

# 4-H GROWS HERE

# JULY | 2018

Dear 4-H Families,

Can you believe it's almost time to gear up for another 4-H year? We are excited about the changes that are being made statewide with regards to volunteer recruitment, club expansions and new in school programs. More information will be coming, but I think these changes will benefit us all.

We have been working on many things since fair. We awarded \$10,000 in scholarships to 4-H members pursuing higher education, had some clubs raise money with Tractor Supply Green Clover Drive, and we had a great time at Pine Combs 4-H Camp in June! We have some exciting activities planned for the fall as well, these include day camps that will expand your artistic abilities, a 4-H5-K family fun run/walk and an alumni camp weekend fundraiser. It's going to be a busy 4-H year and we couldn't be more excited to share it with you!

There are so many opportunities to learn and grow in 4-H, as you register this year I challenge you to step outside your comfort zone. Pick 1 new thing to try this year, something hard, something scary, or something you've never done before. Without new challenges you can't learn what you're capable of doing, and we are all capable of amazing things! Show everyone how 4-H Grows in Pinal County!

Enjoy what's left of these long summer days, I look forward to seeing you all this year at the activities your leaders have planned for you! It's going to be a great year!

Regards, W/ist

Misti Todd 4-H YD Program Director



"If we only did things that were easy, we wouldn't actually be learning anything. We'd just be practicing things we already knew." – David Dockterman





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# The Newsletter For 4-H Families & Friends

### WE'RE SOCIAL—FOLLOW US!

Like, Love, Comment, Share, Pin, Tag, Tweet, Repeat!

Let's Socialize! Be the first one to know what is happening with The University of Arizona, Cooperative Extension, Pinal County 4-H. Join our online community, stay in the know and get exclusive news/updates! Help us spread the word, you are just a scan away!



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Website: http://extension.arizona.edu/4h/pinal



Instagram: pinalcounty4h



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Twitter: @Pinal County 4H



Facebook: @pinalcounty4h

### BEST OF ARIZONA—COMPETITIVE EXHIBITS

#### The 2018 Premium Books will be available Summer 2018

Entries make our State Fair what it is. From Chalk Art to Cupcake Decoration Demonstrations, Fine Art Wood Carvings, and the photos of iconic and mesmerizing Arizona landscapes, we bring together the collective creative minds of our community. Please note, forms are being added to the site on a regular basis. We appreciate your patience. If you require further assistance, please contact us at 602.257.7130

4-H Youth Development is an area where we highlight the amazing work of youth in Arizona that are active with their local 4-H club. This area highlights the various aspects of youth development that the children work on throughout the year.

For more information, check out our website: <u>https://azstatefair.com/</u>

https://azstatefair.com/livestock-entries-2018/ Information for showing livestock

https://azstatefair.com/competitive-exhibits/ Information for other exhibits



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### PINE COMBS 4-H CAMP

We had a great time in the cool pines of Williams, AZ. We had 34 AWESOME campers attend with 10 AMAZING counselors and a host of GREAT volunteers who helped us make it a success. 4-H Camp is a learning experience everyone should have at least once in their lives. But once is not enough! We are already planning for next year so get ready for an even better experience!

Check out our website to see what the Kaibab Forest Service had to say about our group (spoiler alert...they think 4-H is amazing)! They posted pictures and information about their time with us. There is also a link to a video with pictures from our time at camp. Thank you to everyone who made it a success.

#### STAFF VOLUNTEERS Camp Director Barb Achten Misti Todd Nick Achten Roberta Cardona Camp Counselors Chris King Alicia Cardona Maria King Emily Goncalves Alex Odell Dakoda Rawlins Drivers Debbie Dixon Misti Todd Camp Nurse Russ Opitz Camp Program Youth Director Joslyn King Counselors in Training Joey Goncalves Lane Medd Yliana Olivarez Sergio Piñon Dayle Rawlins Krystyn Smith Camp Cooks Jim Jepsen Barb Myers

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### YOUTH FOR THE QUALITY CARE OF ANIMALS (YQCA)

The YQCA program is set up for any youth in the U.S. to have access to the online program and gain their certification. States can choose to implement YQCA on a statewide basis where additional requirements can be added and where an in-person training option can be offered.

