a>.





#### WHAT IS CLOVER?

CLOVER by 4-H, is a new e-learning platform, which features content from more than 100 land-grant universities across Cooperative Extension to encourage hands-on learning for young people.

CLOVER gives us an exciting new tool to help shape a world where curiosity thrives, innovation reigns, and young minds emerge as the torchbearers of progress. Together, we can inspire, educate, and empower the next generation of trailblazers, problem solvers, and changemakers.

With lessons spanning computer science, cooking & baking, personal finance, animal science, robotics, and more, CLOVER caters to a diverse range of ages and interests.

Recently Kenzie, from Bella Vista, has tried out the windmill, dissect a flower, identifying animals and space courses from Clover. She really enjoyed the activities and recommends trying them out. Find all the activities here: https://4-h.org/clover/.









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=GAMECLOVER

#### **PINAL COUNTY 4-H HORSE SHOW WINNERS**

Pinal County families that participate in the horse project area are a dedicated group of people providing opportunities for our youth to learn horsemanship skills and safety. They get to demonstrate these skills in the county horse shows that take place periodically at various horse arenas in the surrounding area. Recently, families in this program area had the opportunity to acknowledge our 4-H youth participants in an awards program coupled with a yummy potluck feast held at the Pinal County Fairgrounds. The 4-H Extension office faculty and staff is thankful and pleased to have family members in our community that can honor and share happenings in our youth development program.



## VOLUNTEER SPOTLIGHT

(\* 4 4 b)

Michelle Weese has been a 4-H volunteer since 2013, as a Swine Leader and Community Club Leader for the County Kickers 4-H Club in Apache Junction. She has also served on the Pinal County Horse Advisory Committee, as well as currently on the board for P&M Arena in Apache Junction. She is a very organized leader that is always open to new and fun activities. What others say about Michelle:

- "Michelle is a committed leader whose dedication to 4-H children is unparalleled. She always takes the kids needs and wants into consideration when planning activities. "
- "We love Michelle! She is always there to cheer the kids and help families have successful
  experiences. She builds relationships by making each kid feel important and that their opinion
  matters. Nobody is more on top of communication and she is always available to answer
  questions. Her passion might be pigs but she is always ready to learn something new or find
  resources to help any project."
- "Michelle is one outstanding lady. If you need something done she is your gal, she will not only get it done but it will be done right and ahead of time. She puts her whole heart into everything she does. She is always thinking of others before herself. She is a leader and a friend to everyone that she comes into contact with."







Country Kickers making Feed Sack bags



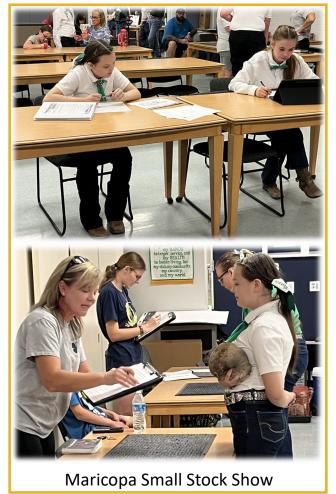
Maricopa Trailblazers—Kids Day

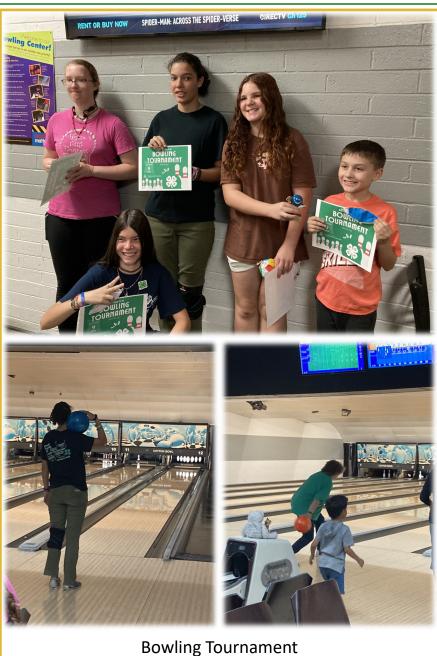


Air Shoot at the Apache Junction VFW

















Casa Grande Desert Dwellers first Arts & Crafts meeting



Country Kickers Welcome BBQ

















# Fun with Fecals

## January 6, 2024

9:00am-12:00pm

Maricopa Agricultural Center 37860 West Smith-Enke Road, Maricopa, AZ

Sign up on ZSuites (<a href="https://4h.zsuite.org/">https://4h.zsuite.org/</a>)

Question/Concerns, please contact
Amy Goncalves, 4-H Extension Professional II
(520) 836-5221, x243 / <a href="mailto:amygoncalves@arizona.edu">amygoncalves@arizona.edu</a>



Learn one of the most important indicators of herd health!