The national YQCA program will launch March 2017. Statewide implementations may also launch in March or at the time of the state's choosing. The first show to require YQCA certification will be World Pork Expo this coming June 2017. Livestock shows held on or after June 2017 can make completion of the YQCA program mandatory for their exhibitors.



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The Goals of YQCA:

- 1. Ensure safety and well-being of animals produced by youth for showing and for 4-H and FFA projects.
- 2. Ensure safe food supply to consumers.
- 3. Enhance the future of livestock industry by educating youth on these very important issues so they can become more informed producers, consumers and/or employees in the agriculture and food industry.
- 4. Maximize the limited development time and budgets of state and national youth program leaders to provide an effective quality assurance program.
- 5. Offer livestock shows a valid, national quality assurance certification for youth livestock exhibitors.

For those interested in becoming certified to train youth in face to face certifications for YQCA, there will be an online Advisor certification similar to how the Youth PQA Plus Advisor certification program runs. To becoming a YQCA Advisors, individuals will have to meet the following requirements, which are the current Youth PQA Plus Advisor requirements: must be a veterinarian, extension personnel, or a secondary/post-secondary agriculture instructor.

All of the Youth PQA good production practices are within the YQCA content, just identified in a different way.

If you have more questions, you can visit the YQCA website at http://yqca.org



### **4-H ENROLLMENT**

4-H enrollment will begin at the end of August for the new 4-H year. All enrollment is done online, as we have been doing for several years now. You can access this program by going to https://az.4honline.com . Members need to be between the ages of 9 – 19 as of the current 4-H year date of January 1<sup>st</sup>.

There is a \$25 Program Management fee accessed., check/money order payable to The University of Arizona. For questions, contact Maria at the 4-H office <u>mmelende@cals.arizona.edu</u>.





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#### **ARIZONA NATIONAL LIVESTOCK SHOW**

The Arizona National Livestock Show is the largest livestock show in the Southwest, an annual Phoenix tradition since 1948. Your continued membership in the Arizona National provides the financial foundation of our success. Exhibitors travel from more than 25 states for the annual Livestock Show, bringing nearly 1,700 head of the nation's best cattle, horses, sheep, goats, swine and poultry for competition, while 100 of the highest-placing market animals sell at the Junior Market Auction. We take pride in our reputation as a prestigious show with an atmosphere of warm hospitality. While recent growth has pushed the country out of Phoenix, remnants of the Western way of life remain at the hallowed fairgrounds to remind us of our roots.

Held in conjunction with the livestock show, the Cowboy Classics Western Art Show and Gear Exhibit showcases the rich, unique life of the American cowboy, presented in bronze sculptures, leather and silver work, oil paintings, and a variety of other art mediums. Another attraction of the Arizona National is the Cowboy Classics Gallery, an exhibit illustrating Arizona's long ranching history, filled with memorabilia and displays provided by prestigious ranching families and other organizations with agricultural roots.

On Cattlemen's Day, men and women from across the state gather for fellowship and spirited competition during the Arizona Working Ranch Horse Competition, Ranch Replacement Heifer Show and Sale and the Ranch Horse Sale.

Bring the kiddos for The Farm Experience, an interactive glimpse into the agricultural lifestyle; take in the enticing touch the West in ways you have never before!

The Arizona National Horse Show has long been part of our annual competitions. Since relocating to Scottsdale's WestWorld equine complex in 1998, it has experienced significant growth, with equine competitions for various interests including an American Quarter Horse Show, and the 4-H/FFA Horse Show.