Bring a sample from your herd at home

and learn how to find internal parasites.





# 2023-24 at a Glance w/4-H

#### **OCTOBER**

19 Beef Entries Due for Pinal County Fair 19 Lego Cloverbuds, 4-H Office 5:00-6:00pm 20 Lego Robotics, 4-H Office 5:00-6:30pm 20-22 State Horse Show in Holbrook 21 Beef Ear Tagging, Pinal Fairgrounds 21 Dog Clinic, Gila County 21 Learn about bees, MAC Farms 21 YQCA in Person, Yavapai County 21 New Leader Training, 4-H Office 9:00am-12:00pm Lego Robotics, 4-H Office 5:00-6:30pm 27 27-29 State Shooting Qualifier match for Seniors

AZ State Fair Ends

#### **NOVEMBER**

29

1 STEM Class, 4-H Office 5:00-6:00pm 1 State Shooting Sports Mtg., Zoom 3 Lego Robotics, 4-H Office 5:00-6:30pm 4 Livestock Judging Clinic, MAC Farms 7 County Shooting Sports Mtg. 8 Friends of CAFA Mtg., Google Meets 9 New Leader Training, 4-H Office 5:30-8:30pm 13 Junior Livestock Mtg., Pinal Fairgrounds 14 **Desert Dwellers Arts & Crafts** RSVP to Jennie (520) 836-5221, x236 16 Lego Cloverbuds, 4-H Office 5:00-6:00pm 17 Lego Robotics, 4-H Office 5:00-6:30pm 18 State Horse Cattle Sorting, Queen Creek 18 State Air Shooting Qualifier match 24-28 National Congress, Atlanta, Georgia

#### **DECEMBER**

Lego Robotics, 4-H Office 5:00-6:30pm 1 2 Cloverbud Holiday Crafts Friends of CAFA Mtg., Pinal Fairgrounds 4 5 County Shooting Sports Mtg. 6 Swine/Goat/Lamb Entries Due 6 STEM Class, 4-H Office 5:00-6:00pm 6 State Shooting Sports Mtg., Zoom 8-10 **Shooting Sports Instructor Training** 9 Swine/Goat/Lamb Tagging, Pinal County 12 **Desert Dwellers Arts & Crafts** RSVP to Jennie (520) 836-5221, x236 Lego Robotics, 4-H Office 5:00-6:30pm 15 16 Swine/Goat/Lamb Tagging, Pinal County 16-17 AZ Nationals Horse Events, Westworld 21 Lego Cloverbuds, 4-H Office 5:00-6:00pm 27-31 AZ Nationals Show & Contests State Fairgrounds

#### **JANUARY**

2	Pinal County Shooting Sports Mtg.
3	Calf Entries Due, Pinal Fairgrounds
3	State Shooting Sports Mtg., Zoom
3	Friends of CAFA Mtg., Google Meets
3	STEM Class, 4-H Office 5:00-6:00pm
6	Calf Tagging, Pinal Fairgrounds
6	"Fun with Fecals" Class
8	Junior Livestock Mtg., Pinal Fairgrounds
9	Desert Dwellers Arts & Crafts
	RSVP to Jennie (520) 836-5221, x236
13	Calf Tagging, Pinal Fairgrounds
15	Poultry "Own By Date", Pinal Fairgrounds
27	Communications Day
31	Friend of CAFA Mtg., Google Meets



# 2023-24 at a Glance w/4-H

#### **FEBRUARY**

- 1 Rabbits/Cavy "Own By Date", Pinal County
- 2 Scholarship Applications Due
- 3 Geology Class
- 6 County Shooting Sports Mtg.
- 7 State Shooting Sports Mtg., Zoom
- 7 STEM Class, 4-H Office 5:00-6:00pm
- 12 Small Stock Entries Due, Pinal Fairgrounds
- 12 Junior Livestock Mtg., Pinal Fairgrounds
- Desert Dwellers Arts & Crafts
  RSVP to Jennie (520) 836-5221, x236
- Lego Cloverbuds, 4-H Office 5:00-6:00pm
- 23-25 State Shooting Sports Contest

#### **MARCH**

- 1 Pinal County 4-H, Indoor Exhibits Due
- 1-3 AZ Stock Show & Round-Up, Pima County
- 5 County Shooting Mtg.
- 6 State Shooting Sports Mtg., Zoom
- 13-17 Pinal County Fair
- 13-17 Ignite by 4-H Summit
- 17 Pinal County Horse Show (TBD)

#### **APRIL**

- 2 Pinal County Shooting Sports Mtg.
- 3 State Shooting Sports Mtg., Zoom
- 8 Junior Livestock Mtg., Pinal Fairgrounds
- 11 FCS Contest
- 19-24 National 4-H Conference

#### MAY

- 7 Pinal County Shooting Sports Mtg.8 State Shooting Sports Mtg., Zoom
- 11 FCS Contest
- 13 Junior Livestock Mtg.

#### JUNE

- 1-4 SUMMIT, U of A Campus
- 12 Friends of CAFA Mtg., Google Meets
- 24-28 National Shooting Sports Championship
- 24-28 Pinal County Camp

#### **JULY**

- 8-12 JOLT, James Camp
- 19-21 Shooting Sports Instructor Training
- 31 Record Books Due



#### FRY'S DONATIONS TO PINAL COUNTY 4-H

A simple way to support the Pinal County 4-H Program is through the Fry's Community Rewards Program. Fry's Food and Drug Store will donate a small portion of what you spend every time you use your Fry's card. If you would like to support the 4-H program, please link your Fry's rewards card to the Pinal County 4-H Program.

Instruction to link Pinal County 4-H in the Fry's app (iPhone/Android):

- Open Fry's App
- Top Right Hand *Menu* (hamburger button)
- Click Rewards
- Choose Community Rewards
- Choose Search for Organization
- Search for Pinal County 4H (no hyphen)
- Click Enroll

You're all set!!!



#### WAYS TO GIVE (4-H FOUNDATION)



The Arizona 4-H Youth Foundation 50+ years old—Incorporated in 1970, the foundation was created to support Arizona 4-H programming and 4-H youth through 4-H Scholarships. There are many ways to contribute to the Foundation to help increase future opportunities. You can find out more about contributing to the Arizona 4-H Youth Foundation here https://extension.arizona.edu/4hfoundation/give.

#### GIVE TO GROW BRIGHTER FUTURES (NATIONAL 4-H)

A **recurring** gift to 4-H helps us respond to kids' greatest needs with urgency and flexibility. By **giving monthly** you'll be recognized as a member of our **Give to Grow Society** and become a reliable source of support in kids' lives.

Ready to help provide youth with crucial year-round opportunities and support? **Check the "make this recurring" box!** 

**Donate Here!** 





#### PINAL COUNTY IS SOCIAL—FOLLOW US!

Like, Love, Comment, Share, Pin, Tag, Tweet, Repeat!

Let's Socialize! Be the first one to know what is happening with The University of Arizona, Cooperative Extension, Pinal County 4-H. Join our online community, stay in the know and get exclusive news/updates! Help us spread the word, you're just a scan away!



Website:

http://extension.arizona.edu/4h/pinal



Instagram: pinalcounty4h



Twitter:

@Pinal County 4H



Facebook: @pinalcounty4h

#### WHAT IS A STATE 4-H HASHTAG AND WHERE CAN I USE IT?

A hashtag is a word or phrase preceded by the number sign or a hash symbol (#), used on social media websites and applications, to identify messages on a specific theme or topic.

Let's make the best, better and show people we are transforming character, knowledge and skills to successful stories by using it during 4-H moments.



@uarizona4h



@uarizona4h

- #AZ4H
- #inspirekidstodo
- #trueleadersinservice
- #AZ4Hcares
- #HOWWEFAIRAZ
- #opportunity4all







#### **CONTRIBUTE TO THE NEWSLETTER**

We welcome members and leaders to submit articles highlighting members or examples of what you are doing in your club. If you are



hosting a project meeting, activity or event that the entire county would benefit from, this is a great forum to get the word out there. Submit articles by the 15<sup>th</sup> of March, June, September or December.

Please be sure to submit your article to Maria at the 4-H office at <a href="mmelende@cals.arizona.edu">mmelende@cals.arizona.edu</a>.

We will also post on our Pinal County 4-H social media sites. Submit today, don't delay, and share away!!!

#### **AZ 4-H YOUTH DEVELOPMENT**

Inspiring the next generation of leaders, inventors, entrepreneurs, and problem solvers, transforming the ordinary into the extraordinary - 4-H is the youth development program of The University of Arizona, Cooperative Extension.