For more information: <u>http://www.anls.org/</u>

### ANNUAL PINAL COUNTY HORSE ADVISORY COMMITTEE (HAC) MEETING

Date & Time: Saturday, August 25<sup>th</sup>, 2018 at 10:00 am to 12:00 pm, light refreshments will be served Location: Pinal County Cooperative Extension, 820 E. Cottonwood Lane, Bldg. C, Casa Grande, AZ 85122

Did you know that Arizona has a \$1.6 billion horse industry? In Pinal County, we take our horsing around seriously...serious learning, serious futures in equine, serious experiences and serious fun! Join us for our Annual HAC meeting to learn more about the horse projects across Pinal County and Arizona. Become involved by joining the committee as an adult or youth member. It's a great time to revamp the program into exactly what we want in Pinal County! (The current county rules say each club planning to attend county wide shows must have at least one adult and one youth member at HAC meetings. It's a great time for a fresh start!)

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### **PINAL COUNTY SCHOLARSHIPS**

Pinal County 4-H, with funds available from the 4-H Youth Foundation, was able to award \$10,000 this year to exemplary members pursuing their education beyond high school. Our scholarship committee was very impressed with our youth and had a great experience getting to know more about their work in 4-H and their community. A special thank you to them for helping with this project.

- Rhonda Vanderslice- Farm Bureau Financial Services
- Cathy Kenyon-Foothills Bank
- Dick Powell-Powell's Feed and Supply
- Melanie Parton-Clark's Septic Service
- Linda Devore-Ret. Librarian



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Dusti Baker-Dusti has been involved in 4-H for 13 years and credits it with being the best years of her life. She is pursuing a degree in Radiologic Technology in the pursuit of a career in a trauma hospital. She is attending Central Arizona College. Best wishes from your 4-H family!

Anaya Dominguez-A 4-H member for 8 years, Anaya knows being a member has changed her life. She is the outgoing responsible person she is today because of her leadership opportunities in 4-H. She is attending Central Arizona College to attain a nursing degree. Best wishes Anaya!

Not Pictured



Naiya Guin-Naiya has been a 4-H member for 10 years and she says 4-H has helped her learn the art of compromise, hard work and perseverance. She will be attending Central Arizona College to pursue a degree in Agriculture Communications. She plans to become an advocate for agriculture by becoming a lobbyist. Way to go Naiya!

Chase Hubbard-Chase has learned many things in 4-H including knowing what hard work really is. He is glad 4-H helped him get involved in his community. Chase attends Arizona State University and is pursuing a degree in Kinesiology. Good luck Chase!



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Joslyn King-Joslyn describes herself as an introvert and tributes 4-H membership to helping her become more outgoing and confident. She will be attending Central Arizona College to study Pharmacology. Good luck to you Joslyn!

### **PINAL COUNTY SCHOLARSHIPS**

### Not Pictured

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Blake Norris-Blake will be attending Central Arizona College to pursue a degree in Animal Science. In her 10 years in 4-H she has learned responsibility, dedication and good work ethics. Blake has also learned the importance of volunteering to give back to other 4-H members. Way to go Blake!

Chase Salcido-As a 4-H member for 9 years, Chase says 4-H taught him how to be passionate about what he does. He learned at an early age, that to be good at what you do, you have to love it. Chase will be continuing his education at The University of Arizona pursuing his degree in Agribusiness and Economics. Congratulations Chase!

Victoria Shoemaker-Victoria is attending Colorado State University and majoring in Agriculture Business with intentions of continuing on to veterinarian school. She recognizes her time in 4-H with Pictured giving her the skills to discover her passion. Congratulations Victoria!

Pilar Stoor-Pilar has been a 4-H member for 6 years and in that time she has learned to take on many leadership roles. 4-H has taught her patience, hard work and perseverance when times are tough. She is attending Central Arizona College to start her career in Criminal Justice Studies. She plans on attaining a Bachelor's Degree in Forensics. Awesome job Pilar!

> Royal Whitehead-Royal is attending Central Arizona College where he will be starting on his academic road to a Bachelor's Degree in Agriculture Architecture. Royal says he has learned a lot not only about agriculture, but life as well while in 4-H. He plans to continue being a part of 4-H by volunteering as a leader. Congratulations Royal!

### 1<sup>ST</sup> ANNUAL 4-H 5-K

Head, Heart, Hands, HEALTH! Come and get your Health on at our inaugural 4-H 5-K family fun run/walk. 4-H members, family, friends and community members can get outdoors and get some exercise while raising money for 4-H activities. There will be t-shirts and finisher medals to registered and paid participants. Save the date for this fun event!

November 17<sup>th</sup> 8:00am to 11:00 am Pinal County Fairgrounds 512 S. 11 Mile Corner Rd.





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### LET'S MAKE ART WITH 4-H



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Sessions are free and will be limited to 10 participants. Please RSVP to the 4-H office. Artwork will be displayed in a 4-H community night at a later date. All artwork is eligible for submission in the Pinal County 4-H Fair.

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All sessions will be held from 9am-12pm at the University of Arizona Cooperative Extension, Pinal County 4-H Office 820 East Cottonwood Lane, #C Casa Grande, AZ.

known for her work with painted story quilts. In this session you will paint the story of your own family on	<b>ANDY WARHOL</b> An American artist famous for his part in the visual art movement known as pop art. In this session you will use oil on canvas to represent every day, ordinary objects as pieces of art.	portraits using nature and self- reflection to portray her moods. You will use oil on canvas to paint your
Saturday, September 8, 2018	Saturday, September 22, 2018	Saturday, October 13, 2018
<b>PABLO PICASSO</b> The co-founder of cubism, a Spanish painter famous for his work in Surrealism. In this session you will make your own Cubist creation using colored pencils.	Getting to Know the World's Greatest Artists An 8 Part Series	<b>CLAUDE MONET</b> French impressionist Monet was one of the most prolific painters of landscape art. You will use your hands and tempura paint to imitate his famous "Bridge Over Pond of Lilies" painting.
<u>Saturday, October 27, 2018</u>		<u>Saturday, November 3, 2018</u>
inventor. His Mona Lisa portrait is one of the most famous around. You	<b>VINCENT VAN GOGH</b> A Dutch painter, van Gogh is thought to be the greatest painter since Rembrandt. Using paper mosaic, you will recreate his famous "Starry Night" painting.	
Saturday, November 10, 2018	Saturday, December 1, 2018	<u>Saturday, December 8, 2018</u>





### **ALUMNI CAMP**

What comes to mind when you hear "4-H Summer Camp"? Memories of great friends, good times, new experiences, and personal growth are some of the things that jump out to many. Do you share a love of 4-H and the camp experience? Pinal County 4-H is offering you the opportunity to relive those memories with a mini-camp adventure to help raise funds to preserve and sustain Pine Comb 4-H Camp for future generations of 4-H members. Save the date for this historic event! More information to come!



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### **4-H IS GROWING TRUE LEADERS**

By Jennifer Sirangelo, President National 4-H Council

America is facing a leadership crisis. Many young people today aren't being given the opportunity to learn the tenacity, strategic-thinking and people skills that they'll need to lead – now and in the future.

For me, leadership started at home as a big sister. As the oldest of four kids, I took on a lot of responsibility early on in my life. My dad worked two jobs and my mom was my first mentor, and she saw the unique potential in me and each of my siblings and helped us cultivate it. Caring adults like my mom and others stepped up and gave me the opportunities I needed to grow essential life skills.

But recent research conducted by 4-H suggests that today's youth aren't getting the leadership opportunities they want and need. In the 2016 4-H National Youth Survey on Leadership, two-thirds of respondents said they don't have the tangible skills they needed to lead. Half of high school students said they don't feel prepared to lead in college or a future career.

That's a discouraging statistic. But even more discouraging is that, as adults, we're not stepping up to help young people get the leadership opportunities they need. When our survey asked youth why they hadn't taken opportunities to learn leadership skills, the number one reason they gave was that no one had asked them.

4-H decided to change that. In spring of 2016, we launched our <u>Grow True Leaders Campaign</u> to highlight the experiences offered to young people that grow leadership skills. Through self-chosen projects, kids are paired with mentors and given opportunities to lead. These projects bring out their potential, their passions, and their drive to help others, as we empower them to become true leaders.