Check out the 4-H State Office website for state program opportunities, resources, history and much more.



https://extension.arizona.edu/4h

#### **KEEPING UP WITH 4-H**

4-H Enrollmenthttps://4h.zsuite.org/4-H Mallhttps://shop4-h.org/

4-H in the USA <u>4h-usa.org</u>

AZ 4-H extension.arizona.edu/4h
AZ 4-H Youth Foundation cals.arizona.edu/4-h foundation

Livestock Inspection 602-542-0872
National 4-H Council fourhcouncil.org

National 4-H Curriculum System 4-h.org/resource-library/curriculum

National 4-H Web 4-h.org

Use of Name & Emblem <u>national4-hheadquarters.gov</u> Youth Livestock Quality Assurance <u>https://yqcaprogram.org/</u>



#### **GREEN FOUR-LEAF CLOVER**

The green four-leaf clover with the white letter "H" in each leaf is the National 4-H Emblem. The design, attributed to L.H. Benson, an Iowa school superintendent, was adopted as the national Emblem in 1911. Once enrolled as a 4-H volunteer leader, you are authorized by your local extension office to use the 4-H Name and Emblem.

₹ **₹** 

The Name and Emblem are protected under the federal statue (Title 18, USC 707) and may only be used in accordance with statue requirements. Only use an official Emblem graphic obtained from an authorized 4-H source which includes the language "18 USC 707" to the right of the stem. Your extension office can provide camera ready or electronic versions of the clover for your use. Text or graphics should never cross the clover emblem.

Green and white are the 4-H colors. Green is nature's most common color and symbolizes youth, life and growth. White stands for purity and high ideals.

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#### ABOUT 4-H...

WHAT IS 4-H? 4-H is the largest youth-serving organization in the world. 4-H is an organization that serves youth--not just boys and not just girls. From 4-H clubs to special interest groups to school enrichment projects, 4-H includes both boys and girls in activities. 4-H is the youth education component of Cooperative Extension, which is conducted jointly by the U.S. Department of Agriculture, the state land grant university (The University of Arizona), and your county government. 4-H Youth Development has a unique link with a variety of resources from The University of Arizona.

While 4-H has its beginnings in rural America, 4-H now serves young people and volunteers from major urban centers and from suburban communities and rural non-farm settings as well.

**4-H AND THE COMMUNITY!** 4-H doesn't stop with its impact on young people and their families. An integral part of the popularity of 4-H is that it reaches into the communities in which these families live. As part of their 4-H experience, young people are encouraged to develop a better understanding of their communities and to contribute to community betterment.

**4-H IS A FAMILY AFFAIR!** 4-H encourages participation by the entire family. Youth enroll as 4-H members. Other family members help out as club leaders, project leaders, meeting helpers, transportation aides--you name it. Four-H is definitely a family affair.

Most importantly, 4-H families work together on projects and activities, attend meetings and events together and learn together through 4-H. In the process, family members learn more about each other through their involvement in 4-H. They may even become better families, appreciating each other's strengths and talents just a bit better.

WHAT ARE THE 4 H's? The 4 H's stand for Head, Hands, Heart, and Health. The 4 H's represent the four-fold training and development that 4-H'ers receive. At first there were three "H's"

with the fourth "H" of "Health" being added. Together the 4 H's symbolize: the development of HEAD, to think, plan and reason; the HEART, to be concerned with the welfare of others, accept the responsibilities of citizenship, and develop positive attitudes; the HANDS, to be useful, helpful, and skillful; and HEALTH, to practice healthful living, enjoy life and use leisure time productively.

**WHAT'S THE 4-H EMBLEM?** A green four-leaf clover with a white "H" on each clover leaf. The design, attributed to L.H. Benson, An lowa school superintendent, was adopted as the national emblem in 1911. Similar to a copyright, legislation has been passed so that the 4-H name and emblem may only be used as approved by 4-H.

#### WHAT'S THE 4-H PLEDGE?

I pledge...
My Head to Clearer Thinking,
My Heart to Greater Loyalty,
My Hands to Larger Service,
and My Health to Better Living.
For my Club, my Community, my Country, and my World.

In repeating the pledge, a member raises the right hand to the side of the head when saying "head", points to their heart when saying "heart", extends hands, palms upward when saying "hands" and then stands straight when speaking rest of the pledge. The pledge was adopted in 1927 during the first National 4-H Club Camp in Washington, D.C. Otis Hall, state 4-H Leader in Kansas was responsible for the original wording, which remained unchanged until 1973 when the words" any my world" were added.

WHAT'S THE 4-H MOTTO? "To Make the Best Better" The motto was proposed by Carried Harrison, a botanist with the U.S. Bureau of Plant Industry and was officially adopted in 1927 when the 4-H Pledge was introduced.

**WHAT IS THE 4-H YEAR?** The Arizona 4-H Youth Development program year is October 1 through September 30.

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