In 4-H, we believe that every child has the potential to be a leader, and in order to fulfill that potential they need caring adult mentors, chances to develop practical skills, and opportunities to take on leadership roles. As America's largest youth development organization, we know this approach works and our results are second to none.

If we're going to fill the coming leadership void, adults must play a larger role in encouraging kids and offering them the hands-on experiences that will help them build confidence and grow skills.

4-H's Grow True Leaders Campaign continues to highlight those experiences. We asked young people to tell us which problems facing the world need stronger leaders, or which problems they themselves would like to lead the way in solving. Then they have the opportunity to develop innovative solutions to these problems.



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**Seasonal Pass Application Instructions** 

Arizona Department of Agriculture Animal Services Division - Self-Inspection 1688 W. Adams St., Phoenix, AZ 85007 Phone (602) 542-6407 | Fax (602) 542-4290 | selfinspection@azda.gov

A Seasonal Pass is required for exhibition of all **cattle**, **sheep**, **and goats** owned by Arizona residents and exhibited in Arizona according to state law and rule (ARS § 3-1346, R3-2-703). For exhibition of **swine**, a Seasonal Pass will be required as of August 6, 2016 pursuant to Laws 2016, 2<sup>nd</sup> Regular Session, Chapter 160. Prior to August 6, 2016, swine are not required to have a Seasonal Pass so they must still be inspected by a Livestock Officer of Inspector.

- 1. To receive a Seasonal Pass, the exhibitor must complete an application. An application can be downloaded online at <a href="https://agriculture.az.gov/seasonal-passes">https://agriculture.az.gov/seasonal-passes</a>. For questions, please call the self-inspection staff at (602) 542-6407. Swine seasonal passes will not be available until August 6, 2016.
- 2. Each exhibitor must be issued their own pass.
- 3. The Seasonal Pass application must have all fields completed:
  - Type of animal
  - Breed
  - Sex

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- Color or markings
- Permanent ID (e.g. brand, ear tag number, tattoo, microchip) sheep, goats, and swine are REQUIRED to have an ear tag; dairy cattle bought out-of-state and sexually intact cattle over 18 months of age bought out-of-state are also required to have an ear tag
- Arizona Premise or Scraple ID is REQUIRED for sheep, goats, and swine only
- An Arizona Self-Inspection Certificate OR an Arizona Livestock Inspection Certificate number is REQUIRED
- 4. If the animal(s) was purchased out of state, a Health Certificate Number and an Entry Permit Number are required.

The exhibitor must provide proof of ownership for each animal by including a Bill of Sale. If no proof of ownership can be obtained, a Livestock Officer or Inspector must inspect the animal(s). Call (623) 445-0281 to schedule an inspection.

- 6. The fee for a Seasonal Pass is \$5.00 per exhibitor up to 10 animals. An additional \$0.50 per head is charged for each animal after 10. Payment accepted: check or money order payable to the AZ Dept. of Agriculture or ADA. DO NOT mail cash.
- 7. A Seasonal Pass will be issued when the application is received with the payment. It is valid for one year from the date of issuance.
- 8. If any information is missing or incomplete, the application will NOT be processed. The self-inspection staff will contact you via phone or email for missing information.
- 9. New animal(s) may NOT be added on to an existing pass. A new application with payment must be provided and a new pass will be issued.
- 10. The official Seasonal Pass issued by the Department must accompany the animals whenever they are moved. In the space provided, the exhibitor shall write the date of movement, name of exhibition, location, and return date for each animal.
- 11. The Seasonal Pass **must be returned** to the Department within two weeks of sale, termination of the animal, or end of the show season. If the pass has expired but the animal(s) have not been sold or terminated, the pass still must be returned. If the animal is sold, the Seasonal Pass holder must write the buyer's name, address, and phone number in the space provided on the pass.

www.agriculture.az.gov







#### ATTENTION 4-H SHOOTING SPORTS CLUBS NSSF NATIONAL SHOOTING SPORTS FOUNDATON IS ONE OF OUR NATIONAL 4-H SHOOTING SPORTS SPONSORS

#### HERE IS A WONDERFUL OPPORTUNITY TO PROMOTE SHOOTING SPORTS AND YOUR 4-H SHOOTING SPORTS PROGRAMS DURING AUGUST IN CONJUNCTION WITH NATIONAL SHOOTING SPORTS MONTH

#### PROMOTING THE BENEFITS OF THE SHOOTING SPORTS TO INDIVIDUALS, FAMILIES AND COMMUNITIES

National Shooting Sports Month celebrates the passion we all have for target shooting and a pastime that provides a lifetime of enjoyment that can be shared with families and friends. At the same time, it reminds the public that shooting is a safe, fun activity enjoyed by millions of Americans, and provides an excellent opportunity for increased shooting sports participation through fun events and activities held at ranges and retail stores across the country. SHOOTING SPORTS MONTH WEBSITE: https://www.shootingsportsmonth.org/

As a shooting program or shooting range, you serve a critical role in the continued growth of gun ownership and shooting sports participation. We urge you to join us this August for National Shooting Sports Month. Here are some ways to get involved:

- Host an event or a series of events that are geared towards attracting different audiences.
  - List your event(s) on the National Shooting Sports Month website.https://www.shootingsportsmonth.org/list-your-event-and-promotions/
  - Obtain a free toolkit for promoting National Shooting Sports Month and your Event(s) Includes Hats, Shirts & Signage <u>https://www.shootingsportsmonth.org/get-involved#get-involved-toolkit</u>
  - Host a First Shots Event <u>https://d3aya7xwz8momx.cloudfront.net/wp-</u> <u>content/uploads/2017/06/FS\_ReferenceGuide.pdf</u>
- Help spread the word about the event(s) you're planning by utilizing the resources within the promotional toolkit.
- Display the National Shooting Sports Month logo on your website, in your promotions and on social media.
- Encourage active members to invite family and friends to go target shooting.
- 4-H CAN HELP NSSF SURPASS THEIR GOALS FOR NATIONAL SHOOTING SPORTS MONTH



#### **NEWSLETTER ARTICLE SUBMISSION**

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First time ever, we have included a 4-H Club Spotlight This will help to illustrate specific club section. activities or members that are doing awesome things with 4-H!

Send us pictures, write ups, announcements, calendars, etc. so all of our 4-H members, leaders and families know what is happening in Pinal County.

We will also post on our Social Media applications! Submit today, don't delay and share away!

#### **4-H CURRICULUM LIBRARY**

One of the things that sets 4-H apart from other youth organizations is our dedication to education. 4-H faculty and staff across the country work diligently to write new curriculum guides and units for our 4-H youth that teach and prepare them for their project work in 4-H.

Pinal County 4-H is dedicated to making sure that all curriculum is purchased and housed in the 4-H office for leaders, youth and family members to access. Please stop by the office in Casa Grande and ask to see the 4-H Curriculum. You can make copies of the materials or find out how you can purchase new materials for your club members.

Many thanks to our Pinal County 4-H Advisory Council for their dedication to this effort. Purchasing curriculum and educational tools and supplies is a huge line item in our county budget every year

Education is our key to assisting our youth to grow and learn through 4-H to better prepare them for the future.



#### **OTHER 4-H LINKS**

4-H Mall 4-H in the USA AZ 4-H AZ 4-H Youth Foundation Livestock Inspection National 4-H Council National 4-H Curriculum System National 4-H Web Use of Name & Emblem Youth Livestock Quality Assurance extension.arizona.edu/quality

4hstuff.org 4h-usa.org extension.arizona.edu/4h cals.arizona.edu/4-h foundation 602-542-0872 fourhcouncil.org 4-h.org/resource-library/curriculum 4-h.org national4-hheadquarters.gov



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#### **SEPTEMBER**

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03:	Labor Day Holiday-Office Closed
08:	Faith Ringold Artist Series
22:	Andy Warhol Artist Series

#### **OCTOBER**

05-28:	Arizona State Fair
06-07:	Alumni 4-H Camp
13:	Frida Kahlo Artist Series
27:	Pablo Picasso Artist Series

#### **NOVEMBER**

02-04:	Arizona State Horse Show
3:	Claude Monet Artist Series
10:	Leonardo Da Vinci Artist Series
12:	Veteran's Day Holiday-Office Closed
17:	1 <sup>st</sup> Annual 4-H 5K
22:	Thanksgiving Holiday-Office Closed
23:	Day After Thanksgiving-Office Closed

### DECEMBER

01:	Vincent Van Gogh Artist Series
08:	Mary Cassat Artist Series
24-01:	Winter Holiday-Office Closed



college of Agriculture & Life sciences Cooperative Extension

Pinal County



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### ABOUT 4-H...

**WHAT IS 4-H?** 4-H is the largest youth-serving organization in the world. 4-H is an organization that serves youth--not just boys and not just girls. From 4-H clubs to special interest groups to school enrichment projects, 4-H includes both boys and girls in activities. 4-H is the youth education component of Cooperative Extension, which is conducted jointly by the U.S. Department of Agriculture, the state land grant university (The University of Arizona), and your county government. 4-H Youth Development has a unique link with a variety of resources from The University of Arizona.

While 4-H has its beginnings in rural America, 4-H now serves young people and volunteers from major urban centers and from suburban communities and rural non-farm settings as well.

**4-H AND THE COMMUNITY!** 4-H doesn't stop with its impact on young people and their families. An integral part of the popularity of 4-H is that it reaches into the communities in which these families live. As part of their 4-H experience, young people are encouraged to develop a better understanding of their communities and to contribute to community betterment.

**4-H IS A FAMILY AFFAIR!** 4-H encourages participation by the entire family. Youth enroll as 4-H members. Other family members help out as club leaders, project leaders, meeting helpers, transportation aides--you name it. Four-H is definitely a family affair.

Most importantly, 4-H families work together on projects and activities, attend meetings and events together and learn together through 4-H. In the process, family members learn more about each other through their involvement in 4-H. They may even become better families, appreciating each other's strengths and talents just a bit better.

**WHAT ARE THE 4 H's?** The 4 H's stand for Head, Hands, Heart, and Health. The 4 H's represent the four-fold training and development that 4-H'ers receive. At first there were three "H's" with the fourth "H" of "Health" being added. Together the 4 H's symbolize: the development of HEAD, to

think, plan and reason; the HEART, to be concerned with the welfare of others, accept the responsibilities of citizenship, and develop positive attitudes; the HANDS, to be useful, helpful, and skillful; and HEALTH, to practice healthful living, enjoy life and use leisure time productively.

**WHAT'S THE 4-H EMBLEM?** A green four-leaf clover with a white "H" on each clover leaf. The design, attributed to L.H. Benson, An Iowa school superintendent, was adopted as the national emblem in 1911. Similar to a copyright, legislation has been passed so that the 4-H name and emblem may only be used as approved by 4-H.

#### WHAT'S THE 4-H PLEDGE?

I pledge... My **Head** to Clearer Thinking, My **Heart** to Greater Loyalty, My **Hands** to Larger Service, and My **Health** to Better Living. For my Club, my Community, my Country, and my World.

In repeating the pledge, a member raises the right hand to the side of the head when saying "head", points to their heart when saying "heart", extends hands, palms upward when saying "hands" and then stands straight when speaking rest of the pledge. The pledge was adopted in 1927 during the first National 4-H Club Camp in Washington, D.C. Otis Hall, state 4-H Leader in Kansas was responsible for the original wording, which remained unchanged until 1973 when the words" any my world" were added.

**WHAT'S THE 4-H MOTTO?** "To Make the Best Better" The motto was proposed by Carried Harrison, a botanist with the U.S. Bureau of Plant Industry and was officially adopted in 1927 when the 4-H Pledge was introduced.

**WHAT IS THE 4-H YEAR?** The Arizona 4-H Youth Development program year is October 1 through September 30.

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